

UnicOrns!! FIAsHy cArs!! LEmOn pie!! NoW thAt I hAvE ur attention it's log time!

Posted by fire - 10 Mar 2011 21:25

LOG 1,

Sorry for grasping your attention through unorthodox means!!! but,.... It was the best idea that i could think of.

I have decided to start a log in order to make sure I come to this site everyday. Even if I only post 3 words a day it would have been worth it.

A little about me and how I came to the decision that I need GYE.

"See I have a rule whenever I was shidduch dating a girl I couldn't allow myself to fall. I thought that when I eventually got married that it would cure my problem. So instituted this rule in order prove to myself that my logic was sound. That the fact that I had someone in my life who was interested in me and who was under the impression while dating me that I was a "good normal guy" made me instill this rule upon myself.

i was dating this one girl for five weeks and things were getting serious. In my mind she was perfect for me, great middos, kind, caring, spiritual, and beautiful. I had to leave her for two weeks and head back to New York to finish my semester off. She told me she didn't won't me to go, i told her "i had to". One night while studying late into the am's my yetzer hara flared up. I beat it a couple of times because I told myself that if I messed up, I would loose her. I was giving myself a choice (as crazy and illogical as the choice may seem) Her, the girl who i wanted to spend the rest of my life with, or ,lust. I messed up that night. The next day she called me and told me that she couldn't come to New York for the following shabbos. That following motzi shabbos she told me she wanted a 2 week break in order to decided if I was the right one for her. After the 2 week break, 4 weeks since I last saw her she called me and decided that I wasn't the right one for her. Crushed is an understatement to how i felt. I know that everything that g-d does is for a reason, sometimes we think we understand why and other times we just have faith. I hope from this experience that i went through and the effect it had on me that I will learn through the help of this website to beat my addiction once and for all it won't be easy, but alternative of giving up or not putting forth proper effort aka "GYE", will lead me to a path of pain and sorrow."

That was around a month and a half ago.

Right now I am a recent college graduate that is jobless. I feel like i am really far away from finding my future wife. I'm living at home bec I don't want to search for a job in New york where my Yeshiva is located.bec of all this, I have way to much free time on my hands .

On a brighter note I have 10 day streak going, and even though I am feeling very down, I am determined with Hashems help to hit the 90 day marker, if not more.

I welcome encouragement, ideas, advice or just talking it out.

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Re: UnicOrns!! FIAsHy cArs!! LEmOn pie!! NoW thAt I hAvE ur attention it's log time!
Posted by fire - 23 Aug 2011 03:38

Thank you all for posting. It feels like years since I have posted. 20 min ago I fell, and for some reason that I can;t explain i found myself back to this site. it's like there is something inside me that knows the only way I can live my life and grow is with the help of ppl like you.

I can;t win!!!! I don;t trust myself anymore. This is ruining my life and I can;t stop. Its like a twisted game, in which no matter how hard i try I don't have the power, the endurance, the inner strength to beat this, but I'm to stupid to give up. Probably because I know there is no giving up. Giving up means more guilt more intense suffering. I want to win. I want to win and spit in the Y"H face and say you have no power or over me. I want to be the one making the Y"H play that twisted game. How do I start? How do I get back on track. When it comes down to it I'm weak and I only want to do what "I" want to do. I don;t care..

I'm getting reckless, insensitive, haughty and for what ???? Why??? How do I stop.. I need ideas. Please somebody! Anybody help.....

where is the fight that I used to have inside me, where is the burning anger to stop that fueled my good streaks? And even if I had it .. so what... I need to let go of the idea that I can beat this thing. The idea is selfish! who am I to climb such a mountain? who am I to spit on the most

cunning of faces and say no. Who are you to read this post and to think that you have what it takes. There is no "I" and this game. There is only We. "I"s don't get to play. They just sit on the side line wishing they had a real chance. I want to be a we. I want to give and receive in the hope of one day (w/ g-ds help) getting stronger. i've lost so much already, and for what , self pleasure. i wish I could see my self in the act.. see how forsaken I am when I do it. see that I am stuck in a dream that is holding me back from the man I want to be. I have no more strength to type. I wish i knew what it felt like to still think there is hope. prove me wrong restrengthen me.

