

hello everybody!

Posted by tehillimzugger - 09 Oct 2011 10:47

Chevra. It took a neila but i'm here now and here to stay!

I'chaim

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Re: hello everybody!

Posted by Yossi.L. - 27 Oct 2011 02:26

That's when addiction is at its worst;STRESS! Whenever your stressed it's time to reach out to a sponsor,spouse,.....

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Re: hello everybody!

Posted by obormottel - 27 Oct 2011 16:59

As I learned inn the last couple of days, staying inside your head when stressed is the worst thing. Reach out to a real person by phone or meet someone live, save yourself!

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Re: hello everybody!

Posted by tehillimzugger - 06 Jan 2012 02:49

lately i'm down :-[so i decided to start posting here about my progress at least once a week

i also took a taphsic kabbalah bli neder that whenever i feel an urge for ... whatever i must first write down this rashba (www.guardyoureyes.org/forum/index.php?topic=4357.0) in any language [english, yiddish, lashoin kodesh, aramaic- maybe polish when i learn it- also i would love to learn latin.... it seems cool to b able 2 write it] from a different angle than i wrote it previously.

eventually i'll have a whole sefer of 500 different ways to write this particular pshat

actually i take that back

i hope i won't even have to do it once ;D

so get ready to start seeing me here guys....

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Re: hello everybody!

Posted by ZemirosShabbos - 06 Jan 2012 16:57

ut in psalmis dicens truckin!

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Re: hello everybody!

Posted by Gevura Shebyesod - 06 Jan 2012 17:21

Is this what you meant to say?

asway inway ethay Almspsay, ayingsay, uckinray

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Re: hello everybody!

Posted by tehillimzugger - 08 Jan 2012 15:51

[Gevura ShebYesod wrote on 06 Jan 2012 17:21:](#)

Is this what you meant to say?

asway inway ethay Almspsay, ayingsay, uckintray

C'MON I KNOW PIG LATIN

I'M TALKIN' ABOUT THE **REAL** THING

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Re: hello everybody!

Posted by tehylimzugger - 11 Jan 2012 11:11

i'm punching my card for this week

i've been so busy i haven't had time to breathe

as some of you know, i was on an airplane this week but i was sitting next to a pastor and we had a long conversation about religion (seriously, it was fun + he said he never learned latin but he once tried greek) also i had a 700 page book with me and most importantly i was doing some work for zemmy

[ZemirosShabbos wrote on 29 Dec 2011 21:27:](#)

TZ don't forget about the job i gave you

as for the future... it doesn't exist yet

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Re: hello everybody!

Posted by ZemirosShabbos - 11 Jan 2012 18:05

the work was awesome!

you're hired!

if you see the pastor again tell him i saw his name on the milk bottle this morning, although they spelled it pasteur

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Re: hello everybody!

Posted by tehillimzugger - 12 Jan 2012 13:03

[ZemirosShabbos wrote on 11 Jan 2012 18:05:](#)

if you see the pastor again tell him i saw his name on the milk bottle this morning, although they spelled it pasteur

he doesn't speak french only greek, remember.

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Re: hello everybody!

Posted by tehillimzugger - 12 Jan 2012 13:05

OFFICIAL POST:

Although I have phone numbers of several chaveirim, both ba'aretz uva'olam.

I find it very difficult to make a phone call when I'm afraid I'll fall. I think this kind of defeats the

whole purpose of me having their numbers.

Any advice?

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Re: hello everybody!

Posted by gibbor120 - 12 Jan 2012 17:25

Don't think, just dial.

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Re: hello everybody!

Posted by obormottel - 13 Jan 2012 00:54

I made 8 phonecalls one day, and was SO relieved when no one answered each time. Untill one guy answered and it was SO nice to talk to him. SO that's how we operate, the disease wants you to think you're the only one in the world who can relate to you, but the truth is we all can.

Love and hatzlocho.

And since there isn't much cooking going on in the kitchen, would you turn down the light and lock the freezer?

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Re: hello everybody!

Posted by tehylimzugger - 16 Jan 2012 10:10

OFFICIAL POST:

My name is TZ and I'm addicted to sex/lust.

Yes.

I am not TZ who likes to RAT, I am not a chassidish "top bachur"

I am an addict

Yes.

To sex.

Yes. And I'm only two days clean on the chart. Yes.

And I'm finally ready to come around and be honest with myself:

Do you hear TZ, no matter how smart, good, fine, and talented you are- in so many different ways.

You are trapped.

By an illness.

The only way for you to recover is by starting to take this illness seriously, and by running to a doctor the minute you begin having symptoms, or perhaps even earlier.

GOT THAT?

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Re: hello everybody!

Posted by tehylimzugger - 16 Jan 2012 13:40

Another Official Post:

i fell again

today

:-[

:'(

www.guardyoureyes.org/forum/index.php?topic=4109.msg111973#msg111973

earlier today i quoted the captain kirk story

and i believe i have to internalize it.

this could be pshat of what we say in tachanun

she'ein anu azei panim ukeshei oref lomar lefanecha tzaddikim anachnu velo chatanu...

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