The \$10,000 AC'CORD Award Posted by Markz - 30 Apr 2017 16:50

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Time to party!!!!

Mazel Tov to <u>Cordnoy</u> our dearest friend on the forum on the occassion of virtually hitting <del>10G</del> 10' Posts

The reason I'm excited, is primarily because I owe the man a debt of Gratitude for his assisting in my recovery virtually from day 1.

I appreciate each comment and even the 'thank you' of his, and more, and I'm certain many others feel the same for his seamanship directing soberization Odaat.

He shows us the lighthouse at the end of the tunnel with his FriendShip

He assists affirmed "addicted addicts", "addicts", "non addicts", "non addicts", "non addicts", and affirmed "non addicted non addicts" alike

Whether in venerable forum'ing, his emails, his texts, his group calls, his private calls, his in person meetings and more...

## **HOW TO PARTY?**

I suggest 100 friends donate \$100 for a total of \$10,000 to Gye and 10% goes to...

Trouble is that the end of this sentence is being edited by some moderator, so check your email If you didn't get one, email me <a href="markzgye@gmail.com">markzgye@gmail.com</a>

If you want to join this too, kindly reply on this thread with the \$ amount and hey, \$100 is only a

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Re: The \$10,000 AC'CORD Award Posted by Markz - 01 May 2017 11:39

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Markz wrote on 30 Apr 2017 16:50:

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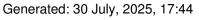
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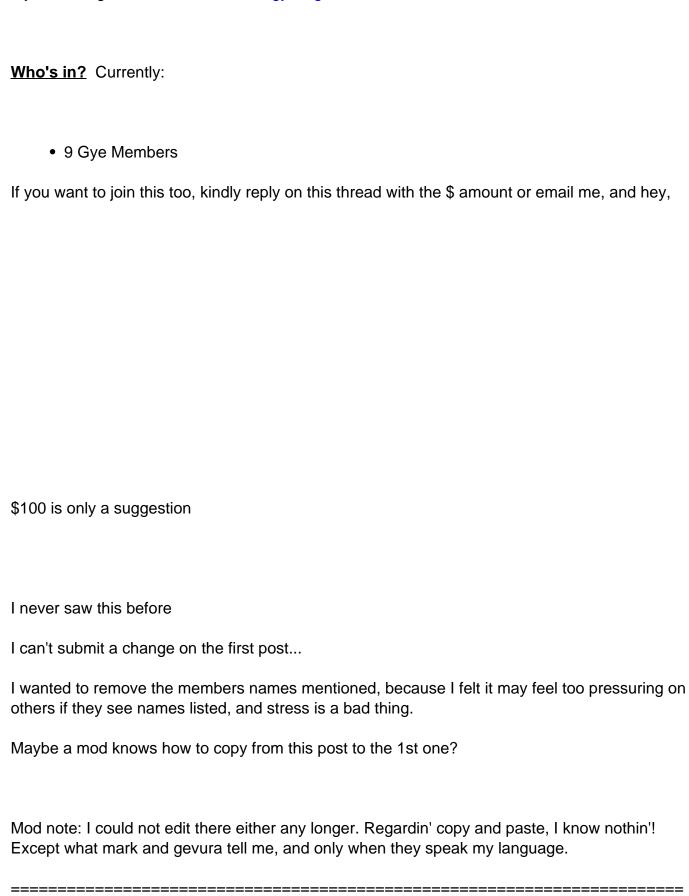
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lf '	vou didn't d	get one.	email me	markzgye@	<u>amail.com</u>



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Re: The \$10,000 AC'CORD Award Posted by lionking - 01 May 2017 13:33	
Just submitted \$18 by phone.	
	) Hopefully by the time you reach 18,000, I'll
Here is my donation of G's.[spoiler][p]for (i=1; i	
====	
Re: The \$10,000 AC'CORD Award Posted by MayanHamisgaber - 01 May 2017 14	:30
Keep up the great work! (Please don't remain si	lent
I am in but I can only give ?? right now be able to donate \$180.	
====	
Re: The \$10,000 AC'CORD Award Posted by Markz - 01 May 2017 16:52	
FALSE ALARM, we are waiting for Cordnoy to c	do / be the Tzente
Seems he's having trouble (connecting to the se	erver)
You may lower your bids to \$99.99	
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Re: The \$10,000 AC'CORD Award Posted by Markz - 01 May 2017 18:02
Another brother is in!
=======================================
Re: The \$10,000 AcCORD award Posted by MayanHamisgaber - 01 May 2017 19:23
lionking wrote on 30 Apr 2017 18:35:
Cordnoy is pretty quiet these few hours. Except for some Thank You's. Is he saving his 10,000th post to be something epic?
Don't know about the above if you ask me I think that if that is the case then he deserves a potch and telling off that that is so selfish, egotistical, stuck up, rude and a few more phrases why?
Because there a lot of people here that need and can benefit from his wise and kind words!!!!
What he can do is write his replies in moderation,meaning edit the darn posts and add his reply that way!!!
======================================
Re: The \$10,000 AC'CORD Award Posted by eslaasos - 01 May 2017 20:24
Mark,
Very nice idea, zeh vzeh nehenim.

