

Women of GYE rocking up the heavens!

Posted by admin2 - 14 Jan 2010 16:55

---

The women of GYE, in their small corner, are churning out the most beautiful posts ever, and they are shaking up the heavens in an all so powerful way!

In the Women's Forum, Habib writes about prayer - a post so pure, deep, powerful, and moving!

**well, i'm trying to work on my tefilla, so here goes... (trying u gotta get the siddur i use...)**

**tefilla=amida...**

**Hashem sefatai tiftach- Hashem i'm so incredibly afraid, in awe, and ashamed before you that i can't even open my mouth to speak to you. please, Hashem, help me to be able to speak before you.... i know i've done horrible things that no bas yisroel should do... and i have distanced myself from you to the point where i can't even have kavana when i pray because if i do i'll burst into tears... so please, Hashem, help me.**

**Avot- we should direct our thoughts to the avos, because it is in their zchut that Hashem does chassadim for us, and it is in their zchut that He is bringing the geula. Avraham avinu excelled at chessed, yitchak in gvurah (din), and yaakov in emet (tiferet).**

**we say "elokei avraham, elokei yitzchak, elokei yaakov." elokei each time because not only did each accept Hashem himself (not just doing what his father did), but also because each served Hashem with his own special specific mida.**

**when we say "hagadol, hagibor, vehanora," gadol is keneged midat avraham, or chessed. but we are saying Hashem is great in his midda of chessed, which is the ikkar way that He reveals Himself to us**

**gibor- keneged yitzchok, and the midda of gvurah.**

**norah- keneged yaakov and the midda of tiferet. we should subjugate ourselves with fear of the eminence of hakadosh baruch hu, before the emet. and why is norah keneged emet? because when a person sees the truth, with all it's sharpness and bonyness, he recognizes his own smallness, and then a great fear will fall upon him.**

Letakian comments and adds another beautiful insight:

**i totally started crying by the first paragraph that you wrote. it's like you read out of my deepest heart.**

**please keep posting about this!**

**I heard from Rav Dovid Sapirman that it says "????? ????? ?????? "**

**but shouldn't "???? ??????" come before "????? "?**

**it seems to be out of order. The avos should come before us cronologically.**

**The answer is, NO!**

**When it comes to believing that Hashem is our G-d and trusting in him it first has to be from our own belief- Elokainu! Not just copying our fathers and mothers. From INSIDE OURSELVES. Only then can we look back and say "ahh, this is the beauty that my parents, teachers were showing me. This is what i believe and feel"**

=====  
=====

Re: Women of GYE rocking up the heavens!  
Posted by shemirateinayim - 19 Feb 2010 05:40

---

Wait so they can't read this?

Can they still follow the men's forum?

ARe all thos posts to "sistas" realy just talking to the walls!!!???? I'm getting exited

=====  
=====

Re: Women of GYE rocking up the heavens!  
Posted by imtrying25 - 19 Feb 2010 11:15

---

Dont get to excited because they could still read all the posts. That includes the ones to the "sistas" and it includes all the other nonsense that goes on here, so take the much needed chill.

=====

=====

Re: Women of GYE rocking up the heavens!  
Posted by shemirateinayim - 19 Feb 2010 18:24

---

[Rage ATM wrote on 19 Feb 2010 16:48:](#)

shemirat, youre like an enigma wrapped in a mystery...

Rage I loved the line so much, I added it to my signature!!! Who cares if it makes fun of me, it's just too good of a laugh!!! (further proving the point)

=====

=====

Re: Women of GYE rocking up the heavens!  
Posted by silentbattle - 23 Feb 2010 01:03

---

I think there've been some more women members joining, though I could be wrong.

=====

=====

Re: Women of GYE rocking up the heavens!  
Posted by shemirateinayim - 23 Feb 2010 15:36

---

yeh but sadly 2/3rds of the forum has never written a post!!! And even by them the 'klal' holds true.

I don't get it, how are they all able to keep their mouths shut. I just don't see how it's possible!

I mean, I can't stop typing all say, every day! and they spend months reading my gibberish,, without even saying one word!!

=====

Re: Women of GYE rocking up the heavens!

Posted by 7yipol - 28 Feb 2010 11:38

---

PROUDEST MOMENT OF RECOVERY:

i was doing library with a class of 5th graders.

one of the girls starts telling me about the books that her mother reads "love books" and the title of the current novel that her mother's reading.

"but she doesn't let me read them".

and then she looks at me with her big brown eyes wide and asks "Morah, do you read love books?"

and i looked her in the eye and said the proudest "no" i ever said in my life.

