

Tips on how to enjoy learning torah - the thread.

Posted by Shteeble - 17 Aug 2010 13:38

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Torah Tavlin.

Some people find it easier to go sit down and learn than others.

I heard from a chashuva rav that the amount of time that a person spends learning torah is not dependant on how much time he has, but rather on how much he develops a love for learning.

It would be great if we could start a THREAD here for tips on how to enjoy learning.

I think the benefits are obvious. Everyone probably has unique ideas if they just think about it a little bit.

Please feel free to post any ideas. :D :D :D

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Re: Tips on how to enjoy learning torah - the thread.

Posted by OivedElokim - 30 Nov 2020 05:36

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Can we get this up and running again?

If anybody has ideas please share

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Re: Tips on how to enjoy learning torah - the thread.

Posted by YeshivaGuy - 30 Nov 2020 05:52

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Here's some haaros:

1. Take a daf/rashi/tosfos and get it 100% clear. Personally, I don't write down all of Shiur in Yeshiva. I choose parts of it which I work on with ameilus and get it 100% clear.
2. Part of 1.- write it out step by step the hava aminos, hanachos etc.
3. RETZIFUS!! It's key. It's not geshmak everyday, but consistent ameilus eventually leads to geshmak.
4. Daven for a min/few min before a seder that HaShem should open your heart to the Torah.
5. Before learning, contemplate the tachlis of Limud Hatorah. You can check Tanya or Nefesh Hachaim Shaar Daled (I find Nefesh Hachayim easier). And then do #4.
6. R Aharon Kotler asks: "The Torah is ?????? ????? so why do we ask HaShem to make the Torah sweet (????? ??...)- Honey is sweet no matter what! So should be the same here?!"

He answers: the Torah is sweet but if ur tastebuds are burnt, you won't taste it.

, lechora through mussar/chasidus/doing 5/  
focusing on Yiras Shamayim.

7. Just to reiterate. Torah is the Ratzon HaShem. Limud Hatorah is being mevatel our Ratzon to the Ratzon HaElyon. ????? ?????? ???- when we learn we are mamash encountering the Ribono Shel Olam and nullifying our entire Self before HIM...

Contemplate this. And daven for this.

Daven to HaShem to be zoche to be mevatel yourself to the Ratzon HaElyon.

Hatzlocha!

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Re: Tips on how to enjoy learning torah - the thread.  
Posted by wilnevergiveup - 30 Nov 2020 08:16

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How do we fix our tastebuds? Good question.  
Rav Dessler writes (*Mabat Haemes*/The Truth Perspective) that when learning our goal should be to seek the underlying truth. Torah is *emes* and learning gemara as well as *mussar* trains us how to uncover the *emes* in all areas of life. This only works when it's more important for you to

have the true pshat in the gemarah than it is for you to be the one who said it.

I find that learning that doesn't bring any clarity i.e. learning that doesn't bring me to the *emes* is torture. When the focus is on arriving at the truth, it doesn't make a difference what you are learning when you have real clarity it's geshmak and when you don't, it's brutal.

I think the main way to get there is to make it your mission to be committed 100% to finding the truth in your learning. No *negios* or *kavod*, then you will be learning Hashem's Torah.

Another thing that was mentioned is that it's impossible to learn if we get distracted easily. Next time you sit to learn (I only know this because I do this all day...) see how long it takes for your mind to wander. If you can focus for more than 90 seconds, you are above average. Paying attention for extended periods of time is another game breaker in understanding and having clarity when learning gemara.

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Re: Tips on how to enjoy learning torah - the thread.  
Posted by dryharbor23 - 01 Dec 2020 23:59

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I learn a lot from shiurim and I can often find interesting shiurim on torah anytime or you torah or even Spotify. I find there are so many interesting topics, also its a good way to pass time while driving or even while exercising

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Re: Tips on how to enjoy learning torah - the thread.  
Posted by bright - 16 Aug 2023 17:25

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6. R Aharon Kotler asks: "The Torah is ?????? ????? so why do was ask HaShem to make the Torah sweet (????? ??...)- Honey is sweet no matter what! So should be the same here?!"

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How do we fix our tastebuds? Good question.

We are coming up to the famous Ohr Hachaim "If people would feel the mesikus and sweetness of Torah they would go crazy". I believe most people I know dont go crazy over Torah. To feel Honua Ruchniyus we have to be on a certain madreiga as we are in gashmiyusdik bodies. Think the famous test from the gaon to say the first pasuk in divrei hayamim for hours, and increase the level of enjoyment! Doesnt mean that C'V there is something wrong with us. What most people refer to as learning enjoyment is generally an intellectual pleasure or the rare taste of honua ruchniyus we taste after intense ameilus or sometimes as a rare gift from Hashem. Of course the intellectual pleasure is important and part and parcel of learning see iglei tal in hakdoma vchulu, but it is not a meakev. Some people, due to disposition or previous experiences may not enjoy it. But in my humble opinion that too is part of ameilus batorah! Of course there are many ways to increase the pleasure in learning, some have been mentioned before. But I can tell you personally that as a bachur I tried all of them and more and they did not help me, (some helped my friends) but BH I am still learning and now BH I am enjoying for the most part. I found that Davening before learning and having Bitachon that I will have a successful seder helped in recent months. Hatzlacha everyone!

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