

Poll about finding GYE

Posted by Avrohom - 27 Mar 2022 05:44

Once Cord's is running polls (on the BB forum) I've been wanting to ask this for a while - and particularly in light of some of the recent arrivals' stories, I'm trying to figure out how aware people outside of GYE are of GYE's existence and ability to help, and how important it is to increase awareness.

If you have found GYE particularly helpful for your struggles after years of struggling- can you share

1) What held you back from being succesful beforehand - were you a)not aware of GYE and/or how it could help or b) you knew about GYE, but you either weren't ready to join, or it didn't help for other reasons.

2) What do you think would help people who aren't aware of GYE, or who don't think it could help them - more exposure? more understanding of what GYE is? more credibility from respected people? other?

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Re: Poll about finding GYE

Posted by bisyata dishmaya - 27 Mar 2022 18:43

We need a lot more advertising. Advertising that doesn't make it seem GYE is just for hardcore addicts. We also need more respected people to praise GYE openly as much as possible. Finally something needs to be done about people struggling with inappropriate stuff not on the internet so their access to GYE is limited besides for the hotline which needs to be advertised in the same manner I mentioned before.

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Re: Poll about finding GYE

Posted by jackthejew - 27 Mar 2022 20:52

[bisyata dishmaya wrote on 27 Mar 2022 18:43:](#)

We need a lot more advertising. Advertising that doesn't make it seem GYE is just for hardcore

addicts. We also need more respected people to praise GYE openly as much as possible. Finally something needs to be done about people struggling with inappropriate stuff not on the internet so their access to GYE is limited besides for the hotline which needs to be advertised in the same manner I mentioned before.

I wholeheartedly agree. I held back from going on GYE for YEARS, because I thought it was only for addicts. I finally joined when I convinced myself I might be an addict, and then basically found out I'm probably not an addict, but that I have a wonderful, accepting, and helpful place in GYE anyways.

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Re: Poll about finding GYE
Posted by Lifelsbliss - 28 Mar 2022 02:09

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Re: Poll about finding GYE
Posted by bisyata dishmaya - 28 Mar 2022 02:39

Signs in all Shuls and Yeshivas and in all the Jewish publications.

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Re: Poll about finding GYE
Posted by Shtarkandemotional - 28 Mar 2022 04:55

[bisyata dishmaya wrote on 28 Mar 2022 02:39:](#)

Signs in all Shuls and Yeshivas and in all the Jewish publications.

Let's start it!!!

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Re: Poll about finding GYE

Posted by Hashem Help Me - 28 Mar 2022 11:33

I wish i could go from shul to shul and yeshiva to yeshiva and speak about GYE openly. Before i knew about GYE, i suffered and struggled in silence. No support, no advice, just yi'ush. Although i knew that the issue was common, it was a fact buried deep in the recesses in my brain, and somehow i thought that good people don't struggle. GYE blasted open to me the fact that 1. I was normal. 2. Loads of good people struggle 3. People actually get out of this mess.

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Re: Poll about finding GYE

Posted by jackthejew - 28 Mar 2022 11:37

[Shtarkandemotional wrote on 28 Mar 2022 04:55:](#)

[bisyata dishmaya wrote on 28 Mar 2022 02:39:](#)

Signs in all Shuls and Yeshivas and in all the Jewish publications.

Let's start it!!!

I'd seen the signs in shuls before, and read articles about GYE. The overriding thing that kept me from joining was the wording that made it seem like it's only for addicts

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Re: Poll about finding GYE

Posted by Vehkam - 28 Mar 2022 12:37

Interesting enough one of the things that kept from joining was that I thought I was way worse

than the guys gye was dealing with and that I was beyond help.

I think the messaging needs to be clear that almost everyone struggles with this on their own level. The tools available here can help everyone and can be applied at whatever level you find yourself.

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Re: Poll about finding GYE

Posted by ChaimMod - 28 Mar 2022 13:39

https://drive.google.com/file/d/1aXhU2JvH2rnTYxEUvAD8eA6sacLH6ay_/view?usp=sharing
"Hashem Help Me" post=379190 date=1648467211 catid=2I wish i could go from shul to shul and yeshiva to yeshiva and speak about GYE openly. Before i knew about GYE, i suffered and struggled in silence. No support, no advice, just yi'ush. Although i knew that the issue was common, it was a fact buried deep in the recesses in my brain, and somehow i thought that good people don't struggle. GYE blasted open to me the fact that 1. I was normal. 2. Loads of good people struggle 3. People actually get out of this mess.

This is such an amazing post, [we modified a flyer](#) based on it...



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Re: Poll about finding GYE

Posted by Markz - 28 Mar 2022 14:45

[ChaimMod wrote on 28 Mar 2022 13:39:](#)

https://drive.google.com/file/d/1aXhU2JvH2rnTYxEUvAD8eA6sacLH6ay_/view?usp=sharing
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Excellent!!

Just realize that outside of gye, people are not used to fake names, so perhaps replace the name "HashemHelpMe" with his real first name, or a pseudoname

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Re: Poll about finding GYE

Posted by ChaimMod - 28 Mar 2022 14:58

[Markz wrote on 28 Mar 2022 14:45:](#)

Excellent!!

Just realize that outside of gye, people are not used to fake names, so perhaps replace the name "HashemHelpMe" with his real first name, or a pseudoname

How about this?

GuardYourEyes Member @HashemHelpMe

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Re: Poll about finding GYE

Posted by Markz - 28 Mar 2022 15:01

That's definitely better

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Re: Poll about finding GYE

Posted by ChaimMod - 28 Mar 2022 15:35

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DROWNING IN THE INTERNET?

CAUGHT IN THE SHMUTZ?

"Guard Your Eyes is the only weapon we have."

- Harav Aharon Feldman D Rabbi Dr. Abraham J. Twerski

Before I knew about GYE, I suffered and struggled in silence. No support, no advice, just y'vash. Although I knew that the issue was common, it was a fact buried deep in the recesses of my brain, and somehow I thought that good people don't struggle.

GYE blasted open to me the fact that:

- 1. I was normal.*
- 2. Loads of good people struggle*
- 3. People actually get out of this mess.*

GuardYourEyes Member @TashemHelpMe



**You are not alone,
we are here for you.**

www.GuardYourEyes.org

Tools for breaking free

E-Mail: help@guardyoureyes.org Hotline: (646) 600-8100

All services are provided free of charge. All anonymous.

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Re: Poll about finding GYE
Posted by Lifelsbliss - 28 Mar 2022 16:36

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