I am so happy and thankful to be able to answer such a question with a true, honest "no". Noone noticed, and she just continued her day. It was quiet in the library.

But when she left i cried.

I cried from relief and from pride and from gratitude that i'm where i am today.

It feels so good to be clean. The days of darkness are behind me. Sometimes they creep up and poke their head out but to have that girl ask me that, to be able to give that answer was a

moment i don't think i'm ever going to forget.

This is what is happening on the womens side!

Okay, so not everone there is able to claim this quite yet, but read and shep nachas! Coz her Tatty sure is!!!

Womens side is a bit lonely to say the least, and mom pleads very guilty for being too busy to even read recently, never mind post :-[ :-[

Keep rooting for us over the wall though, and iyH we will all meet soon on 'the other side' of addiction!

=====

Re: Women of GYE rocking up the heavens!  
Posted by trying123 - 28 Feb 2010 11:58

---

[7Up wrote on 28 Feb 2010 11:38:](#)

PROUDEST MOMENT OF RECOVERY:

i was doing library with a class of 5th graders.

one of the girls starts telling me about the books that here mother reads "love books" and the title of the current novel that her mother's reading.

"but she doesn't let me read them".

and then she looks at me with her big brown eyes wide and asks "Morah, do you read love books?"

and i looked her in the eye and said the proudest "no" i ever said in my life.

I am so happy and thankful to be able to answer such a question with a true, honest "no".  
Noone noticed, and she just continued her day. It was quiet in the library.

But when she left i cried.

I cried from relief and from pride and from grattitude that i'm where i am today.

It feels so good to be clean. The days of darkness are behind me. Sometimes they creep up  
and poke their head out but to have that girl ask me that, to be able to give that answer was a  
moment i don't think i'm ever going to forget.

Touching to see how worthwhile wholesome and beautiful hard earned kedusha is...

I shed a tear reading what you wrote...(Does this make me belong in the women's section? :-\ :-\ :-\)

=====  
=====

Re: Women of GYE rocking up the heavens!  
Posted by 7yipol - 28 Feb 2010 13:45

---

To clear up any confusion, this was a quote from Letakain!

=====  
=====

Re: Women of GYE rocking up the heavens!  
Posted by silentbattle - 28 Feb 2010 15:57

---

Fantastic! That is beautiful...

=====  
=====

Re: Women of GYE rocking up the heavens!  
Posted by Ano Nymous - 07 Mar 2010 07:18

---

Thanks for posting that letakein! That was one of the most beautiful things I've ever read. I actually shed a tear...so I guess I belong on the other side :'(

lol

=====

Re: Women of GYE rocking up the heavens!  
Posted by 7yipol - 28 May 2010 09:08

---

One of the girls posted this beautiful piece which speaks directly to each and every one of us:

Can I Change The Past?

By Tzvi Freeman

To a married woman in a desperate situation, who greatly regretted her actions:

You should not pray for a miscarriage. You should do what you have to do and let G?d take care of the rest. If He so wills, He can change the past for you as well. How do I know? Hear me out, step by step.

Resh Lakish was a student with a sharp, biting intellect. He was also a highway robber chief. Not simultaneously, mind you. Things changed when he met Rabbi Yochanan.

You see, Rabbi Yochanan was exceedingly handsome. When Resh Lakish saw him bathing one day in the Jordan river, he pounced upon him. Rabbi Yochanan kept his wits and told Resh

Lakish, "You are so strong! If you would put that strength into Torah, you could be a great rabbi!"

Resh Lakish became Rabbi Yochanan's pupil and threw all his strength into his studies. Eventually he became his teacher's study partner. The Talmud is replete with their debates, Rabbi Yochanan suggesting his ideas and Resh Lakish ripping them apart and rebuilding on his own.

Resh Lakish died young, but he left behind many teachings--teachings that no one else could have taught, because you had to have been a highway robber to know them. Like the idea that sins can become merits.

"When a person turns himself around, regrets his past and does good, that is such a powerful act that his sins become merits."

How on earth can sins become merits? Sins are despicable deeds in the eyes of the One who made you. So now you regret them. How can your regret today reach back and transform something written solidly in the record of the past?

The simple answer is that some things are not written so solidly. Like the fact that you were sinning. There was an act that happened, one that you now admit was reckless, despicable and damaging on all fronts. Yes, that is a sin. But were you sinning? Where were you at the time?

Until you return, we know who you are and who you were. The act you did tells us all. But what if you undergo a transformation? What if the divine soul within you bursts out and exclaims, "I never wanted anything to do with all that! I screamed and no one heard. I was held captive and raped. It was a conspiracy of the perpetrator and this person within which You forced me to reside!"

