## **GYE - Guard Your Eyes**

Generated: 29 July, 2025, 07:18 hello everybody! Posted by tehillimzugger - 09 Oct 2011 10:47 Chevra. It took a neila but i'm here now and here to stay! l'chaim Re: hello everybody! Posted by tehillimzugger - 14 Feb 2012 11:14 KidusHashem wrote on 13 Feb 2012 20:07: I am so happy that I am an addict! If I wasn't addicted to shmutz, would I really know what being helpless means and realize that I am helpless in every area of life and that everything that I took for granted is really a gift from Hashem? If I wasn't addicted, would I feel the pain I'm feeling now and realize that I must do Teshuva and change myself so much that I become unrecognizable to my old self? Would I have the inner urge and strength of will to strip my personality down and make an accounting of my strengths and weaknesses and fight to fix what I can in myself? If I hadn't become addicted, I would probably feel content with my service of G-D and dance all the way to my grave, thinking that I have fulfilled my Tafkid to perfection, lying to myself about my belief in G-D and my trust in him, lying about my integrity as a human being, lying about imperfections. Being so utterly and blatantly imperfect and being exposed is the biggest blessing I could get from Hashem. It is such a gift to receive this helping hand from Hashem. Throughout this whole experience. He has proven to me, in what I thought to be the darkest times, that He loves me. He was there always, just waiting behind the wall which I myself had erected, waiting for me to come to the other side. Like!

Re: hello everybody! Posted by ZemirosShabbos - 14 Feb 2012 18:56
Mazel tov Hero!
rumor has it that if you board a bus and hand the driver your metrocard and whisper that you are a hero member you can sit in any unoccupied seat you wish
hatzlocha ubracha
====
Re: hello everybody! Posted by tehillimzugger - 14 Feb 2012 19:01
ZemirosShabbos wrote on 14 Feb 2012 18:56:
Mazel tov Hero!
rumor has it that if you board a bus and hand the driver your metrocard and whisper that you are a hero member you can sit in any unoccupied seat you wish
hatzlocha ubracha
Bus or Truck?
Before HadaratNashim or After?

GYE - Guard Your Eyes Generated: 29 July, 2025, 07:18
====
Re: hello everybody! Posted by ZemirosShabbos - 14 Feb 2012 19:05
who said anything about hataras nedarim?
====
Re: hello everybody! Posted by tehillimzugger - 15 Feb 2012 17:04
ZemirosShabbos wrote on 14 Feb 2012 19:05:
who said anything about hataras nedarim?
does the "kichsa generator" [ooh! that's something for the iphone app!] replace nashim with nedarim? because it could be majorly foncusing.
Hadarat nashim is a weird israeli term for "the exclusion of women" [apparently it stems from the root of neder, so it basically means swearing off women], about a month ago israel was overturned by hadarat nashim protests and demands that charedi men sit at the back of buses or in front near women. that's all i meant.
=======================================
Re: hello everybody! Posted by tehillimzugger - 16 Feb 2012 11:41
Official Post:
I joined Dov's Phone Group [only on sundays because [strike]I'm[/strike] they're in the wrong time zone] and have started working the first step working means, turns out it means writing].

## **GYE - Guard Your Eyes**

====

Generated: 29 July, 2025, 07:18

And it's an immense drain on me, emotionally. Putting all those long buried memories out on paper is **extremely** difficult for me, but I see how it really puts things in perspective. Sure I knew all this stuff all along, but drawing it out of my mind and putting it all together on paper really changes the whole picture.

So I wish myself much hatzlacha working the 12 steps, and...

TEEZEE, STOP TYPING, YOU HAVE TO FINISH WHAT DOV ASKED YOU TO DO
k ok, i'm coming, chill
Gotta go, Guys
======================================
Re: hello everybody! Posted by obormottel - 16 Feb 2012 17:37
Hatzlocho! I once had to stop writing and call my sponsor 'cause I was being triggered by the memorieshe said it was normal
It's a big step, the first one
=======================================
Re: hello everybody! Posted by ZemirosShabbos - 16 Feb 2012 21:23
kol hakavod on joining the call and doing the work!
mucho good!

Re: hello everybody!

Posted by tehillimzugger - 19 Feb 2012 13:14

\_\_\_\_

## I edited this post

www.guardyoureyes.org/forum/index.php?topic=4579.msg132257#msg132257

Added the original song so you can listen (without being forced to watch the triggering youtube video).

