

GETTING MARRIED, YIKES!!!!!!! WORRIED SICK

Posted by starvingthemonster - 25 Oct 2017 03:46

HI EVERYONE,

I GOT ENGAGED AROUND A MONTH AGO, AND I AM CURRENTLY ON A 57 DAY STREAK OF SOBRIETY!!! DOUBLE YAY!!! THIS IS AROUND MY HIGH WATERMARK. I NEVER REALLY CHARTED PAST 50 DAYS. I CONSIDER MYSELF VERY SERIOUS ABOUT YIDDISHKEIT AND HAVE A PRETTY STRONG CONNECTION TO HASHEM.

I HAVE STRUGGLED WITH VIEWING PORN, OR DIRTY PICS ON SOCIAL MEDIA ETC. AND MASTURBATING TO THAT, FOR NEARLY TEN YRS.

THE FREQUENCY BEING APPROX 1 EVERY TWO WEEKS. (IN THE BAD TIMES AROUND 2-3 TIMES A DAY!) I THINK THIS IS FAIRLY GOOD COMPARED TO MOST STRUGGLING SINGLE GUYS. I'M HOPING THAT I AM NOT ADDICTED, JUST A YOUNG MAN WITH 'NEEDS' AND NO MOTIVATION (UNTIL NOW) TO STOP.

UNTIL 2 MONTHS AGO I NEVER REALLY HAD A SHOT AT STOPPING FOR GOOD, AND THEN I FOUND GYE!!!!

SO FAR SO GOOD.

I MUST ADMIT THOUGH, THAT I HAVE VIEWED SOME INAPPROPRIATE MATERIAL, BUT VERY EARLY IN THE PROCESS (2-3 MIN IN) I STOPPED MYSELF, BH. **(DOES THAT COUNT AS A FALL? NO MASTURBATION JUST ERECTION)**

MY KALLAH HAS SPECTACULAR MIDDOS, AND IS GOOD LOOKING TOO. I REALLY DON'T KNOW WHAT I DID TO DESERVE HER. B"H I AM BLESSED.

BUT, I AM ABSOLUTELY FREAKING OUT! I AM WORRIED SICK THAT THIS ADDICTION WILL COME BACK AFTER I'M MARRIED. (NIDDAH OR PREGNANT WIFE OR JUST THE MONSTER INSIDE WAKING UP)

DOES ANYTHING CHANGE, IS IT HARDER OR EASIER?

I'M NOT SURE IF I'M LOOKING FOR CHIZUK, TESTIMONIALS FROM OTHER PPL WHO WENT THROUGH THIS, TIPS & SUGGESTIONS.... PROBABLY ALL OF THE ABOVE.

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Re: GETTING MARRIED, YIKES!!!!!!! WORRIED SICK
Posted by Hashem Help Me - 27 Nov 2017 17:55

Mazel tov!!!!!!!!!!!!

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Re: GETTING MARRIED, YIKES!!!!!!! WORRIED SICK
Posted by serenity - 27 Nov 2017 20:50

Mazel tov! Wishing you to be the husband and father God intended for you to be. Don't underestimate lust or any kind of addiction. It's cunning, baffling and powerful. There are those who say they probably could have stopped early on on their own strength. They didn't and it eventually became an addiction. For me I think I was born an addict. Maybe if I knew that before I started I could have not started. I can very much relate one of your posts., I used to play the am an addict or not game with alcohol. Allowing myself to drink for years and always trying to set limits so I would know I wasn't an alcoholic. It was a miserable experience. Proceed with caution and live like a man.

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Re: GETTING MARRIED, YIKES!!!!!!! WORRIED SICK
Posted by tzaddik212 - 28 Nov 2017 02:38

Mazel Tov!!!

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Re: GETTING MARRIED, YIKES!!!!!!! WORRIED SICK
Posted by skeptical - 28 Nov 2017 18:04

Mazel Tov!

I have spoken with a few GYE chassanim in the past. If you'd like, you can send me a message, and I'd be happy to speak with you as well.

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