

Tehillim/Daven for me!!

Posted by jerusalemsexaddict - 06 Sep 2009 01:20

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Ok so a couple of things.

First of all,I think we should all accept to say a perek of tehillim at least every day for the GYE family.

Many of us have a list of the people who frequent the forum and that is great,but whoever does not just try also to say just one perek a day for the family.

I further think that it would be great if we'd say the same perek together.It would really unify us and remind us that **we are not alone**

Sunday, the 17th of elul,september 6th we will be saying the first mizmor "Ashrei Haish".

That is the first thing.

The second thing is that people who are going through a tough nisayon that day can request that we daven for them special and I think that will give us an extra boost as we feel that everyone is really behind us.

This is different from the "Im about to fall" thread.this is more like im going through a very tough nisayon/time.please daven for me!

So that's the second purpose of this thread.

Sound good?

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Re: Tehillim/Daven for me!!

Posted by Sturggle - 15 Oct 2009 09:42

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[7Up wrote on 15 Oct 2009 09:32:](#)

[guardureyes wrote on 15 Oct 2009 08:04:](#)

Sturggle, I really like that line in your sig: "Hashem made me and He does not make junk." ;D  
;D

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Re: Tehillim/Daven for me!!  
Posted by 7yipol - 15 Oct 2009 10:17

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Me 2  
[sturggle wrote on 15 Oct 2009 09:42:](#)

[7Up wrote on 15 Oct 2009 09:32:](#)

[guardureyes wrote on 15 Oct 2009 08:04:](#)

was waiting for that...

Sturggle, I really like that line in your sig: "Hashem made me and He does not make junk." ;D  
;D

Me 2

Predictable; thats me!

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Re: Tehillim/Daven for me!!

Posted by Sturggle - 15 Oct 2009 10:19  
was waiting for that...

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really? that defines you?

hmm...

not what I would say.

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Re: Tehillim/Daven for me!!

Posted by 7yipol - 15 Oct 2009 10:32

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[sturggle wrote on 15 Oct 2009 10:19:](#)

really? that defines you?

hmm...

not what I would say.

its good to keep the kids on their toes!

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Re: Tehillim/Daven for me!!

Posted by the.guard - 15 Oct 2009 12:26

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Where's Me3 when we need him?

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Re: Tehillim/Daven for me!!

Posted by Sturggle - 15 Oct 2009 12:30

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lol,

i think with all the laughs here,

it's time for the perek of ??

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Re: Tehillim/Daven for me!!

Posted by jerusalemsexaddict - 15 Oct 2009 13:59

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Today, The 5th day of Shabbos, October 15th, 27th of Tishrei, we will be reciting perek is Lamed

Ches (39)-Lamnatzeach L'Yedusun.

To be honest, when I first read this kapitel, I was lost.

What on earth?

I decided that I would just have to post that I have no idea what this perek is telling us, and wait to see if B would have pshat.

Then I decided to just see if I could find anything in the Mikros Gedolos.

What I found there has the potential to change all of our lives.

The whole perek talks about pain and inner confusion and such.

And then Dovid says a cryptic line:

“?? ????? ????? ??,?? ?? ??????”

The reason I write this line in Hebrew is because the word “tzelem” can mean several things.

Rashi interprets it as “darkness” as in ?????.

So man walks in darkness.

Okay.

But the Malbim says that Dovid is referring to our image being the likeness of Hashem.

And he says the most beautiful yesod.

So deep.

Listen closely.

There are two parts to man.

His physical body. And his neshama hakedosha.

His physical body is like everything else in nature. It follows the “laws of nature” and is like the rest of creation for the most part.

But the neshama is an actual piece of Hashem.

And therefore it has the koach to create anew.

The neshama has the ability to create a new body.

Our neshama is like Hashem. And our body is our creation.

Let me explain more clearly.

As we all know, our neshama has an intense desire to serve Hakadosh Boruch Hu and connect to Him.

Our body is okay with that, but if left alone, it will naturally drift to whatever it is that gives it chiyus.

Unfortunately, some times our neshama is blocked from expressing it's true desires.

Because our neshama is directly connected to our deepest emotions.

And we are scared to open them up for whatever reason.

But our body feels this intense energy, and just lets out any way it can.

But if we could build that security, and just open up our neshomas, then our bodies will become vehicles, a creation if you will, of our neshomas.

Our body is subservient to our soul.

But only if our soul takes command.

That's what Dovid is saying.

“Go in the image of Hashem. Let your soul create your body.

Because if you don't, then ‘your body will get confused in all the vanities of the world’ because of it's desire to express what's going on inside.”

And this is our confusion in life.

“And now, what do I hope for, Hashem? My longing is for You.”

I don't think that our body battles our neshama.

If we are confident in our neshama, the body will fall into place.

