im starting NOW Posted by emunah17 - 01 Jan 2012 01:07

guys i fell this Shabbos and im pickin' myself up illkeep em posts comin' and keep everyone updated on my progress this is my first real commitment to gye and i intend to do myself justice A GUTE VUCH to all us truckers

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Re: im starting NOW Posted by emunah17 - 15 May 2012 12:39

I wish I could learn whatever I want Just the way the Yeshiva is set up i cant cuz of chavrusos and my rebbeim But I would love too and your right the whole reason I dont like it is cuz I cant stand the way they learn Any ideas?

Re: im starting NOW Posted by Machshovo Tova - 15 May 2012 14:14

Dear Chaver, I feel so bad for you - you must be miserable.

Is it possible for you to change Yeshivos? Chazal say:

??? ??? ???? ??? ????? ???? ????

And al pi halacha (Hilchos Kibbud Av Va'eim), one may even go against the will of his parents if he feels he will be more successful elsewhere.

But if not possible, then you need to realize that this matzav is what Hashem prescribed for you, and your avodah is to make the best of it.

Take it from me - an old timer - I always hated to learn - it made my stomach turn - but I knew that this is our main tafkid on this world, so I stuck it out (sometimes with mesiras nefesh). And

now, decades later, I cannot say that I always love to learn, but B"H it became a natural habit and a way of life. And at least whenever I finish learning, I feel very good about it.

Like with all problems, talk it out with Hashem - explain that you want to do his will, and ask him to remove all obstacles. The sforim say (I think Sefer Chassidim) that when one earnestly asks Hashem for success in Torah learning, he is guaranteed that Hashem will grant his wish.

Hatzlacha,

MT

Re: im starting NOW Posted by Shteeble - 15 May 2012 14:43

google "how to enjoy learning torah"

let	me	know	what	vou	find.	;D
				J		,

Re: im starting NOW Posted by Shteeble - 15 May 2012 14:46

or....

you can just follow this link... <u>http://www.guardyoureyes.org/forum/index.php?topic=2873.0</u>

Re: im starting NOW

Posted by chaimyakov - 15 May 2012 19:25

Sorry Google, but it is time to replace you and the term, especially for this perv. From now on it is Yiddleit.com As in "Why don't you yiddleit "how to enjoy learning Torah?" It doesn't have the same ring yet, but B'Ezras Hashem it will.

Hatzlacha in all things GOOD! chaimyakov

Re: im starting NOW Posted by Machshovo Tova - 15 May 2012 19:41

And another way 'how to enjoy learning Torah' is to be mechavein when we say Birchas HaTorah - **veha'arev na** - make it sweet for us, please.

MT

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Re: im starting NOW Posted by Eye.nonymous - 15 May 2012 21:49

emunah18 wrote on 01 Jan 2012 01:07:

guys i fell this Shabbos and im pickin' myself up illkeep em posts comin' and keep everyone updated on my progress this is my first real commitment to gye and i intend to do myself justice

Great!

What has worked for me, besides keeping track of when I was clean and when I fell, is to take a look at WHY I fell. What was happening in my life? What stress was building up and compelled me to find some sort of release. I started to see the underlying causes--the emotional pain that I was covering up with acting out. And, I started to find ways to cope with that--the more I dealt

with that, the less I wanted to act out (the DC phone conference, in particular, changed my life).

Good luck.

--Elyah

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Re: im starting NOW Posted by emunah17 - 18 May 2012 22:39

Thanks guys I hope Hashem helps me i cant get through one day without him i get insecure go crazy about my learning .I dont know if the Yeshiva im in is the problem or just standard yetzer hara.I just hope im on the right path.I am very confused but everything in my mind just resorts back to Hashem or more correctly I make myself think about Him and then I feel better because even though it doesnt change the situation but i try to realize that i want this way and He wants a different way and there is nothing I can do about it. I still have a very difficult time in my struggle I dont know what to do But I do know that it is precisely at that point where Hashem could enter.

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Re: im starting NOW Posted by Shteeble - 31 May 2012 15:16

emunah, keep us in the loop

Re: im starting NOW Posted by emunah17 - 01 Jun 2012 21:26

Good Shabbos everyone

Re: im starting NOW Posted by emunah17 - 01 Jun 2012 21:53

Listen to this we can cope but that isnt our goal But true recovery is not to have to cope with our own conflictions. Maskim?

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Re: im starting NOW Posted by ImGonnaWin - 07 Jun 2012 20:06

Awesome!

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It's about a new design for living. It's about more than just coping, but thriving. About making connections with Hashem and with each other so that we don't feel like we're just coping with our addiction, but learning to experience life.

Re: im starting NOW Posted by emunah17 - 08 Jun 2012 20:45

Experience life Good Phrase!! I like!! Shabbat Shalom

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