#### **GYE - Guard Your Eyes**

Generated: 13 September, 2025, 15:57

Daily Quote - Be Inspired Posted by stillgoing - 03 May 2016 03:15 I did the best at the yeshiva that everyone told me i would fail in. Re: Daily Quote - Be Inspired Posted by markz - 06 Jun 2016 02:43 You haven't been around long enough Re: Daily Quote - Be Inspired Posted by stillgoing - 06 Jun 2016 02:56 markz wrote on 06 Jun 2016 02:43: You haven't been around long enough It was written by Kaye Gibbons Warning: Spoiler!

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Generated: 13 September, 2025, 15:57
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Re: Daily Quote - Be Inspired Posted by Yesod - 06 Jun 2016 04:06
stillgoing wrote on 06 Jun 2016 02:25:
Yeah, i agree.
I'm gonna go clean up my neighbor's cat from under my car, and just move on
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Re: Daily Quote - Be Inspired Posted by mirror - 06 Jun 2016 14:56

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# **GYE - Guard Your Eyes** Generated: 13 September, 2025, 15:57 stillgoing wrote on 06 Jun 2016 02:25: How can you say that mistakes are not good or bad? They are not neutral. Re: Daily Quote - Be Inspired Posted by stillgoing - 06 Jun 2016 14:59 I think there is an obvious difference between planned "mistakes" and past ones. We cannot say "I have a mistake scheduled for 8:00 when my wife goes out", but when we are looking back on last night, or even last hour, it's not helpful to start labeling the mistake/fall as good or bad, just as a mistake. Calling it good will disillusion us, and calling it bad will depress up. Neither of these emotions are helpful for recovery. ====

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Re: Daily Quote - Be Inspired

Posted by mirror - 06 Jun 2016 15:17

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#### stillgoing wrote on 06 Jun 2016 14:59:

I think there is an obvious difference between planned "mistakes" and past ones. We cannot say "I have a mistake scheduled for 8:00 when my wife goes out", but when we are looking back on last night, or even last hour, it's not helpful to start labeling the mistake/fall as good or bad, just as a mistake. Calling it good will disillusion us, and calling it bad will depress up. Neither of these emotions are helpful for recovery.

And what about recognizing it for what it is to do t'shuva?

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Re: Daily Quote - Be Inspired

Posted by stillgoing - 06 Jun 2016 15:23

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mirror wrote on 06 Jun 2016 15:17:

#### stillgoing wrote on 06 Jun 2016 14:59:

I think there is an obvious difference between planned "mistakes" and past ones. We cannot say "I have a mistake scheduled for 8:00 when my wife goes out", but when we are looking back on last night, or even last hour, it's not helpful to start labeling the mistake/fall as good or bad, just as a mistake. Calling it good will disillusion us, and calling it bad will depress up. Neither of these emotions are helpful for recovery.

And what about recognizing it for what it is to do t'shuva?

I hope Hashem will give me the chance one day when I'm truly sober to really do proper teshuva. Untill then I am working on step one of teshuva which is azivas hacheit (stopping the sin). When I've learnt how to stop I can begin to work on charuta (regretting) and viduy (spelling out what i've done). But to do that now would be tovel im hasheretz b'yodu (immersing in a mikva with the source of the impurity in one's hand. In this case an active lust problem).

GYE - Guard Your Eyes Generated: 13 September, 2025, 15:57
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Re: Daily Quote - Be Inspired Posted by stillgoing - 06 Jun 2016 15:27
So nu, have you done it yet?
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Re: Daily Quote - Be Inspired Posted by stillgoing - 06 Jun 2016 23:15
===== ====
Re: Daily Quote - Be Inspired Posted by mirror - 07 Jun 2016 16:21
stillgoing wrote on 06 Jun 2016 23:15:
[attachment=4964]1464707817213.jpg
The reason is because they do not want you to hear them. Why is that a quote?
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Re: Daily Quote - Be Inspired Posted by Gevura Shebyesod - 07 Jun 2016 20:55

### **GYE - Guard Your Eyes** Generated: 13 September, 2025, 15:57 I can see them in the mirror Re: Daily Quote - Be Inspired Posted by stillgoing - 07 Jun 2016 21:09 mirror wrote on 07 Jun 2016 16:21: stillgoing wrote on 06 Jun 2016 23:15: [attachment=4964]1464707817213.jpg The reason is because they do not want you to hear them. Why is that a quote? The reason that It is referring to, is the fact that they are cowards or foolish. If someone is not bold enough to say it to your face, or not wise enough not to say it at all, they aren't going to get ahead of you in life in all of the ways that really matter. (Assuming that you are wiser and bolder) Re: Daily Quote - Be Inspired Posted by stillgoing - 08 Jun 2016 00:33 Inastruggle wrote on 7 Jun, 1016: "Make sure to worry about being stabbed in the back, they may be behind you, but you still got

stabbed"

Uh, Ok.

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