

Daily Dose of The Battle of the Generation

Posted by EccentricComposer - 30 May 2023 00:32

RULES:

1) We are starting from the beginning.

2) We will read around 3 pages a day, I will try to put the page numbers on my post for the day, everyone should try to stay around the same place.

3) This program is open for anyone to join, whenever they like, the more the merrier!

4) This thread is open for anyone and everyone to participate, even if they haven't read the days section, its a way to keep everyone motivated to read the section, and remember it.

5) All haaros are welcome, try to keep it pertaining to the relevant section though so we don't get too distracted.

6) Everyone participating should try to post as often as they can to keep everyone else motivated.

Hatzlacha Rabba!

Click [here](#) for a link to the ebook!?

=====

=====

Re: Daily Dose of The Battle of the Generation

Posted by Captain - 12 Feb 2024 20:03

[hopefulposek wrote on 12 Feb 2024 14:53:](#)

Hi, I've been reading the B of the G for a bit and wanted to join this group. Looking forward.

Welcome! Thanks for joining

=====

Re: Daily Dose of The Battle of the Generation
Posted by Captain - 18 Feb 2024 13:57

Schedule for the next few days:

Sunday: Chapter 30: Pages 233-235

Monday: Chapter 31: Pages 237-238

Tuesday: Pages 239-240

Wednesday: Chapter 32: Pages 241-242

Thursday: Pages 243-244

Friday/ Shabbos: Catch up if behind.

=====

Re: Daily Dose of The Battle of the Generation
Posted by hopefulposek - 20 Feb 2024 19:33

Ok so fell way behind this week, but saw something that hit a chord:

Even when we fail, we are still strengthening our willpower.

=====

Re: Daily Dose of The Battle of the Generation

Posted by hechochma - 21 Feb 2024 02:59

[hopefulposek wrote on 20 Feb 2024 19:33:](#)

Ok so fell way behind this week, but saw something that hit a chord:

Even when we fail, we are still strengthening our willpower.

Beautiful!!!

Welcome!

=====

=====

Re: Daily Dose of The Battle of the Generation

Posted by 1day613 - 21 Feb 2024 05:24

What does that mean “even if we fail we are still strengthening our willpower” from what I’ve learnt willpower is not something we rely on it runs out very quickly.

=====

=====

Re: Daily Dose of The Battle of the Generation

Posted by yidy - 26 Feb 2024 04:46

Willpower is not enthusiasm that can run out quickly, Rather it's determination of what I want in life and What is my values.

?And increasing motivation towards change as well.

So that is a lifelong journey.

=====

=====

Re: Daily Dose of The Battle of the Generation

Posted by 1day613 - 26 Feb 2024 05:02

[yidy wrote on 26 Feb 2024 04:46:](#)

Willpower is not enthusiasm that can run out quickly, Rather it's determination of what I want in life and What is my values.

?And increasing motivation towards change as well.

So that is a lifelong journey.

I respectfully disagree and so does the research and definition of willpower. willpower is the ability to resist short-term gratification and control your urges, which runs out quickly as the urge grows. when willpower is used you will likely only make it a few days or weeks depending on the person. willpower is not something we want to use to quit compulsive behaviors.

=====

=====

Re: Daily Dose of The Battle of the Generation
Posted by Captain - 26 Feb 2024 13:02

Schedule for the next few days:

Sunday: Pages 245-246

Monday: Pages 247-248

Tuesday: Pages Chapter 33: 249-250

Wednesday: Pages 251-252

Thursday: Pages 253-254

Friday/ Shabbos: Catch up if behind.

=====

=====

Re: Daily Dose of The Battle of the Generation
Posted by Captain - 03 Mar 2024 14:35

Schedule for the next few days:

Sunday: Pages 255-256

Monday: Pages 257-258

Tuesday: Pages 259-260

Wednesday: Chapter 34: Pages 263-264

Thursday: Pages 265-266

Friday/ Shabbos: Catch up if behind.

=====

Re: Daily Dose of The Battle of the Generation
Posted by Captain - 10 Mar 2024 12:55

Schedule for the next few days:

Sunday: Pages 267-268

Monday: Pages 269-270

Tuesday: Pages 271-272

Wednesday: Chapter 35: Pages 273-274

Thursday: Pages 275-276

Friday/ Shabbos: Catch up if behind.

=====

Re: Daily Dose of The Battle of the Generation
Posted by Captain - 17 Mar 2024 12:37

Schedule for the next few days:

Sunday: Chapter 36: Pages 279-280

Monday: Pages 281-283

Tuesday: Chapter 37: Pages 285-286

Wednesday: Pages 287-288

Thursday: Pages 289-290

Friday/ Shabbos: Catch up if behind.

=====

Re: Daily Dose of The Battle of the Generation
Posted by Captain - 24 Mar 2024 12:59

Schedule for the next few days:

Sunday: Chapter 36: Pages 291-292

Monday: Pages 293-294

Tuesday: Chapter 38: Pages 295-296

Wednesday: Chapter 39: Pages 297-298

Thursday: Chapter 40: Pages 299-301

Friday/ Shabbos: Catch up if behind.

=====

Re: Daily Dose of The Battle of the Generation
Posted by Captain - 31 Mar 2024 13:12

Schedule for the next few days:

Sunday: Chapter 41: Pages 303-304

Monday: Chapter 42: Pages 305-306

Tuesday: Pages 307-308

Wednesday: Chapter 43: Pages 309-310

Thursday: Pages 311-312

Friday/ Shabbos: Catch up if behind.

=====

Re: Daily Dose of The Battle of the Generation
Posted by Captain - 07 Apr 2024 12:27

Schedule for the next few days:

Sunday: Chapter 44: Pages 315-316

Monday: Pages 317-318

Tuesday: Pages 319-320

Wednesday: Pages 321-322

Thursday: Chapter 45: Pages 323-324

Friday/ Shabbos: Catch up if behind.

=====