

jack-veiter

Posted by jack - 01 Sep 2011 12:49

hello all, i am starting a new thread for myself - to symbolically say goodbye to the 'old' me.in other words, out with the old, in with the new.what better time than at rosh hashanah - may the old year and its curses end, and may the new year with its blessings begin.ameyn.

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Re: jack-veiter

Posted by Machshovo Tova - 29 Jun 2012 16:09

If that's cholint beans - can I join?

Yes, that would be a great Shabbos,

MT

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Re: jack-veiter

Posted by Kedusha - 03 Jul 2012 15:17

[jack wrote on 29 Jun 2012 15:32:](#)

when i met elya, and kedusha, and some others, it was really great!

Yes - it was great meeting you too, Jack!

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Re: jack-veiter

Posted by jack - 27 Jul 2012 20:55

it's erev shabbos, i'm at the library and dont have much time but just wanted to say quickly that i told my wife everything, it was in front of a sex addiction therapist.more next week.things are much better now.

jack

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Re: jack-veiter

Posted by jack - 30 Jul 2012 20:35

i went with my wife to a sex addcition therapist and was honest, and she was honest back and my own recovery improved as a result - this is the short version.in a nutshell - intimacy vs. intensity.porn is intensity,marriage is intimacy.the two are very different.

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Re: jack-veiter

Posted by jack - 06 Aug 2012 18:29

she taught me about shlaymus - she didn't use that word - but that's what she meant.and addiction is not part of who we really are.she aso said that there's only one thing that can fulfill us - and that is G-d.the same thing R twersky said to me.she said no human being, no thing, can fulfill our needs.not porn, not our spouse, only G-d.and when i asked her how do i get a conenction to G-d, she held up the big book and said 'through recovery, you will find G-d'.
AMAZING!

jack

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Re: jack-veiter

Posted by ZemirosShabbos - 08 Aug 2012 16:50

happy for you, jack

this calls for Jack's Niggun again

www.guardureyes.com/GUE/Music/mus/JackSimcha.mp3

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Re: jack-veiter

Posted by JustKeepGoing - 09 Aug 2012 03:26

lol I listened to that the other night. Its just so Jewish! ;D

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Re: jack-veiter

Posted by jack - 10 Aug 2012 14:19

thanks for responding guys - keeping connected is one way to help ourselves to stay clean.and
for all those (including myself) who are strugglers, "DGUE' which means DONT GIVE UP!!
EVER!!

good shabbos

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Re: jack-veiter

Posted by jack - 10 Aug 2012 19:15

as i approach my 4th anniversary with GYE next month, here are some thoughts.if you ask me
how i can stay clean, i'll answer i dont know but it aint easy.well, i do know, but i dont
know.confused? i stay clean because of you guys.but that's not really a reason, is it? no reason
works for me.i do it because you want me to do it - period.if i start thinking about reasons, i'll
refute every one of them, and then i'll f--l i dont even want to say the word.

jack

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Re: jack-veiter

Posted by Machshovo Tova - 10 Aug 2012 19:34

Congratulations towards your fourth anniversary, Jack.

You're a great chizzuk to me and to others. Your story teaches us that, with the proper effort, it can be done.

Good luck and continued success!

MT

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Re: jack-veiter

Posted by jack - 10 Aug 2012 20:29

thanks for the knid words.without group support i couldn't do it!

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Re: jack-veiter

Posted by tehillimzugger - 12 Aug 2012 10:04

[jack wrote on 10 Aug 2012 14:19:](#)

"DGUE' which means DONT GIVE UP!! EVER!!
good shabbos

And I thought it stands for "Do GuardUrEyes".... :o

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Re: jack-veiter

Posted by ZemirosShabbos - 13 Aug 2012 17:56

if DGUE brings to mind Dougie's Grill, do i need to check out OA?

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Re: jack-veiter

Posted by jack - 13 Aug 2012 18:26

definitely.there's a 12 step group for any type of addiction that you can think of.i think i'll start one called people-who-are-addicted-to-writing-on-the-living- room-wall-with-a-crayon anonymous.

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