

Free Recovery Email Course

Posted by feedtherightwolf - 16 Jul 2010 18:24

Hello everybody,

I just wanted to let everybody know that I started a free recovery email based course on my blog at www.feedtherightwolf.org for which you can sign up by submitting your email on the right side of my site.

In this course I talk about some of the things that I learned in recovery, such as the addictive cycle, and how our subconscious brains work and control our behavior.

I am not orthodox (although I am very spiritual), but I do think that my material is 100% kosher. I don't use any provocative images or language. I just simply share what has worked for me.

If you enjoyed my recent video "how to stop porn addiction" www.feedtherightwolf.org/2010/05/erp-break-out-of-your-addictive-cycle.html , which was even mentioned in guardyoureyes daily emails, chances are you might like this course as well.

Best of luck to you, and let me know what you think.

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