\_\_\_\_\_\_

====

Re: hello everybody!

Posted by tehillimzugger - 21 Feb 2012 14:01

\_\_\_\_\_

fficial Post:

Working the first step brought me to the realization that

Gevald! It ain't getting any better!

Look where I started, and look where I'm up to now.

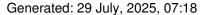
This is a process TZ, a process, and it happens, it's running.

So I was just out on the street and saw a girl, and found my gaze lingering on her, and I remembered.

If you look at her now by mistake, tomorrow you'll look on purpose.

If you look tomorrow on purpose than Ibbermorgen [=the day after tomorrow] you'll search for it on the computer.

If you search for it on the computer, ultimately you'll masturbate, or search compulsively and waste time.



If you do any of the above, you'll miss seder.

If you miss seder, You'll feel like a jerk and won't be able to daven.

If you'll feel like a jerk you'll have trouble getting up the next morning.

If you laze around in bed like a jerk you might masturbate yet again and feel like a bigger jerk [see Orach Chayim siman aleph] [also see Matisyahu, Light, On Nature- "Will you rise like a lion in the morning sun? Or will ya', just lay there

bleedin'?"]

Feeling like a jerk isn't very conducive to learning once you do make it to seder.

Going a day without learning for a yeshiva bachur creates depression.

Depression is bad.

Life is bad.

So?

Keep Rocking Guys!

[hey KRG- that's a new one...]

\_\_\_\_\_

====

Re: hello everybody!

Posted by tehillimzugger - 23 Feb 2012 13:20

\_\_\_\_\_

HAPPY ROSH CHODESH!!!!!!!!!!!

**EBD SAID IT LIKE THIS:** 

ben durdayah wrote on 07 Feb 2011 21:19:

A moiradige vort that I heard this afternoon (b'sheim HaRav Geldzahler I don't know if it's Shlit"a

**GYE - Guard Your Eyes** 

Generated: 29 July, 2025, 07:18

This morning during Hallel a thought struck me-

The *Shla"h* writes that there is a difference between the meanings of the words *tuv* and *tov*. *Tuv* means unconditional good, while *tov* means noticeable good, that the good is noticed. Good is only noticed when it follows bad, therefore it is preferable to receive *tuv* rather than *tov*, because when receiving *tov*, bad precedes it.

The *Kedushat Zion* [Bobover Rebbe who was murdered by the Nazis [i]ym"sh[/i]] writes that according to this *Shla"h*, the correct *nusach* of *Birkat HaGomel* is to say: "Mi shegemolcha kol tov" (Because the man was saved from danger) "Hu yigmolcha kol tuv selah (although the Kedushat Zion probably said "tiv" not "tuv"— during my latest seforim shopping spree I noticed that a new sefer has just been released, titled *Havooras HaChaseedim* it's about 5-600 pages long, just on this topic- whaddevah)

Based on this, I thought, "Hodu laHasem ki tov" so the question is, if he saved me from something which makes it tov as opposed to tuv- "Hodu"?! Lo miduvshach velo miuktzach!!! like Matisyahu said "the only who can get us out of this mess- the one who put us here"- did I ever ask him to get me into this mess?! Why in the world does he deserve my praise?

So the answer is "Ki leolam chasdo" Dude! Mei'ito lo teitzei ha'raot! g-d is good, he's awesome, even when it seems to us that it's tov not tuv-

## **LEOLAM CHASDO**

ROCK ON!	
======================================	
Re: hello everybody! Posted by ZemirosShabbos - 23 Feb 2012 16:53	
very interesting, thank you for that vort.	
i wonder how that would mesh with ???? ????? ?? ??? in Parshas Breishis	

ITS MASHKE SCNAPPD LCHAIM

HAVE ONE
ILL DRINK TOGETHER WITH YOU (virtually of course)
BAR-cichev
I spent Shabbos at the home of my wonderful new friend Rabbi Elazar Ben Durdaya [who is[i] indeed[/i] a "Choshuve Chassidishe Yungerman"]
ben durdayah wrote on 22 Aug 2011 21:40:
Why don't you come over and spend a few days with me
And [in true chassidic fashion] right after the fish out came the Woodford!!!
Cheers!
LeChaim!!!!
====