

new guy starting out/ bain hazimanim is my hard point

Posted by Holy Yid - 29 Jul 2009 21:49

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I am a Bachor in Yeshiva. Generally during the Zeman I don't have access to unsupervised internet and so I do not run into problems (the times that I have had access I did have problems). When I'm home I'm a mess. I am home for at least part of the summer. I have been clean for a week. I do not feel comfortable asking my parents to get a filter. So I am asking for guidelines regarding internet use.

I want to stay off entirely but I need this site and there are things my parents ask me to checkup. I don't trust my judgement on making rules because in the past I have 'made excuses' and done more and more and then BOOM.

I am thinking about only request and only this site with my email up to switch to if someone walks by.

Please give me some feedback and ideas.

This site in little amount of time I've been on it has helped me tons.

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Re: new guy strating out/ bain hazimanim is my hard point

Posted by UTS - 05 Aug 2009 02:42

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I should like to tell you that if you "put in a lot of effort", that could make things actually more difficult. At least it is for me. The thing is

to do other things and become preoccupied with other things. They don't even have to be important, at least not at first. Things that you find that you want to do. If that includes more really positive things like torah and mitzvos so much the better. But if that does not work, anything. At least that's what I do, if necessary. And it seems necessary pretty often. Examples: Learn to fly (seriously - as an example), a musical instrument, help out someone, build something. Learn a computer language. Whatever.

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Re: new guy strating out/ bain hazimanim is my hard point  
Posted by Tomim2B - 05 Aug 2009 03:07

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Re: new guy strating out/ bain hazimanim is my hard point  
Posted by Holy Yid - 05 Aug 2009 03:23

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I do focus on other things but when I feel the urge I think I need to resist stronger.

I plan to do fifty push ups when I feel the urge.

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Re: new guy strating out/ bain hazimanim is my hard point  
Posted by Holy Yid - 05 Aug 2009 07:36

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I broke my rules and I fell again. I will at least 50 push ups for breaking my rules.

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Re: new guy strating out/ bain hazimanim is my hard point  
Posted by Tomim2B - 05 Aug 2009 09:25

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Re: new guy strating out/ bain hazimanim is my hard point

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Posted by Holy Yid - 09 Aug 2009 23:10

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I have come to realize that it is very possible that the only thing I can control is using the internet. Therefore I avoid it as much as possible. Until now I knew this but I did not treat gong on line as a dangerous activity. Now I avoid it. I hope I wont be posting here alot and if I do ask me why I'm here.

Tomim thanks for your insightful posts.

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Re: new guy strating out/ bain hazimanim is my hard point  
Posted by Tomim2B - 09 Aug 2009 23:15

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Re: new guy strating out/ bain hazimanim is my hard point  
Posted by Holy Yid - 11 Aug 2009 16:24

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Just making a brief visit online. Yesterday was a no internet day. I had a strong urge to go online but I know 1.it is only an urge 2.Hashem is making it to give me to opportunity to overcome it and since Hashem is causing it right now OF COURSE I can overcome it. 3.Going online wont make me happy and wont make it go away I will be happy tomorrow that I withstood it today.

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Re: new guy strating out/ bain hazimanim is my hard point  
Posted by bardichev - 11 Aug 2009 16:25

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keep on floating/swimming/treading

just do not drown

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Re: new guy strating out/ bain hazimanim is my hard point  
Posted by Holy Yid - 11 Aug 2009 18:50

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I am reminding myself that I cannot trust my judgement regarding internet use. I don't stick to my own rules and once I am online things generally don't end well. What I can do is stay offline as much as possible. When I go online I am taking my life in my hands. I want control of my life so to do that I avoid the internet. i only use it where i can be seen and when people are around.

I was wondering what determines what level member one is?

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Re: new guy strating out/ bain hazimanim is my hard point  
Posted by Kedusha - 12 Aug 2009 13:58

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[Holy Yid wrote on 11 Aug 2009 18:50:](#)

I was wondering what determines what level member one is?

It has to do with the number of times you've posted.

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Re: new guy strating out/ bain hazimanim is my hard point

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Posted by Holy Yid - 18 Aug 2009 20:25

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Holy Friends,

It is with great joy that I mark 14 days clean. This is a record for me and most probably a record for bein hazimanim also. May you all have succses

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Re: new guy strating out/ bain hazimanim is my hard point

Posted by Kedusha - 18 Aug 2009 20:54

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The Holy Yid is becoming holier by the day! Chazk v'Ematz!!

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Re: new guy strating out/ bain hazimanim is my hard point

Posted by Tomim2B - 24 Sep 2009 00:05

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In a chat with Holy Yid today he disclosed to me that he's reached a streak of 50 days! He didn't want to write about it himself because he's afraid that his pride might get the best of him and shlep him down. With his permission I write about it now.

Chevra, 50 days! Unbelievable! Mazel Tov Holy Yid!

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