

Going for the Gold!

Posted by Tev - 04 Aug 2009 02:20

Hey Tzadikim,

I'm a 21 yr old single guy in yeshiva/college. Ive been struggling with p*()n and motzei zera levatala for about 7 years.

I "tried " many times to stop, but now im really giving it a real shot. I finally realize its not just the yetzer hara, its a serious addiction.

Hope this lasts!

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Re: Going for the Gold!

Posted by Tev - 27 Sep 2010 14:09

Hello Tzaddikim!!

A TREMENDOUS YASHER KOACH TO EVERYONE WHO GAVE ME CHIZUK FOR MY LAST FALL!!

Thank g-d Ive been clean since the fall...

I was so pleasantly surprised when I opened this thread , and you guys really helped me out!!!
Thanks!

Boruch Hashem I think I'm getting back on track, as many of you said I need to put this into perspective, it's one fall in now 95 days and that is amazing, I'm pretty sure I haven't done that since this problem began!!! (About 10 years ago) I am so lucky to be engaged and I think what did it was like "hey your a big Tzadik, you've made it to 90 days!! Your not married yet... just have a little fun" . I still believe that it is and will be best in my relationship not to bring up the addiction, but I will certainly NEED a filter as well as to be b'simcha and take it one day at a time!!

Gut Moed!!

Love,

Bestrong

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Re: Going for the Gold!

Posted by Yosef Hatzadik - 06 Oct 2010 19:11

Is **BeStrong** being so strong that he doesn't have time to come tell us 'Hello' more than once a week?

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Re: Going for the Gold!

Posted by Tev - 07 Oct 2010 01:08

Hey,

I fell twice today after a 2 week streak ...

Not quite sure the reason except for the obvious addiction which I have. I believe it was do to stress...

It hurts me so much more though blc my kallah is such an amazing girl... This Y'H never gives up does he!

I really need to get this under control ASAP, I don't want to go into marriage feeling like Ive cheated.

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Re: Going for the Gold!

Posted by Holy Yid - 07 Oct 2010 01:09

Did you ever think about joining Elya's call?

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Re: Going for the Gold!

Posted by Sturggle - 07 Oct 2010 10:12

hey bestrong. keep being strong and yourself for that matter.

the y"h never does give up, so let's not give up either!

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Re: Going for the Gold!

Posted by Tev - 13 Oct 2010 03:46

Hey guys,

I'm getting back on track Boruch Hashem with 5 days clean. My days are really stressful but Boruch Hashem I'm able to find a few hours to learn everyday! That has helped in keeping my mind in the right place. I realize this is a lifelong struggle and "even" when one is engaged or married that this disease doesn't magically disappear. It just makes it more complicated ... As far as life in general I am extremely happy and feel blessed , that although with my weaknesses (this disease) I am extremely fortunate to have found a wonderful bas yisroel with whom to share my life with.

As far as Elya's class this wed is a little tricky but I will see, thanks for all the chizuk and replies!

Bestrong

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Re: Going for the Gold!

Posted by Tev - 28 Oct 2010 18:29

Hey!

Had a question for the married guys. My future wife doesn't know about my disease (although she does know that we will be having K9) Since we will be sharing the computer after we get married I'm worried about going on GYE since I don't want her to find out about it... Any advice? I was thinking to give her a different login name , not sure though...

Any advice would be appreciated.

Bestrong88

PS: BORUCH HASHEM 21 days clean!!

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Re: Going for the Gold!

Posted by silentbattle - 28 Oct 2010 18:41

That sounds if-fy. Personally, my wife knows I struggled with things, but as far as details, although she's curious, she understands that we're both happier leaving out the precise details.

You don't have to explain that you're an addict. You can say that you wanted some chizuk to make sure you stayed good.

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Re: Going for the Gold!

Posted by Holy Yid - 31 Oct 2010 06:22

Always bring up GYE with the browser in privacy mode. Chrome has incognito explorer and firefox have an option under tool. Wondering what your general plan is?

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Re: Going for the Gold!

Posted by Tev - 24 Feb 2011 01:27

Hello Tzadikim!

Tomorrow at this time IY"H I will be jumping for joy on day 90! Wow it has been one heck of a ride but thank G-d I went through all the garbage. I realize more and more each day how lucky I am to have such an amazing wife! (I got married about 80 days ago) Someone whom I can respect and look up to unlike the filthy pictures I stared at for **years** on end. Purim is coming up and this is the time to show ourselves, others and most importantly Hashem who the **real** us is! I

BeStrong

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Re: Going for the Gold!

Posted by silentbattle - 24 Feb 2011 02:38

Very glad to hear it, my friend - I hope you keep working and growing, and remember - there's plenty of work to do!

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Re: Going for the Gold!

Posted by Sturggle - 24 Feb 2011 07:45

BeStrong, great to hear! Shkoyach! Michayil lichayil!

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Re: Going for the Gold!

Posted by Rising Up - 24 Feb 2011 12:17

CONGRATULATIONS!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!

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Re: Going for the Gold!

Posted by ZemirosShabbos - 24 Feb 2011 17:36

Mazel Tov!

welcome to the parallel universe of married people

and welcome to the 90 day club!

keep on working living laughing and doing good

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