Wrong group, I know.

So, 38 to the P and 38 to the M.

There is a bit of pressure to write somethin' profound (or, at least, it should make sense) for post # 10,000, especially after my dear friends Mark and Gevura threw down the gauntlet.

Truth be told, 10,000, like 90 or 38, is simply a number. Does it really represent somethin' epic? It means that I waste quite a bit of time, almost ten posts per day. Yes, perhaps there are several that helped myself and perhaps there are even a few where others were helped, but the bulk of them I'm sure were just some joke or wisecrack. There were even those that were hurtful as well. It just means that I have been here for a considerable amount of time and I have not yet gotten frustrated enough to leave for good (more on that later).

?But let us circle back to the beginnin' of this post, and contrary to most of my posts, this one will be lengthy: the Mincha thread, one that I am proud of. Why? Because it made a difference in my day and seemingly in others as well. I am an expert in selfishness. I have been doin' things for myself for decades. Always: what makes me happy. That's how I work. So the thread worked for me. Icin' on the cake was that it worked for others as well.

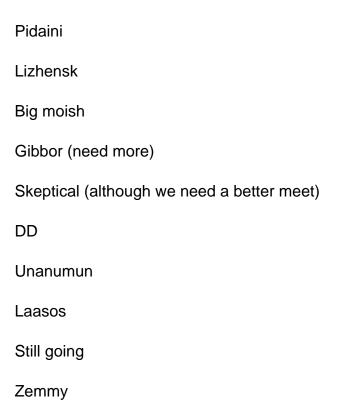
Recovery was different though. And perhaps it is worthy to repeat here the steps I took. You know that I don't spend much time thinkin' about addict vs. non-addict. I don't spend much time thinkin' about anythin' at all. It wasn't always like that. I came to this site by accident, of sorts. Yes, there were several decades of filth and smut in my days, but I always stopped, at least for

a week or two, or more. Recovery and lack thereof did not consume my life. I was fine with the pattern. Of course, yamim noraim (mostly), I'd cry and beg and resolve to sin no longer. Some years I even threw in the towel and made a deal with God that I'll do lots of good in other areas and let's just hide this issue in the closet.

But eventually, there was a rock bottom of sorts. That, together with a push, encouragement, threat of exposure from a woman friend of the family (whom I must have been tryin' to seduce) put me on a course of action. And that action wasn't a snap of the fingers. And it wasn't without heartache and pain. I went 90 days sober (so to speak). I engaged a long distance therapist, a professional who is recommended by GYE. I joined SA in a city an hour away from me. I was there for about eight months. I went to a local therapist/specialist on and off for about two years. I got two sponsors, one Jewish, one not. I joined calls and eventually led calls. I have been workin' the steps in some way or another for several years. I read the big book, white book, action book and 12&12. I am on my sixth cycle. And I post as well, every once in a while.

Talkin' to live people really does wonders. Posts are different when I know the poster and they know me. It makes it more real. (This is an important point to know for anyone who spends time on the forum.)

GYE gave me the opportunity to personally meet many fine fellows. I will list them, for I thank each and every one of them for their friendship, advice, suggestions, criticisms, etc.



**GYE - Guard Your Eyes** Generated: 30 July, 2025, 17:44 Jake Innastruggle Lavi Pischoshelmachat Fresh start **RGT** Kilochalu Misgaber SB I was within a hundred feet from: Gevura Guard Shlomo I have had private and personal conversation with: Grow strong ΤZ Dov Real simcha Godhelp **OTR** 

tzomah

ShmielZ

**GYE - Guard Your Eyes** Generated: 30 July, 2025, 17:44

Shteiger
Yesod
shemirashabris
Dms123456789
Yesod
Workin'guy
Laughin'man
Serenity
МоВ
MarkZ
Yidtryin'harder
Chullent kin'
Trouble
Belmont
mesayin (I think)
ShmuliK
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Mggmbs
YosefTH
Appearance
have been in touch with:

## **GYE - Guard Your Eyes**

Shmeichel

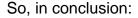
**MBJ** 

Generated: 30 July, 2025, 17:44 Yiraishamaim Maayan NIC Aryeh Hashivalisassonyishechaimisgabecha Shivisi PeloniAlmoni DuvidChaim Eli Lifnei Lomed Shtiebel SIB14628 Joe Singularity NewActin' MendelZ

Now, what I just did is fairly dangerous (and I really need to look this over again, for it was done at several sittin's), because I probably left out a bunch of fellows, and I do apologize, but I wrote this list for two reasons: 1. I wanted to display and demonstrate the power of GYE; it creates lastin' friendships, friend who deeply care about one another. Four years ago, I knew none of these fellows and now we are best of friends. 2. Perhaps a couple of them I have helped on their journey, but one thing is certain - each and every one of them helped me on mine. I learned humility from one, commitment from another. Mussar, calmness, faith, prayer, carin', devotion, thoughtfulness, diligence, humor, assertiveness, resolve, confidence and more - are

just some of the things that I try to apply in my daily life, and for that, they need to be mentioned. If I left you out, you know it was just an oversight and I sincerely apologize (and i will include in the edit- I am gettin' rushed to hit submit), but I truly thank you for helpin' out a punk like me.

