

Home alone

Posted by SIB101854 - 29 Oct 2013 04:17

Whenever my wife and children were away, either visiting my in laws, or my wife was visiting our children, I would easily resort to porn and masturbation. My wife will be away helping one of our kids with a newborn aienekel-I am determined to remain clean! I have sedarim, minyanim, work and this wonderful site to keep me busy until I leave Erev Shabbos early in the morning to join everyone for Shabbos and a sunday Bris

=====
=====

Re: Home alone

Posted by SIB101854 - 29 Dec 2014 03:25

I couldn't have said it better. Every day is a battle-but it helps if you appropach every day with a seder from the time you get up to what you do what when you come home and when you go to sleep. I think that the concept of the 90 day diary and the hall of honor is akin to the Daf Yomi. Evey day is another blatt learned and more Ahavas HaShem and Yiras Shamayim to help you fight tonight and tomorrow's battle.

=====
=====