

GonnaBeKodosh Needs help getting Kodosh!

Posted by gonnabekodosh - 26 Sep 2011 20:09

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Hi Everyone,

I am a married Avriech who is also a mentor and rebbie to many bochorim. I always had a problem with MZ"L since I was young, but After I got married I was able to keep it in check basically ( a couple of falls over the first couple of years) I hadnt looked at p\*\*n in years and years. Last Summer I got an Ipod Touch (for parnasah of course) at the same time my wife was physically and emotional unavailable (due to health issues) and Since then I started viewing p\*\*n, I quickly became addicted and began MZ"I quite often. I tried to stop but couldnt. A couple of months ago after a particular bad fall I threw my Ipod into the toilet (literally!) Since then I havent viewed p\*\*n, but I cant stop being MZ. I tried the chart and didn't get past 11 days. My mind is completely consumed and even though I am not looking at improper things I am fantasizing constantly. Everything is a trigger and I can't seem to get a grip, I take a public train everyday and I cant stop my self from looking and dreaming... I need Help! I read the handbook but my neddarim don't work and I have fences but I just cant stop my brain. Is there someone out there in Israel who would want to be my 90 day sponser so I can break this thing once and for all and get back to my real life? I want to serve Hashem properly and this is the one thing that is really holding me back.

Thank you

GonnaBeKodosh

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Re: GonnaBeKodosh Needs help getting Kodosh!

Posted by bardichev - 31 Oct 2011 02:20

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FELL SHMELL!!!

SVREAM LOUD SCREAM IT PROUD!!

ahhhhhhhhhhhhhh

that feel muuuuch better

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