

Back on Track's trekking along

Posted by Back on Track - 07 Aug 2011 19:45

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hi everybody. clean 100 days here. but looking for chizuk in continuing this journey to where we all know we want to be. A little about me. born modern- became frum later in life. Had prob with m\* since I was able to. I began working toward recovery about 2 years ago. I had a lot of ups and downs, I am finally at a point where things in that area of life seem to be leveling out. only thing is everything else is so up in the air..... I actually dont know whether Im comin or goin. But Hashem has a plan for all of us, and thats what we need to follow.

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Re: Back on Track's trekking along

Posted by ZemirosShabbos - 19 Sep 2011 21:37

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hey BOT, how's the trucking?

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Re: Back on Track's trekking along

Posted by Back on Track - 19 Sep 2011 21:56

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baruch Hashem moving along thqnks for stopppping in at BOT'sTruck stop. best sloppy joes on either side of the mississippi.

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Re: Back on Track's trekking along

Posted by bardichev - 19 Sep 2011 22:21

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[Back on Track wrote on 19 Sep 2011 21:56:](#)

baruch Hashem moving along thqnks for stopppping in at BOT'sTruck stop. best sloppy joes on either side of the mississippi.

hey bustah!

you wanna free samwitch

u gonna wirk behind dem kountah

wesh dem flaw

and dem windoes

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Re: Back on Track's trekking along  
Posted by obormottel - 20 Sep 2011 06:44

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on behalf of all black people on this forum, I object to your racist remark. 8)

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Re: Back on Track's trekking along  
Posted by JackAbbey - 20 Sep 2011 08:10

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correct, i apologise!

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Re: Back on Track's trekking along

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Posted by ZemirosShabbos - 20 Sep 2011 14:02

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Re: Back on Track's trekking along

Posted by Back on Track - 22 Sep 2011 23:55

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Bh sober at day 148. I feel good> sorry its been a while since I parked my monstuh truck in this here thread. But I see the boyz have been keepin things goin.. Wishing e/o a gooten gevaldigen shabbos.

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Re: Back on Track's trekking along

Posted by bardichev - 23 Sep 2011 03:35

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[obormottel wrote on 20 Sep 2011 06:44:](#)

on behalf of all black people on this forum, I object to your racist remark. 8)

hey !!!

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Re: Back on Track's trekking along

Posted by Back on Track - 25 Sep 2011 17:29

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Ok. I really feel I must stop looking at p\*. Bh, I hav been clean from m\* for abput 150 days. But

p\* has still been a draw for me. I have developed some ideas of what I will allow myself/not allow myself if I remain p\* free going fporward. I think, as I have done in the past I need to take a neder to set up this system. Only thing is I am afraid to let go of p\*, and reach a 'level' higher. I can't handle levels.

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Re: Back on Track's trekking along  
Posted by bardichev - 25 Sep 2011 17:30

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Re: Back on Track's trekking along  
Posted by Back on Track - 26 Sep 2011 00:10

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#\*@! I looked at p\* again today. Rats gotta get this out.... Sunday is always so toughzm

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Re: Back on Track's trekking along  
Posted by obormottel - 26 Sep 2011 00:28

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You are a mighty warrior in my book if you don't m\*te! As for p\*, one day at a time...make a fence for your youself, like promise to do something for 5min before looking at p\* next time.

Ksivo v'chasimo toivo!

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Re: Back on Track's trekking along  
Posted by Back on Track - 26 Sep 2011 02:20

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Tnx

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Re: Back on Track's trekking along

Posted by ZemirosShabbos - 26 Sep 2011 15:18

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reb BOT,

wishing you a ksiva vechasima tova, a gut gebentched yuhr, nachas gezunt parnassa

and harchavas hadaas, a shnas geula viyeshua and a year of growth in being real, being human, being good and being true.

thank you for all you lessons and for leading by example

may the chrome wheels shine

may the stereo woof

may the spoilers spoil

may the cholint simmer cheerily

may the yaks not hide

may the possums smile

may the tomatoes miss their mark

may the police radar malfunction

and may we all always be ON TRACK

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