Eyes are like gates to the soul, so Guard them Posted by anonymous\_14.1 - 20 Jul 2016 10:35

31 Do not look at wine when it is red; when he puts his eye on the cup,

it goes smoothly.

32 Ultimately, it will bite like a serpent, and sting

like a viper.

33 Your eyes will see strange women, and your heart will

speak confusedly.

34 And you shall be like one lying in the midst of the

sea and like one lying at the top of a mast.

35 "They struck me but I did not become ill; they beat me but I did not know it. When will I

awaken? I will continue; I will seek it again."

Some thoughts based on a commentary to Proverbs 23:31-35 from

tora.us.fm

33 Your eyes will see strange women, and your heart will speak

confusedly When a man is intoxicated by wine, his eyes see strange women

and his heart says strange things. (Substitute Immodest Internet for

Strange women ).

These two organs are also mentioned in the Shema:

"and you will not follow after your heart and after your eyes by which

you go astray"

MALBIM points out that this verse speaks opposite the verse: Proverbs

23:26 My son, give me your heart, and let your eyes keep my ways.

Wine stimulates the inner eyes and the heart

I understand that the eyes and the heart are weak to states of

intoxication, light-headedness. They are like the body's main gates to

moral wellness or heaven forbid weakness.

Note that the eyes are affected by intoxication even when they are not

physically seeing anything = the mind's inner eye

34 And you shall be like one lying in the midst of the sea and like one

lying at the top of a mast.

He imagines that he can do impossible things like lie in the heart of

the ocean without drowning, or lie on a flag pole and not fall. RALBAG

35 "They struck me but I did not become ill; they beat me but I did not

know it. When will I awaken? I will continue; I will seek it again."

He forgets all the beatings and punishments that he took in his life,

but this forgetfulness is temporary because when he awakens from his

drunkenness he again remembers. And every time he awakens he asks for

more wine, so that he can be in a world of hallucinations forever.

RALBAG .

Addiction to promo can also cause a person to lose touch with reality.

Promo also delivers beatings and punishments into ones life. One who

insists on living as if his life's beatings mean nothing is making a

great mistake.

Granted that stopping this habit is very difficult, still one should try

his best to stop. I think the best way to quit is: Not to make

impossible resolutions each time you look at immodest internet Not to

impose all types of difficult restrictions (and then not keep them)

But instead: Set aside 2 hours each day, without fail for Torah study in

any capacity that you can. In my opinion, a person that does this will

in the end succeed in breaking this habit, because of the effect the

Torah has on the mind and heart. If you have had it with promo you

should try this!

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