The soul does not lie. Yes, there is always free choice. No one is ever forced to sin. But that whisper of G?d breathing inside you, did she choose to sin? She was the innocent party, overwhelmed by the force of the coarse body in which she is entrapped, her desperate pleas ignored by the mind of a person who chose, this time, to follow the body and not the soul.



Until now, this person had never emerged. She was unknown, not even as a fetus is known within the womb or a butterfly enwrapped within its cocoon, for the deeds of the body in which she lay dormant contradicted and negated her very essence and being. But now she bursts forth as a sudden dawn, illuminating the entire landscape. And when we ask, "Who are you? From where did you come?" she replies, "I am the true core and essence of this woman. I am the pulse of her heart, the breath of her soul. I was there within her all along. And I am pure and innocent."

Now this innocent core-essence is in control. You are no longer the body, you are that soul. In this way, the past is healed. The act was a sinful act, but you--this you that we see today--were not involved at the time. In your record, the act does not exist.

Then there is a further step: The sin exists--and it is in your merit:

"More beautiful," our sages say, "is a moment of return and good deeds in this world than all the life of the world to come." They were speaking of the good deeds that follow remorse over the past and return to good. Because those good deeds are performed with such passion that the light of the Shechinah in the loftiest Garden of Eden pales before them. And that is why, "In the place where one who has sinned and returned stands, even the perfect tzadik is unable to stand."

From where comes such intense light that even the perfect tzadik can never imagine to attain? From the passion of sin. As the energy unleashed through the fission of matter explodes in awesome force, so too the darkness that becomes light knows no containment. The tzadik has never tapped that passion, it does not exist in her world. The sinner who has returned invests it in her every deed, in every moment of her life.

The passion that once drove an ugly sin now becomes the engine driving bursts of G?dly light; the rope that once strangled the soul now becomes her redeemer.

That is the story through which Resh Lakish lived. The passion he had taken in assaulting innocent travelers was of a quality that Rabbi Yochanan could never have invested in even his most noble deed. An explosion of goodness out of an earnest heart is nice, but it's not on the Richter scale of the visceral, heart-pumping, adrenalin-rush of unmitigated crime. Yet now, Resh

Lakish was throwing that same mind that had connived ambush into arguing fine points of halacha; that same iron fist that had caused so much harm into a caring, giving hand, open to the widow and the orphan; that same prowess of leadership that had ruled over a band of thieves into the stature of a scholar and spiritual leader of his people.

In truth, this is the only way we can explain G?d's actions: How does He throw His precious child into a moat of crocodiles, knowing full well the inevitability of sin? It is with a purpose, so that those sparks of passion will be redeemed and they too placed in His service. As Solomon the Wise wrote, "All that G?d causes is for His sake, even the wicked on the day of his evil." He brings a person to the door of sin and allows it to overpower the soul, so that the passion of sin will be transformed to the light of day.

But you need something more. Right now, you need the consequences of the past to change. And that is also possible.

You see, as long as that ugly deed remained unredeemed, it had its repercussions. The world is designed with justice; as one good deed begets another, so ugliness begets more of its own. But now that a destructive deed has been healed, whatever debris lay strewn its path has been orphaned. It has no reason to have ever existed. Yes, there is a record. But G?d can always find a way to re-orchestrate the past He has written.

There are stories of this. When I have the time, I can write you a few. Consequences of foolish acts that plagued their originator for years suddenly became benign; bad fortune astonishingly turned out to be success. All after a turn of heart, and an opening up of the soul.

Perhaps I won't have to write you any. Perhaps you will be the one to write to me your own.

## Sources

For a thorough discussion on the topic of the effect of teshuvah upon the past, see Likutei Sichot, volume 17, Acharei 2.

=====

=====

Re: Women of GYE rocking up the heavens!  
Posted by kanesher - 28 May 2010 12:17

---

Article is fascinating...Resh LaKish was a Talmid Chacham who went off the derech...what a rough situation to be in...

=====

=====

Re: Women of GYE rocking up the heavens!  
Posted by st - 03 Aug 2010 00:20

---

I must of registered on the wrong forum but I'm a woman and trying to get onto that forum. Please help me I've tried numurous times...

=====

=====

Re: Women of GYE rocking up the heavens!  
Posted by Ineedhelp!! - 03 Aug 2010 00:32

---

Email Reb Guard at [eyes.guard@gmail.com](mailto:eyes.guard@gmail.com)

=====

=====