

how to stay Tahor

Posted by SIB101854 - 01 Feb 2014 00:17

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I never thought that it was possible, but I have now reached 180+ days without resorting to porn or masturbation, which were my two problems and to which I remain susceptible if I don't watch myself. At a superficial level, I can say that my marital intimacy has really improved tremendously. The key is now uprooting the memories of what I read, saw and experienced, and which always tempt me to say that you enjoyed yourself, etc. The 20 step process , which I have been reading ,and the great chevra here, , and the daily chizuk emails. and the realization that I am not alone, have aided me tremendously, and are offering me immense Chizuk. This truly is a website that every Torah observant Jew who faces the issue of porn, masturbation or worse, must get involved with, regardless of his hashkafic orientation. Just one question-do member of GYE in the NY area ever meet for a kumsitz or melaveh malkeh?

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Re: how to stay Tahor

Posted by gibbor120 - 01 Feb 2014 00:19

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MAZAL TOV!

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Re: how to stay Tahor

Posted by SIB101854 - 01 Feb 2014 00:25

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Thanks! GYE simply is an amazing place-the chevra, the emails , the chizuk, and the realization that you are not alone, and that we are all striving and shteiging towards maximizing our potential is so important. The daily emails, and especially the stories,are incredibly inspiring. Without GYE, I can state Bli Safek, that I would be still be mired in masturbation, porn and the continuous need to feed my sex drive via inappropriate fantasies .

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Re: how to stay Tahor

Posted by Gevura Shebyesod - 01 Feb 2014 02:36

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Re: how to stay Tahor  
Posted by think good - 02 Feb 2014 13:40

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MAZAL TOV! keep up the good work

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Re: how to stay Tahor  
Posted by Dov - 03 Feb 2014 08:31

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That's great! Hashem is so good to you, SIB1616282832.

Have a really nice day!

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Re: how to stay Tahor  
Posted by Pidaini - 03 Feb 2014 12:30

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MAZAL TOV!!!

May Hashem help us continue to support each other one day at a time!!!

[Dov wrote:](#)

SIB1616282832

you forgot the "56" at the end!!!

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Re: how to stay Tahor

Posted by doingtshuva - 23 Feb 2014 03:00

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What does this number mean?

thanks

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Re: how to stay Tahor

Posted by Dov - 23 Feb 2014 09:52

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number? You mean the number on the end of the guy who calls himself SIB,etc,etc?

It's just stam a number he picked for his username.

You can just use your first name as I do, though...it's fine. Or the 'doingtshuvah' moniker, whatever u like, chaver

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