

Rontov Recovery Thread -

Posted by rontov - 15 Mar 2012 03:15

I have been looking for a place to put my thoughts down - I am not particularly clever with computers so it took me a while to figure out how to do this. I have been hanging around this forum for some time - I put the K9 filter on my computer - but it did cause a tremendous amount of slowdown for my server. So i had to remove it -i have not as yet looked at the schmutz - i want a filter though for when the YH rears itself - to prostrate myself I have found to be very helpful in my day.

I had a fall several days ago - my resolve is strong - I will go to a live meeting tomorrow at noon. I have been toying with this idea but not taken action. I acknowledge that I am powerless over my lust addiction. I am at ease at this time - so I will finish this conf. call that i am participating in then i will retire. No running today - every muscle in my body is sore from yesterday.

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Baruch Hashem

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Re: Rontov Recovery Thread -

Posted by skeptical - 11 Mar 2014 21:00

Welcome back!

How have things been since the last time you posted?

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