GYE - Guard Your Eyes Generated: 2 August, 2025, 17:59

FEEL THE HUGS!!! Posted by jerusalemsexaddict - 21 Sep 2009 18:08
Possibly flakiest thread in GYE's history
Listen,life is scary.
All of us have a lack of trust.
In the world.
In Hashem.
In ourselves.
That's why this thread is gonna change all that.
Hashem runs the world.
I know what you're all saying
"O man.Another bitachon shmuz!"
NO!
This is the HASHEM LOVES US corner!!
Here we will come each day and share or at least acknowledge one hug that Hashem gave us that day.
And when we all feel ready,we can move up to two.
And three.
And a million.
Could be big hugs.

Small hugs.
Fat hugs.
Thin hugs.
They're all good.
The point is to just spot it and feel it!!
This is a big step in our recovery chevra!!
Who's in?
-uri
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Re: FEEL THE HUGS!!! Posted by silentbattle - 26 May 2010 23:29
I like it, 7up!
Just a few hugs - found easy parking this last week, at a time when there is usually NO parking in this neighborhood! I mean, <i>none</i> .
Then today, drove about 10 blocks with straight green lights, how awesome is thast?!
Thank you, Hashem!
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Re: FEEL THE HUGS!!! Posted by 7yipol - 27 May 2010 14:17

Thanks to the one above for giving me a day with a chance to grow and try

Posted by trying123 - 28 May 2010 04:53

Also thank G-d for ending Lost, 24, and V (the three things I followed)
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Re: FEEL THE HUGS!!! Posted by silentbattle - 31 May 2010 01:20
Had a nice hug today. I was walking down the street, and hashem sent me a chance to grow. And I said, "thank you hashem!" and I kept on walking!
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Re: FEEL THE HUGS!!! Posted by 7yipol - 31 May 2010 09:35
silentbattle wrote on 31 May 2010 01:20:
Had a nice hug today. I was walking down the street, and hashem sent me a chance to grow. And I said, "thank you hashem!" and I kept on walking!
Great perspective!
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Re: FEEL THE HUGS!!! Posted by trying123 - 31 May 2010 13:41
Sleep helps me wake up to a new day a new chance
that's a good thing

I know that the feeling is very real

but know it will not last forever.

it is a perception that is there based on how we are feeling at the moment

you will see,at a later time, when you get that hug, that Hashem always loved you, even when

6/9

you felt utterly alone
there were times that I felt there was no light at the end of the tunnel
I know that the feeling is very real
but it will pass.
you have to hug yourself first.
a pure part of yourself that no sin can destroy
and you start taking care of her-that pure part of you soul-the real you
and one day soon-the hugs will come
I feel like running and hiding.
this painit breaks me.
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Re: FEEL THE HUGS!!! Posted by Noahide - 08 Jul 2010 20:51

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I am lost.
I do not fit in anywhere.
I am so alone.
things I want to tell you all but I cannot, these things that hurt me deep in my soul, my fears keep me from telling you. I trully hate my life right now.
I need Hashem, but I feel he is so far away. I am in deep pain, and I think it might be best if I leave this board, I don't want to be a burden on anyone and I feel I am hopeless to ever recover from this addiction, and these things that I want to tell you, I am sure that if I told you all of you would reject me:'(
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Re: FEEL THE HUGS!!! Posted by silentbattle - 25 Jul 2010 22:10
No one can know what your fears arebut perhaps the biggest hug of all is when you finally let go of your fears and open upand can see that there are people out there who accept you. And you can finally see that Hashem accepts you, can finally feel that.
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Re: FEEL THE HUGS!!! Posted by 1daat - 28 Jul 2010 04:52

Noahide,

Hashem sends you a hug, I think. Maybe instead of dreading our rejection, I think one could

ask, "What if nobody rejected you". Then what?
I can stand your pain. I can also stand your love.
I can stand your truth. I can also stand your darkness.
How can I be so sure?
because I know pain, and I know love, and I know truth and I know darkness.
Come, talk to us. Maybe you could stand our love.
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Re: FEEL THE HUGS!!! Posted by frumfiend - 22 Sep 2010 11:28
My kabala for Yom Kipur. Write down at least one story a week. Please be tovea me.
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