And I must confess that when a fellow emails, calls, texts, WhatsApps, skypes, bumps into me and says, "Cords, you really saved my life, you truly helped me today, this past year would have been impossible without you, I didn't get that massage because of your text" yes, it feels good, and my ego makes it feel even better, but it's you guys who deserve the credit. You, who set me straight to begin with, you, who showed me my flaws, you, who convinced me of my egotistical, self-centeredness, you, who paved the way for me, and you as well who gave me the opportunity to give back, to keep me honest, to constantly share life's struggles and mine in particular, so thank you.



There might be ten thousand reasons to let you all go

There might be ten thousand reasons to just guit the show

About ten thousand reasons

If I had a highway, I would stay in my truck

If the coffee wasn't bitter, we'd be all out of luck

But you're givin' me ten thousand reasons

Givin' me ten thousand reasons

I bow down to pray

I try to make the worst seem better

Lord, show me the way

To cut through all this worn out leather

I've got ten thousand reasons to walk away
But baby, I just need one good one to stay
Posters stuck in a cycle, they look off and stare
It's like they've stopped breathin', but completely aware
'Cause you're givin' me ten thousand reasons
Givin' me ten thousand reasons
A. 1711 - Alberta I. da a consentita en de esta alberta de est
And if by mistake I say something that iI might even mean
It's hard to even fathom which parts you should believe
'Cause you're givin' me ten thousand reasons
Givin' me ten thousand reasons
Baby I'm bleedin', bleedin'
Can't you give me what I'm needin', needin'
Every heartbreak and fall and sickness makes it hard to keep the faith
But baby, I just need one good one
Good one, good one
Baby, I just need one good one to stay, to stay, to stay.
And that good one is you.
Yes, you.

Re: The \$10,000 AC'CORD Award Posted by yiraishamaim - 03 May 2017 11:26				
bli neder will donate as well.				
In short Cords you by your decision to change, a very bleak and of course <i>besi'ada dishmaya</i> - yo so many.	and steadfast attitude even when things looked u have changed yourself and on the way helped			
WHAT A WONDERFUL MEANINGFUL LIFE	Zachita			
=======================================	=======================================			
Re: The \$10,000 AC'CORD Award Posted by ZemirosShabbos - 03 May 2017 16:5	54			
Cords, you are DA MAN! kol hakavod				
=======================================				
Re: The \$10,000 AC'CORD Award Posted by Markz - 03 May 2017 17:01				
ZemirosShabbos wrote on 03 May 2017 16:54:				
Cords, you are DA MAN! kol hakavod				
On the surprise of Ze Man				
I couldn't resist				



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Re: The \$10,000 AC'CORD Award Posted by lomed - 03 May 2017 17:26

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Mazel tov Cords and congrats on where u r standing today. Although we have not spoken much, you have had a positive impact on me. May you have much hatzlacha as you keep on truckin ODAAT.

Best wishes from Lomed

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Re: The \$10,000 AC'CORD Award

Posted by mvemjsunpc - 04 May 2017 20:54

how do I get to meet all these people? Im on GYE and Ive reached out for help. Im on for a month. I dont quite understand the forums- but I do have an internet addiction and have been 30 days free from going on the internet for porn. I have not been so fortunate with avoiding

## **GYE - Guard Your Eyes**

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responses who seems to be in tune with you.

Hatzlacha.

masturbation. In that area, I keep falling in the last month, especially on shabbos and holidays when I am alone. I cant reach out to people on line on religious holidays. Any suggestions- I live alone-Re: The \$10,000 AC'CORD Award Posted by eslaasos - 04 May 2017 21:11 mvemjsunpc wrote on 04 May 2017 20:54: how do I get to meet all these people? Im on GYE and Ive reached out for help. Im on for a month. I dont quite understand the forums- but I do have an internet addiction and have been 30 days free from going on the internet for porn. I have not been so fortunate with avoiding masturbation. In that area, I keep falling in the last month, especially on shabbos and holidays when I am alone. I cant reach out to people on line on religious holidays. Any suggestions- I live alone-Hi mvemjsunpc, I'm sorry you haven't found a partner yet. I also tried the partner program when I first joined GYE and I can only share my experience that trying to "create" a partner-style relationship never worked for me. What worked for me was interacting with people on the forum that I felt were similar to me and developing relationships over time. Maybe in live SA meetings it's easier to have a sponsor assigned in a quicker fashion but I would have no idea about that. I see you opened a thread. Maybe share some more about yourself, and gather from the

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