After all, it is ours to mold and create.

I may be way off here ?

Let me know what you think.

-uri

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Re: Tehillim/Daven for me!!

Posted by the.guard - 15 Oct 2009 14:32

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**Touch?!**

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Re: Tehillim/Daven for me!!

Posted by Sturggle - 17 Oct 2009 23:03

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ok, im not about to fall, right now,

im post facto...

i think i could use some tefillos, though,

i think thats what this thread is about

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Re: Tehillim/Daven for me!!

Posted by 7yipol - 18 Oct 2009 05:18

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Davening Sturggle, davening.

Hang in there,

G-d made you and He doesnt make junk!

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Re: Tehillim/Daven for me!!

Posted by letakain - 19 Oct 2009 18:58

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going to say the tehillim right now and having you in mind sturggle! keep trukin!

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Re: Tehillim/Daven for me!!

Posted by Kedusha - 22 Oct 2009 18:51

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Uri . . .



We miss you!!!

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Re: Tehillim/Daven for me!!

Posted by 7yipol - 23 Oct 2009 08:36

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Sorry I haven't posted in a while.I was busy being depressed,living life,acting out,etc...

Today,Thursday,October 22nd,a couple days into Cheshvan,we will be saying perek  
46-Lamnatayach Livnei Korach

Gevaldig!!

"Hashem is for us a refuge!"

"Hashem is for us strength!"

"A help in distress!"

"Very accessible."

Those are Dovid's exact words.

This is Hashem's world.

Dovid is trying hard to get this point across to us.

Hashem is here for us.

Hashem loves us.

Hashem protects us,and always will.

The son of a king feels safe in his father's palace.

I told someone this moshol today, and I think it is brilliant (if I do say so myself).

Remember when you were a kid, and you were at the beach and the tide was in, and the waves were coming in periodically like stampedes?

Remember that feeling of fear?

But when your parent joined you out there, the fear suddenly left you.

You didn't have to worry about when the next wave would come so you could "be prepared".

We still live with that fear.

We cannot "just live" because we're always on guard to "protect ourselves" from that huge wave.

Fear no more.

Hashem is with us, and NO WAVE WILL TAKE US DOWN!

Let Hashem take care of the waves.

Let us live our life.

"Hashem is our strength....Therefore, have no fear"

This is it, my friends.

Let go..

And let G-d.

I love you all so much

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Re: Tehillim/Daven for me!!

Posted by 7yipol - 23 Oct 2009 09:40

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*Um, mom? It might help to say that this is Uri's post... I was kind of wondering what you were doing inside the circle of chassidishe bochurim....*

Wednesday night,the last night of chol hamoed,the last night of simchas beis hashoevas.

The streets of mea shearim were packed with excited bochurim of all shapes and colors.

I was in a few Shul's that night.

But, in my mind, nothing compared to the Breslov Shul.

The second I walked in,i was absorbed into the tremendous energy that permeated every corner of that beautiful bais medrash.

Chassidish bochurim were dancing like madmen, peyos swinging like there's no tommorow.

The older chassidim were dancing in the middle with this look of ecstasy on their faces.

Every time the circle stepped in the room shook.

The intensity of the yidden there was clearly visible.

And the music....

A beautiful melody with violin and guitar and keyboard had me lost immediately.

I joined the dancing,closed my eyes, and rode the wave of love in the room.

After a while of dancing, I stepped back,feeling better than I had in so long,and wondered:

What is this passion?Where is it coming from?

I have rarely, if ever, seen this amount of energy and passion in anybody.

What is it?

## Perek 47 of Tehillim

"All you nations, join hands - sound the shofar to Hashem with a cry of joy!"

"Make music for Hashem, make music, make music for our King, make music!"

"For G-d is King of all the earth, make music, O enlightened ones!"

"He shall lead nations under us and kingdoms beneath our feet. He will choose our heritage for us, the pride of Yackov that He loves, forever!"

Keep in mind that this follows perek 46, which is all about Hashem being our fortress and our security.

I have written this in relation to Succos before.

Succos to me is a reminder that we live in Hashem's shelter all year round.

That's why Succos is such a happy holiday.

Because we understand that there is nothing to be afraid of in this world.

We don't need to be on guard.

Just relax.

Let G-d do His thing.

He loves us and is more protective and watchful of us than any parent could ever be.

He will not let anything hurt us.

And that, my friends, explains the vast amount of love filling the room that night.

We were secure in Hashem.

We were secure in us being a nation united.

We were secure in love.

And we let go.

And the love, that love that we are always scared of just letting come out, came poring out in waves.

When we are insecure, we shut down our emotions.

That includes fear,anxiety,sadness.

But it also includes love,happiness,comfort,serenity.

Is it worth it?

Why shut down?

Nothing to fear.

G-d is here!

-uri

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