

FEEL THE HUGS!!!

Posted by jerusalemsexaddict - 21 Sep 2009 18:08

Possibly flakiest thread in GYE's history.....

Listen,life is scary.

All of us have a lack of trust.

In the world.

In Hashem.

In ourselves.

That's why this thread is gonna change all that.

Hashem runs the world.

I know what you're all saying....

"O man.Another bitachon shmuz!"

NO!

This is the HASHEM LOVES US corner!!

Here we will come each day and share or at least acknowledge one hug that Hashem gave us that day.

And when we all feel ready,we can move up to two.

And three.

And a million.

Could be big hugs.

Small hugs.

Fat hugs.

Thin hugs.

They're all good.

The point is to just spot it and feel it!!

This is a big step in our recovery chevra!!

Who's in?

-uri

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Re: FEEL THE HUGS!!!

Posted by nishmas - 17 Dec 2009 21:53

[guardureyes wrote on 17 Dec 2009 20:00:](#)

Steve, Beautiful!

Nishmas, you're right... But it doesn't have that much to do with "addiction" per se... more like just general chizuk.

Guard,

I hear what you are saying. However, what I was thinking, was that something like this can be a motivator in times of slipping and falling. At those times, when a person has in mind that he is being misgaber in the zchus of someone's neshama or in the z'chus of a refuah shelaimah for someone else, it can give them the extra chizuk needed in hard times and motivate them in order not to fall.

At those times, they might give in more easily to the Yetzer Harah when thinking of themselves, but when they are thinking of someone they know who is very sick, or in much pain or is suffereing from something or a beloved neshama, that might give them the extra strength and will to overcome the Y"H.

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Re: FEEL THE HUGS!!!

Posted by lamed vavnik - 18 Dec 2009 12:34

a hug?

my kids are healthy . my wife is healthy . i am (more or less) healthy . i worked like a dog today (what else is new) ,and i didn't get angry at my kids . we all helped and did our jobs together . things running normally is a big thing to be grateful for .

but i went out with the family yesterday on a trip and my shmiras eynayim was shot to gehinnom . i kept my cool though and practiced closing my eyes on the bus and appreciating my ears . it was actually fun i heard many more things w/ my eyes closed and it gave them a break from the nisyoinos . thank you H' for giving me eye lids and giving me ears.

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Re: FEEL THE HUGS!!!

Posted by Steve - 18 Dec 2009 18:12

WELL, LV you've finally got the nack of it.

That was a fantastic post. Thank you!!!

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Re: FEEL THE HUGS!!!

Posted by lamed vavnik - 21 Dec 2009 06:28

i had a nice shabbos , though i was sick, it was relaxed and no pressure to go out and learn all of shas by mincha . we went for a small walk and we saw on the mountain side three deer (or ibex, ybex? eyebex? gazelles?) walking together. we watched them for a long while . it was really special . i feel privileged to have had that experience of H's private world untouched still a bit like it was , once upon a time . we run around so much trying to make a living and get a life . at least on shabbos we should appreciate the life we're working for . even in ruchnius, there can be so much running

(or deer? ???)

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Re: FEEL THE HUGS!!!

Posted by imtrying25 - 21 Dec 2009 13:46

One thing ive learned in my short span here in this wordly place; The more we hug Hashem the
And your doing a pretty good job at it LV. Keep up the hugs. I look
forward to read them every day since your kabbalah.

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Re: FEEL THE HUGS!!!

Posted by 7yipol - 21 Dec 2009 15:09

thanx H* for letting me stop and smell the roses!

I was running around Geulah this morning and stopped off to say hi to my son in his store.

He gave me a huge smile and told me I had made his day by visiting!

Now how many moms get to hear *that* from their kids??!! ;D ;D ;D

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Re: FEEL THE HUGS!!!

Posted by lamed vavnik - 21 Dec 2009 20:20

that was nice 7 .

nothing big today . didn't want to ogle women so i decided to focus on the fact that i can walk .
i noticed how easily i did it . without even thinking or trying my legs just went by themselves .
smooth , steady , poetry in motion . well i'm grateful i have them to get me around . cheaper
than the bus. i have a relative who limps and a rebbe with a disease that affects his muscles
and i know a guy who got his legs blown off .

it's just that simple. they work . a gift . thank you.

~~Hope your day went well Uri!!~~

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Re: FEEL THE HUGS!!!

Posted by letakain - 21 Dec 2009 20:22

i was SO super scared to ask my boss to take off AGAIN after just taking off 2 weeks for my
wedding

but she was SOOOOOOOO NICE about it!!!

i love you, Hashem!!!!!! ;D ;D ;D

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Re: FEEL THE HUGS!!!

Posted by jerusalemsexaddict - 21 Dec 2009 21:43

Thank you Hashem for giving me the strength and will to put on tefillin today and say birchos hashachar!

Thank you Hashem for sending mom to visit me in my store!

Thank you Hashem for giving me the strength and will to learn a little today!

Thank you Hashem for sending it25 to visit me and cheer me up!

Thank you Hashem for giving me the chance to speak to a tzaddik who helped me understand Your ways better!

Thank you Hashem for placing the idea suddenly into it25's head that he needs to buy poppers a shnitzel sandwich and share them with somebody!
What a day

Thank you Hashem for helping me understand my tafkid and life better today!

Thank you Hashem for your patience with me!

Thank you Hashem for placing that funny sign outside my store in hebrewenglish that had me laughing for half an hour!

Thank you Hashem for brooklyn bakery cupcakes!

Thank you Hashem for sending that pretty woman out of store half a minute after she came in!

Thank you Hashem for having that guy on the bus that had two extra shekel to lend me!

Thank you Hashem for giving me such amazing friends to hold me up!

Thank you Hashem for whipped cream!

Thank you Hashem for chulent!

Thank you Hashem for chummus!

Thank you Hashem for coca cola!

I would write more but my hands are getting tired (the rest of my body already fell asleep).

-uri

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Re: FEEL THE HUGS!!!

Posted by imtrying25 - 21 Dec 2009 22:07

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Layla tov all

Re: FEEL THE HUGS!!!

Posted by Steve - 21 Dec 2009 22:56

I feel hugged cause I got to read Uri's post.

Keep it up, Uri. Everyone here loves you.

Can you send me a link so I can hear your music? Then I'll be hugged LOUDER!!

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Re: FEEL THE HUGS!!!

Thank you hashem for sending us Uri back.

Posted by imtrying25 - 21 Dec 2009 22:57

Its on his thread Uris songs.

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Re: FEEL THE HUGS!!!

Posted by Steve - 21 Dec 2009 23:05

it's a loong thread.....

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Re: FEEL THE HUGS!!!

Posted by imtrying25 - 21 Dec 2009 23:07

[Steve wrote on 21 Dec 2009 23:05:](#)

it's a loong thread.....

Your probaly referring to his Where im at thread. The song one isnt so long. Ill try and get you a link.

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