

**Breaking News: Proposed Alternative to the Twelve Steps**

Posted by Kedusha - 01 Mar 2011 16:16

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After years of non-stop research, I have come up with a proposed alternative to the Twelve Steps:

1.) Wear a blindfold 24/7.

2.) Wear handcuffs (hands behind back) 24/7.

3.) Wear headphones and listen to Shiurim 24/6.

4.) On Shabbos or Yom Tov, spend the entire time learning or davening, including between courses (and between mouthfuls) at the Seudos.

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Re: Breaking News: Proposed Alternative to the Twelve Steps

Posted by Shteeble - 01 Mar 2011 16:31

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Wow!

You managed to cut 12 steps into just 4!

Just think of all the productivity.

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Re: Breaking News: Proposed Alternative to the Twelve Steps

Posted by the.guard - 01 Mar 2011 16:55

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what about during mouthfuls on Shabbos?

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Re: Breaking News: Proposed Alternative to the Twelve Steps

Posted by Steve - 01 Mar 2011 17:02

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Moshiach MUST be here!!

The forum is now hosting VIRTUAL MOUTHFULS OF CHOLENT!!

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Re: Breaking News: Proposed Alternative to the Twelve Steps

Posted by me - 01 Mar 2011 17:06

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Sorry, but I already cut it down to just one step. As I shared on DC's call the other day.

Take step #2, i.e. "I came to believe in a higher **POWER** that can restore me to sanity"...

An even quicker way is to utilize a different "POWER"..... i.e. the **POWER** of gravity. Yes, just take a dive from a 10 story building, and.....no more lusting!!

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Re: Breaking News: Proposed Alternative to the Twelve Steps

Posted by Kedusha - 01 Mar 2011 17:09

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[David/Rage wrote on 01 Mar 2011 16:54:](#)

holy flake! did kedusha just start a thread in the just having fun section? and a pretty darn funny one at that...oy! whats next? maybe bards will join steve's phone group? ready to be a pickle, bards? who knows maybe dov will start speaking english? maybe yechida will post something in less than 140 characters (quiz: how do you drive yechida crazy? a: open a twitter account for him and tell him all his posts must be in 140 or less) im ready to cry to tatty! maybe even guard will post on the forum! the options are boundless!

LOL

I would have posted it elsewhere, but I was afraid someone would think I was being serious (I am, but that's another story!).

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Re: Breaking News: Proposed Alternative to the Twelve Steps  
Posted by Kedusha - 01 Mar 2011 17:14

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[guardureyes wrote on 01 Mar 2011 16:55:](#)

what about during mouthfuls on Shabbos?

During mouthfuls, you can listen to someone else's Divrei Torah!

**Just remember Chevra, it works if you make it work - otherwise, you're a stupid jerk! ;D**

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Re: Breaking News: Proposed Alternative to the Twelve Steps  
Posted by Me3 - 01 Mar 2011 17:22

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[David/Rage wrote on 01 Mar 2011 16:54:](#)

holy flake! did kedusha just start a thread in the just having fun section? and a pretty darn funny one at that...oy! whats next? maybe bards will join steve's phone group? ready to be a pickle, bards? who knows maybe dov will start speaking english? maybe yechida will post something in less than 140 characters (quiz: how do you drive yechida crazy? a: open a twitter account for him and tell him all his posts must be in 140 or less) im ready to cry to tatty! maybe even guard will post on the forum! the options are boundless!

Maybe Efshar Letakain will post? Maybe Uri will come back? Maybe 7up will.....never mind that one, maybe Bards will finall write the sequel to Harry's Son, maybe me3 will.....

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Re: Breaking News: Proposed Alternative to the Twelve Steps  
Posted by Kedusha - 01 Mar 2011 17:25

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[Me3 wrote on 01 Mar 2011 17:22:](#)

Maybe Efshar Letakain will post? Maybe Uri will come back? Maybe 7up will.....never mind that one, maybe Bards will finall write the sequel to Harry's Son, maybe me3 will.....

