yay Posted by abcd1234 - 28 Sep 2011 05:04

I made it 29 days and if I make it by the time rosh hashana comes I will have reached level 4 on the 90 day chart! I would love some chizzuk to help push me more. ThAnks

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Re: yay Posted by yehoshua - 28 Sep 2011 06:29

I don't know if this is chizzuk, but I just say to myself. Please Hashem, not the way of death, please, please let me go the way of life. This is how I made it through today, from early morning to 8:27 am. ;D Than everything starts falling into place.

In any case MAZEL TOV on the 29, that is BIG. How did you get to 29?

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Re: yay Posted by alexeliezer - 28 Sep 2011 18:12

One day at a time. One challenge at a time. Daven for syata dshmaya constantly. Give up lust. It's not you!