

gartel

Posted by doorknob - 23 Jan 2017 16:18

Wear a gartel all day and be confident that god will keep you free of lust all day.

Wearing a gartel is your hishtadlus and god will do the rest.

This is what real emunah is all about.

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Re: gartel

Posted by Markz - 23 Jan 2017 16:21

Actually I was thinking of starting a similar thread and replacing the gartel with singing 'Na Na'

Ill leave it to Gevura

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Re: gartel

Posted by doorknob - 23 Jan 2017 16:36

Try it and if it doesn't work than you can laugh at it .

But to reject it out of hand seems to be narrow minded.

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Re: gartel

Posted by cordnoy - 23 Jan 2017 17:12

Real emunah has nothin' to do with wearing a gartel.

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Re: gartel

Posted by Gevura Shebyesod - 23 Jan 2017 17:15

Try wearing one of these...

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Re: gartel

Posted by doorknob - 23 Jan 2017 17:34

I appreciate your skepticism.

but you need to say something intelligent to dispute me.

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Re: gartel

Posted by Markz - 23 Jan 2017 18:04

Ok here's something intelegent

you wrote

Wearing a gartel is your hishtadlus and god will do the rest.

hishtadlus is by doing productive things

why is wearing a gartel all day hishtadlus. It is not at all

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Re: gartel

Posted by cordnoy - 23 Jan 2017 18:23

[doorknob wrote on 23 Jan 2017 17:34:](#)

I appreciate your skepticism.

but you need to say something intelligent to dispute me.

We don't know who you're talkin' to, but just in case it was me, show us one sefer where it states that wearin' a gartel has anythin' to do with emunah.

Il cannot believe that I am actually engaged in this discussion.

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Re: gartel

Posted by Gevura Shebyesod - 23 Jan 2017 18:38

That's not what he said. he said that wearing a Gartel is Hishtadlus, and that believing that that's all you need to do is Emuna.

I'd like to see a source for that.

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Re: gartel

Posted by doorknob - 23 Jan 2017 23:42

I will answer your question with some questions of my own.

Why put on a gartel during davening?

What is the source for putting on a gartel during davening ?

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Re: gartel

Posted by Markz - 24 Jan 2017 00:40

[doorknob wrote on 23 Jan 2017 23:42:](#)

I will answer your question with some questions of my own.

Why put on a gartel during davening?

What is the source for putting on a gartel during davening ?

I'll ask a different one

Theres a source to take 3 steps during prayer

If someone decided to take 3 steps every hour of the day as hishtadlus can you in all seriousness call that hishtadlus?

Please be honest

hishtadlus by definition is doing something that has proven results, albeit by the grace of Gd

If Gart'lling has helped you or anyone that struggles, to pass 100 days, that can be used as hishtadlus

Until then I don't see a point in your suggestion for someone like me that has some level of addiction.

This is why you idea is being sideswept by a Monstah Wave

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Re: gartel

Posted by doorknob - 24 Jan 2017 01:05

The definition of Hishtadlus is not about something that has proven results !

Hishtadlus is about making an effort and hopefully being successful with god help.

Putting on a gartel by davening is an effort to prevent unclean thoughts from entering your mind during davening

In otherwords the one who puts on a gartel has emunah that the simple act of putting on a gartel will have an effect on the mind during prayer.

There is no way to prove this its just minhag that all observant jews agree with.

Now what i am saying is why stop using a gartel after davening ?

Keep it on all day to have a clean mind all day.

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Re: gartel

Posted by Markz - 24 Jan 2017 01:30

[doorknob wrote on 24 Jan 2017 01:05:](#)

The definition of Hishtadlus is not about something that has proven results !

Hishtadlus is about making an effort and hopefully being successful with god help.

Putting on a gartel by davening is an effort to prevent unclean thoughts from entering your mind during davening

In otherwords the one who puts on a gartel has emunah that the simple act of putting on a

gartel will have an effect on the mind during prayer.

There is no way to prove this its just minhag that all observant jews agree with.

Now what i am saying is why stop using a gartel after davening ?

Keep it on all day to have a clean mind all day.

Man, if that works for you - cool

It doesnt...

Where do I find hilchos gartel you're taking about. I want to see where it says that it can "have an effect on the mind during prayer".

Is this another fantasy?

Oh and hishtadlus is not doing futile efforts

Banging your head against the door the whole day is not hishtadlus for parnassa. Opening the **doorknob** at an employment agency is

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Re: gartel

Posted by doorknob - 24 Jan 2017 01:45

all right I hear you.

I have found a link below to a webpage that will explain the need for a gartel

?www.chabad.org/library/article_cdo/aid/1400563/jewish/Chassidic-Black-Belt.htm

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Re: gartel

Posted by Workingguy - 24 Jan 2017 02:00

[doorknob wrote on 24 Jan 2017 01:45:](#)

all right I hear you.

I have found a link below to a webpage that will explain the need for a gartel

?www.chabad.org/library/article_cdo/aid/1400563/jewish/Chassidic-Black-Belt.htm

I know many people who wear a gartel and act out. Not all day, but also, all the seforim say that a person can't jump to a level of emunah he's not holding. And the seforim say that if it is not at your level of emunah, then it is not hishtadlus. One great Rebbe said that for him, buying a lottery ticket was hishtadlus, but not for his chasidim.

So if people aren't on that level, then even according to you it won't work.

Does it work for you?

And it's silly to say you can't prove me wrong or it's close minded. We have seichel and don't work with emunah tefeila, so we're disagreeing with there likelihood of what you said.

You're right; instead of rejecting it let's just call it "not mistaber".

And you haven't told us that it works either.

Are you trolling?

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