> >

Whoops - did I call her "Mom"? I'd better edit this post before anyone reads it!

No cracks about Mom! >

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Re: Breaking News: Proposed Alternative to the Twelve Steps

Posted by bardichev - 01 Mar 2011 17:29

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my 12 steps

#1 only peek no staring

# 2only stare to see if there is something wrong

#3 if there is something wrong i stare more because i have to know why its wrong

#4 admit you are powerless and continue satring and by now lusting

#5 give over your lust to a greater power like your i phone so u can lust on the go

#6 call a sponser so he or she can lust too

#7 take moral inventory and keep a record of all the place uou know where you can get your fix

#8 join a group so you can pity party together

#10 if you get caught explain to youe significant other that it is a disease  
and its very catchy

#12 drink woodford

[illegible]

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6 / 12

[bardichev wrote on 01 Mar 2011 17:29:](#)

my 12 steps...

Wow Bards LOL - You've gotta get that in the Chizuk emails for Rosh Chodesh Adar!!

...now why do I love laughing at myself?

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Re: Breaking News: Proposed Alternative to the Twelve Steps  
Posted by bardichev - 01 Mar 2011 20:16

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"Shmiras Ainayim" Chizuk E-Mail (No. 999)

"I have made a treaty- with my eyes"... EYEov 31:1

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12 tips for shmiras eye-nay-im

#1 looking for your wife in the womens section at a chasunah is just that.

Looking for your wife. It is a tremendous mitzvah to look for your wife

#2 Looking for your wife after davening in shul has the same halachos as a chasunah

#3 there is no issur to look at a woman older than you wife

#4 there is no issur to look at a woman younger than your wife

#5 if the woman is wearing a shaitel there is no issur what so ever

#6 your wifes friends and family are all covered under the friends and family plan. So there is no issur .

#7 Women whom you work with fall into a gedder of 'assuk bimilachto"

that also covers the bank teller,the mail woman,and the cleaning lady

#8 Shabbos and Yom tov are times when women wear special nice clothing.It is a mitzvah to look at women who dress well on shabbos and yom tov

#9 vacation has special rules.There are no issurim when you or the person you look at is on vacation

#10 if you are in a bad mood you are exempt from all stringencies in guarding your eyes adderrabbeh if it will bring you to being in a better mood it will be considered a mitzvah.

#11 if you are in a good mood it is also recommended to look at women for you will bless them with your ayin tov.ayin Tov is a good midda



#12 if you live by these rules you will be happy all your days

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These e-mails are excerpts taken from the book "Windows of the FOOL"

by billy the kickboxer of the Possum Foundation.

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Please use the PayPal options on the right side of our website [www.bardyoureyes.org](http://www.bardyoureyes.org) to donate whatever you can, so we can expand out efforts to help countless other Yidden!

We have no haskama

Aderabbbeh if you take any of this serious you have no sense of humor

Although almost everyone uses all or some of these rules

(if its not true let me know)

Tizke Lemitzvos!

Quick Links...

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[www.bardureyes.com](http://www.bardureyes.com)

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Re: Breaking News: Proposed Alternative to the Twelve Steps  
Posted by ZemirosShabbos - 01 Mar 2011 20:35

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;D ;D

rebbe b

you made me laugh really hard

did anyone ever tell you that?

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Re: Breaking News: Proposed Alternative to the Twelve Steps  
Posted by shemirateinayim - 01 Mar 2011 20:37

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[Kedusha wrote on 01 Mar 2011 17:25:](#)

> >

Whoops - did I call her "Mom"? I'd better edit this post before anyone reads it!

Hmmm I bet you can't edit it if I quote it....  
No cracks about Mom! >

BTW is there any cool abbreviation for Rebetzin? Retzn Rebzzzz rbtzinn (they're all too hard to say!!!)

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