

Cognitive Behavioral Therapy Question

Posted by Fellow - 17 Jan 2017 09:44

---

Does anyone have any good experiences with Cognitive Behavioral Therapy? Any good references for a good therapist in new jersey? thanks

=====  
=====

Re: Cognitive Behavioral Therapy Question

Posted by Chaimel - 18 Jan 2017 04:25

---

I'm all for it and have seen it be successful with hard work

=====  
=====

Re: Cognitive Behavioral Therapy Question

Posted by Hashem Help Me - 18 Jan 2017 05:20

---

CBT works very well for obsessions and many times peoples' struggles with sexual issues reach obsessive levels. For a referral, call Relief at 7184319501

=====  
=====