

Rabbi Yaron Reuven Speeches

Posted by Larry Bird - 06 Apr 2022 20:29

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Hi, does anyone listen to Rabbi Yaron Reuven speeches, to help fight urges. I've found them to be very fear oriented, about the deepest depths of gehinnom and things of that nature. Personally fear doesn't keep me away from porn.

ive had more success interacting here, and with my accountability partner. What are your thoughts?

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Re: Rabbi Yaron Reuven Speeches

Posted by sleepy - 22 May 2022 19:28

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[Nitzachon wrote on 22 May 2022 19:25:](#)

[sleepy wrote on 22 May 2022 18:29:](#)

for people who are really addicts, i have nothing to comment on, thats out of my league . but im not convinced that someone who cant stop is necesarily an addict.it could also mean that he has something called the yetzer hara . take a yeshiva bachur who misses davening , why didnt you come to shacharis? i couldnt get out of bed, does that mean he is addicted to his bed?no it means his yetzer hara was forcing him to stay in bed.the same boy if he has an early morning trip, watch how he flys out of bed cvasikin! ive seen it with my own eyes! whats the difference? Ratzon. for shacharis he had no ratzon, so he couldnt get out of bed, for a trip he had ratzon and he got out kihisgaber kari! so by this thing that people mistakenly say its addiction(not the real addicts ,mind you) what do they first say before they admit addiction,?im not addicted, i can stop whenever i want, i just dont wantwhen they admit addiction what are they saying ?something is wrong with me , i cant stop even if i want.HELP! whats the falacy in that? of course you cant stop.why because even if you say you want,you dont really want. whats the trick develop amore geshmacker want like kosher kavod or misikas haTorah , then youll see that by not seperating from p&m you cant get that want then youll really want and get out bezras Hashem

bh

what i mean is what you described. you can't stop even if you want to. (which is 1 one of the 4 major signs of addiction, losing control, anyone here relate to losing control over their seeing p in the past)

whether its clinically an addiction or not I'm not qualified to say.

bichlal, "addicted" can lichorah be a very subtle and nuanced conversation. (theres, "on the **spectrum**," there's "**almost** on the spectrum" etc etc.)

there are people that quit being chain smokers for years just with ratzon.

point is usually you need a lot more than a simple decision to stop.

seems we all agree that some guy who has the name rabbi and has a mic and tells people to just stop or youd better stop or else doesn't help

good points

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Re: Rabbi Yaron Reuven Speeches  
Posted by sleepy - 22 May 2022 19:30

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[bego wrote on 08 Apr 2022 10:09:](#)

[gettingthere9 wrote on 08 Apr 2022 01:09:](#)

[Larry Bird wrote on 06 Apr 2022 20:29:](#)

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It's funny you mention this. When I first heard his stuff I was so disturbed, I was going to email him. But I thought, hey maybe it helps others...

We all know how bad it is.

We need tools and support.

He is also very very black and white.

(Also, he says things that to me have no practical understanding. For example, if I remember correctly, he says that for the first 40 days the *kelipos* hold you down and therefor after 40 days the whole thing gets much easier... I never noticed anything different by the 40 day mark... )

Thanx for validating my feelings

Never heard the guy and have no desire to from what you've said. not everyone with the title Rabbi and access to a microphone needs to be listened to... (apologies to Reb Yisroel Salanter for borrowing his line).

nice,where did R' Yisroel say this?

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Re: Rabbi Yaron Reuven Speeches  
Posted by Hashem Help Me - 25 May 2022 10:50

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Addiction is a clinical term that needs to be diagnosed by someone in the know. Many people present with addictive behaviors, but are not clinically addicts - and the treatment mehalech is different. When i found GYE, i was convinced i was an addict, and actually met with a potentiial SA sponsor. However i called Dov, and after a bit of speaking he told me, "You are not an addict; you have a bad case of yetzer hara. Get to work." And as they say, the rest is history....

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Re: Rabbi Yaron Reuven Speeches

Posted by MenachemGYE - 25 May 2022 12:17

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To add to this discussion: the 12-steps has a certain definition of "addiction," and professionals who refer people to the 12 steps have that definition in mind when they diagnose a person as an addict. However, that definition matters mostly to someone who wants to join the 12-steps.

As far as official definitions, the closest criteria there is right now is one created by the World Health Organization for what they call "Compulsive sexual behavior disorder", and it includes 4 conditions that must **all** be met:

- 1) A persistent pattern of failure to control intense, repetitive sexual impulses or urges resulting in repetitive sexual behavior, manifested in one or more of the following:
  - Engaging in repetitive sexual behavior has become a central focus of the individual's life to the point of neglecting health and personal care or other interests, activities and responsibilities.
  - The individual has made numerous unsuccessful efforts to control or significantly reduce repetitive sexual behavior.
  - The individual continues to engage in repetitive sexual behavior despite adverse consequences (e.g., marital conflict due to sexual behavior, financial or legal consequences, negative impact on health).
  - The person continues to engage in repetitive sexual behavior even when the individual derives little or no satisfaction from it.
- 2) The pattern of failure to control intense, repetitive sexual impulses or urges and resulting repetitive sexual behavior is manifested over an extended period of time (e.g., 6 months or more).
- 3) The pattern of failure to control intense, repetitive sexual impulses or urges and resulting repetitive sexual behavior is not better accounted for by another mental disorder (e.g., Manic Episode) or other medical condition and is not due to the effects of a substance or medication.
- 4) The pattern of repetitive sexual behavior results in marked distress or significant impairment in personal, family, social, educational, occupational, or other important areas of functioning. **Distress that is entirely related to moral judgments and disapproval about sexual impulses, urges, or behaviors is not sufficient to meet this requirement.**

