

Exercise Accountability Buddies

Posted by OTR - 13 Mar 2019 15:17

---

I find that a good workout helps me clear my mind. Is anyone interested in doing an exercise accountability buddy kind of thing? I find that when I diet and exercise with a buddy it works better.

=====

=====

Re: Exercise Accountability Buddies

Posted by OTR - 28 Mar 2019 15:12

---

BUeller... bueller? Anyone?... \*bump.. (of you get that we are both old)

=====

=====

Re: Exercise Accountability Buddies

Posted by cordnoy - 28 Mar 2019 17:08

---

[OTR wrote on 28 Mar 2019 15:12:](#)

BUeller... bueller? Anyone?... \*bump.. (of you get that we are both old)

Ferris?

=====

=====

Re: Exercise Accountability Buddies

Posted by OTR - 28 Mar 2019 18:42

---

Thank you for confirming. Anyhow. I NEED A WORKOUT BUDDY.. WHO'S UP FOR THE CHALLENGE

=====

=====

