

five days

Posted by trying to change - 15 Feb 2012 20:08

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so i'm clean for five days, i never did this before its my 3rd day on gye, but its not the first ti me i'm trying to break clean, i never held a calender or a chasben but i think i had been clean for longer streaks, i used to leave a rake open like i will not go to that site but only this one i will not stop for now - it was to hard to promise to stop everything at once, this is the first time i stop everything and for five days i did not even check cnn or drudge, but it is vary hard i find that i am thinking and dreaming much more about sex then before i stopped every time i am alone i have to struggle not to ma... like never before.

one more issue i feel like i have no control when i walk in the street i used cant keep my eyes down scary!!

this is for now

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