

Short And Easy Tips To Enhance Our Davening

Posted by Shteeble - 25 Nov 2010 02:18

This thread is open to the gye public.

Please post your ideas for easy ways to enhance davening.

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Re: Short And Easy Tips To Enhance Our Davening

Posted by Shteeble - 25 Nov 2010 02:22

Not to look around to see all the different people in shul. I used to look around a lot. When you look around and see people your focus becomes "How do I look in the eyes of the people here."

Without looking around, I forget that other people are in the room, and it's easier to focus on talking to H'.

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Re: Short And Easy Tips To Enhance Our Davening

Posted by Shteeble - 25 Nov 2010 02:25

During each kaddish try to focus on the words of at least one of the sentences.... i.e. yisgadai, l'eylah, yehei shlomo rabbah, etc....

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Re: Short And Easy Tips To Enhance Our Davening

Posted by Shteeble - 25 Nov 2010 02:26

During chazoras hashatz, point to the place and focus on the meaning of the words for at least one brocha.

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Re: Short And Easy Tips To Enhance Our Davening

Posted by Shteeble - 25 Nov 2010 02:27

During krias hatorah, point to the place and concentrate on the meaning of the words for at least one possuk in each aliyah.

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Re: Short And Easy Tips To Enhance Our Davening

Posted by Shteeble - 25 Nov 2010 02:30

Once for each tefillah (shachris, mincha, maariv) say to yourself "I am preparing myself to stand before The Kudsha Breech Hu".

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Re: Short And Easy Tips To Enhance Our Davening

Posted by mnman415 - 25 Nov 2010 04:10

if possible, try to learn some of pesukai dezimra with a meforesh.

in shiur we do that. i happen to think that the 1st haleluka is a good one to start with

i learned it the 1st time with the malbim

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Re: Short And Easy Tips To Enhance Our Davening

Posted by Yesod Tzadik - 26 Dec 2010 17:02

[HashemsSoldier wrote on 25 Nov 2010 04:10:](#)

if possible, try to learn some of pesukai dezimra with a meforesh.

in shiur we do that. i happen to think that the 1st haleluka is a good one to start with

Reb Binyomin Rabinovitz ztz"l advised to learn one kapittel or brocho a week. But he said only one per week not more, otherwise you will get to quickly tired.

[world wrote on 25 Nov 2010 02:22:](#)

Not to look around to see all the different people in shul.

Rebe Reb Elimelch of Lizensk is writing that in Hanhogas ho'Odom (or maybe Tzetel Koton)

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Re: Short And Easy Tips To Enhance Our Davening
Posted by Yesod Tzadik - 26 Dec 2010 17:20

[world wrote on 25 Nov 2010 02:22:](#)

When you look around and see people your focus becomes "How do I look in the eyes of the people here."

Without looking around, I forget that other people are in the room, and it's easier to focus on talking to H'.

Heard once a pshat on the possuk in Vayigash 45,1 " veloy yochol yosef lehisapek lechol anitsovim olov vayikro, hotziu kol ish meoloyi"

When a person wants to daven with a bren, but he is surrounded with allot of people and he is either shy or does not want to show off, then he should say to him self, "hotziu kol ish meoloyi" take out all those people from within me (not melefono) and just forget about those other people.

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