

Using Google Voice!

Posted by Whatamithinking - 04 Apr 2022 23:23

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Hey - I'm clean for 5 days now (not too long) but definitely would've relapsed already if not for using Google voice.

Google voice is a free app that gives you a free number that you can call and text with. Me and a member here "Larry Bird" have been texting constantly and even spoke a little too keep each other honest.

Having someone to just to load without shame (were in the same boat) with anonymity (the numbers are unassociated with our actual numbers). I find this extremely helpful.

(Tip: in the settings of the app just change the setting that will forward the call to your actual phone. Because if you miss a cal they can hear your actual voice mail.)

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