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Re: UnicOrns!! FIAsHy cArs!! LEmOn pie!! NoW thAt I hAvE ur attention it's log time!
Posted by gibbor120 - 23 Aug 2011 14:52

It sounds like you need to read some of dov's posts. Here's a link to all of his posts
<http://www.guardyoureyes.org/forum/index.php?action=profile;area=showposts;u=1308>

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Re: UnicOrns!! FIAsHy cArs!! LEmOn pie!! NoW thAt I hAvE ur attention it's log time!
Posted by Back on Track - 23 Aug 2011 15:22

[fire wrote on 23 Aug 2011 03:38:](#)

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this is true words from a contrited heart. I really agree with you- there is no I, it is only a higher power taht can help us from addiction. If i may say, that burning anger which fueled your clean streaks.... it has no chance against the burning lust and desire from within. I thnk the only way is to surrender and rea;ize (as it sems you have) that THIS is bigger tahn you. only with the help of a group, a higher power, and something outside of you.

we are not goiong to spit in teh face of the angry monster.... we are simplygoing to lean on teh shoulder of a kind Father. that my friend is the path forward and advice from those who have traveled taht path....

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Re: UnicOrns!! FIAsHy cArs!! LEmOn pie!! NoW thAt I hAvE ur attention it's log time!
Posted by fire - 18 Sep 2011 15:59

Thank you the insightful words.

I'm doing good I have a couple of days behind me now and I can't take any credit for it.

Might I add the chizick emails have much improved.

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Re: UnicOrns!! FIAsHy cArs!! LEmOn pie!! NoW thAt I hAvE ur attention it's log time!
Posted by 1daat - 18 Sep 2011 21:38

Hi, I'd like to suggest you read BlindBeggars thread over at Introduce Yourself. There you will see determination that I think will inspire you no matter how many times you fall. You will make it to the personal connection and relationship with Hashem that you crave, that you lust for. Persevere, KOT.

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Re: UnicOrns!! FIAsHy cArs!! LEmOn pie!! NoW thAt I hAvE ur attention it's log time!
Posted by NOYA - 19 Sep 2011 15:16

My dear friend fire,

I love you very much and appreciate all the angst you're going through. It is very hard. One thing I can tell you that will help you is something Dov pointed out a while ago: People make a big mistake with this fight and pretend like they're some hero from Gondor or something, fighting a dragon. They want to fight honorably and dramatically, and then lay ruin to their foe. The thing is, one thing I've learned about this fight is that the more dramatic and more serious you make the fight out to be, the more strength you give the yetzer hara.

I don't want to jinx myself, but BH I'm going through a really good streak right now, and I think it's mostly thanks to not thinking about taivah or fighting or 90 days or anything at all. Whenever lust hits me I just sort of play dead and let it wash through me while I think about something else or call someone. It's kind of like just letting the dragon fly overhead without trying to kill it. Just ignore the dragon and it'll starve to death because its food is the chashivus we give it.

Be strong but don't be a brave warrior. Just be fire, set up your life so that it's full of meaningful

and happy things and friends, and I believe we'll both be fine! Love, Noya.

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Re: UnicOrns!! FIAsHy cArs!! LEmOn pie!! NoW thAt I hAvE ur attention it's log time!

Posted by JackAbbey - 19 Sep 2011 15:58

thanks NOYA very good advice

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Re: UnicOrns!! FIAsHy cArs!! LEmOn pie!! NoW thAt I hAvE ur attention it's log time!

Posted by fire - 22 Sep 2011 22:46

Thank you Noya!

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