

Shmiras Einayim - Daily Boost

Posted by true\_self - 31 May 2023 14:02

---

Hi everyone!

?As we are now heading into the summer season, and the shmiras einayim on the streets becomes significantly more challenging and tougher, as we all know.

I came up with an idea to open a thread where everyone is welcome and encouraged to share insights, inspiration, motivation...

And first and foremost personal day to day victories, so that we can all learn and be inspired by others victories.

**Here are some guidelines for the thread:**

- The primary purpose of the thread is to keep us alerted against the enemy (Yetzer Hara).
- Please keep your posts as short as possible, so that people will take the time to read it.
- Applause are encouraged, but please keep them concise, to ensure it doesn't carry us away from the primary focus (you can applaud privately as well).
- I encourage debates but not here please.
- Everyone should feel free to post.
- It can be used as somewhat of accountability, by telling yourself before before possible challenges that you will post afterwards how you reacted to them.

Suggestions are welcome, feel free to PM me.

My hopes are that this should be for the benefit of all of us, and it should make a ??? ??? for Hashem.

Let's do this together! Let's defeat our greatest enemy! Let's show our strength to Hashem!

May we be zoche to see the light of Mashiach together very soon!

Looking forward to hear from everyone.

True self.

**Warning: Spoiler!**

=====  
=====

Re: Shmiras Einayim - Daily Boost  
Posted by Heeling - 30 Oct 2023 13:37

---

[Heeling wrote on 27 Oct 2023 15:57:](#)

Its not only about me. I'm part of a big, beautiful nation, every time I hold back, every time I control myself I am strengthening my nation. I'm helping my nation grow and thrive in Torah and kedusha.

Hashem is the one giving me the challenge. He is the one smiling by my side when I succeed. He is the one who feels let down when I fail.

I have a responsibility to my people. Giving in to a moment of pleasure is foolish.

The above thought along with saying Tehilim, helped me overcome a very difficult challenge yesterday.

=====  
=====

Re: Shmiras Einayim - Daily Boost  
Posted by true\_self - 04 Dec 2023 12:11

---

[The simple truth!](#)

=====  
=====

