

Break Free with Flying Colours!!

Posted by Mohammad - 03 Jul 2011 17:47

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Hi,

Now that I have your attention: This is my log of the 90-Day Path to Recovery.

I won't get into too much detail about my background here; you can read that at this link:

<http://www.guardyoureyes.org/forum/index.php?topic=4013.0>

SO, LET'S GET STARTED!! ;D

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Re: Break Free with Flying Colours!!

Posted by Holy Yid - 07 Jul 2011 08:12

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Hi,

Let go and let G-d means we remember we are not in control. Addict need to be in control we crave it. We get better by trusting, giving up control and letting Hashem (G-d) run the world. We also ask Him to take away our lust when we have an urge

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Re: Break Free with Flying Colours!!

Posted by Holy Yid - 14 Jul 2011 06:45

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What happened to you?

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Re: Break Free with Flying Colours!!

Posted by yehoshua - 14 Jul 2011 07:48

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I wish You a good and joyfull trucking to 90!

If it gets hard it means that you are healing, i guess and it also means that something really nice will happen, if you can just give your life over to Hashem, for only this day!

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