

Exercise Accountability Buddies
Posted by OTR - 13 Mar 2019 15:17

I find that a good workout helps me clear my mind. Is anyone interested in doing an exercise accountability buddy kind of thing? I find that when I diet and exercise with a buddy it works better.

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Re: Exercise Accountability Buddies
Posted by OTR - 28 Mar 2019 15:12

BUeller... bueller? Anyone?... *bump.. (of you get that we are both old)

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Re: Exercise Accountability Buddies
Posted by cordnoy - 28 Mar 2019 17:08

[OTR wrote on 28 Mar 2019 15:12:](#)

BUeller... bueller? Anyone?... *bump.. (of you get that we are both old)

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Re: Exercise Accountability Buddies
Posted by OTR - 28 Mar 2019 18:42

Thank you for confirming. Anyhow. I NEED A WORKOUT BUDDY.. WHO'S UP FOR THE CHALLENGE

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