Here are some other details:

## Additional Clinical Features

- Compulsive Sexual Behaviour Disorder may be expressed in a variety of behaviors, including sexual behavior with others, masturbation, use of pornography, cybersex (internet sex), telephone sex, and other forms of repetitive sexual behavior.
- Individuals with Compulsive Sexual Behaviour Disorder often engage in sexual behavior in response to feelings of depression, anxiety, boredom, loneliness, or other negative affective states. Although not diagnostically determinative, consideration of the relationship between emotional and behavioral cues and sexual behavior may be an important aspect of treatment planning.
- Individuals who make religious or moral judgments about their own sexual behavior or view it with disapproval, or who are concerned about the judgments and disapproval of others or about other potential consequences of their sexual behavior, may describe themselves as 'sex addicts' or describe their sexual behavior as 'compulsive' or using similar terms. In such cases, it is important to examine carefully whether such perceptions are only a result of internal or external judgments or potential consequences or whether there is evidence that impaired control over sexual impulses, urges, or behaviors and the other diagnostic requirements of Compulsive Sexual Behaviour Disorder are actually present.

## Boundaries with Normality (Threshold)

- There is wide variation in the nature and frequency of individuals' sexual thoughts, fantasies, impulses and behaviors. This diagnosis is only appropriate when the individual experiences intense, repetitive sexual impulses or urges that are experienced as irresistible or uncontrollable, leading to repetitive sexual behavior, and the pattern of repetitive sexual behavior results in marked distress or significant impairment in personal, family, social, educational, occupational, or other important areas of functioning. Individuals with high levels of sexual interest and behavior (e.g., due to a high sex drive) who do not exhibit impaired control over their sexual behavior and significant distress or impairment in functioning should not be diagnosed with Compulsive Sexual Behaviour Disorder. **The diagnosis should also not be assigned to describe high levels of sexual interest and behavior (e.g., masturbation) that are common among adolescents, even when this is associated with distress.**
- Compulsive Sexual Behaviour Disorder should not be diagnosed based on distress related to moral judgments and disapproval about sexual impulses, urges, or behaviors that would otherwise not be considered to be indicative of psychopathology (e.g., a religious young man who believes that he should never masturbate; a person who is distressed about his homosexual attraction or behavior). Similarly, Compulsive Sexual Behaviour Disorder cannot be diagnosed based solely on distress related to real or

feared social disapproval of sexual impulses or behaviors.

- Compulsive Sexual Behaviour Disorder should not be diagnosed based solely on relatively brief periods (e.g., up to several months) of increased sexual impulses, urges, and behaviors during transitions to contexts that involve increased availability of sexual outlets that previously did not exist (e.g., moving to a new city, a change in relationship status).

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Re: Rabbi Yaron Reuven Speeches

Posted by DiamondWithAFlaw - 09 Jun 2022 15:24

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[Larry Bird wrote on 06 Apr 2022 20:29:](#)

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Larry,

I have listened to many of his shiurim and while I agree that it is not very helpful for us addicts, I will say 2 things:

1 - if you have not watched his video about how he became frum, I suggest you do so. It is incredibly inspiring and unbelievably fascinating (in my opinion) and it gives a whole new prospective on his mehalech.

2 - my father was a sexaholic for a long time. He is now is his low 70's and for the last 8 years he has been bedridden and has been suffering tremendous yesurim. He is now in the hospital for a while in a horrible situation and much pain. His body is breaking down. When I look at his pityfull situation I can't help but think of R' Yaron's shiurim because he talks about this happening quite a bit.

Why not take it with a grain of salt? Just saying... Take it or leave it. I don't disagree with what others have said here.

Hatzlocha,

-Diamond

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Re: Rabbi Yaron Reuven Speeches  
Posted by Larry Bird - 09 Jun 2022 15:35

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Right. It's a great story. And it happens to be his shiurim about all the scary things that will happen to you did frighten me, but it still wasn't a tool to stop watching p\*\*\*. Instead it woke me up that I need to find a way to stop it.

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Re: Rabbi Yaron Reuven Speeches  
Posted by sleepy - 09 Jun 2022 19:07

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if thats so, then i definitely give a thumbs up to his shiurim! a klenekiet that he wakes people up to want to change their ways in lust?! i know some people here who are very happy porning away! and they are members of gye!

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Re: Rabbi Yaron Reuven Speeches  
Posted by DiamondWithAFlaw - 10 Jun 2022 22:39

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Yeah, I agree with sleepy here. If it "woke you up" then the shiurim have a toe'eles.

Good luck Larry. Let me know if I can be of any help

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Re: Rabbi Yaron Reuven Speeches  
Posted by Larry Bird - 12 Jun 2022 03:51

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just listened to rabbi shafiers diamond with a flaw speech. Mamash moiridik!

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Re: Rabbi Yaron Reuven Speeches  
Posted by DiamondWithAFlaw - 12 Jun 2022 05:13

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... And go Celtics!

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Re: Rabbi Yaron Reuven Speeches  
Posted by DiamondWithAFlaw - 12 Jun 2022 05:14

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**Ha! The cats out of the bag**

Re: Rabbis' and R. Reuven's Speeches  
Posted by TheNextStep - 18 Jun 2022 07:35

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I don't like R. Reuven's approach, and though I can see he's caring at heart, I tend to avoid his content.

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