

The Friend Strategy

Posted by Ezra512 - 17 May 2009 05:23

I wanted to mention an additional geder that I have been using that I know has been very effective. I spoke to a close friend of mine, who doesn't know of my condition, that I in general wanted to be makpid on shmiras einayim and wanted to update him on my progress.(I also update him on the other issurim without telling him what they are, but on that point I feel this website is better as I have tried this in the past and it hasn't been so effective). I found it possible to request in such a way that it seems that I am fine in this middah and merely wanted to be mechazek himself, without having to reveal my true intentions. I find this gives a little more Aimas HaDin then one might get from here where no one knows who you are. I only have tried it when I realized I needed to take drastic steps.

Ezra

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Re: The Friend Strategy

Posted by the.guard - 17 May 2009 13:08

Kol Hakavod!

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