

a religious recoverer

Posted by lavi - 09 Nov 2015 05:37

hello everybody, it's Lavi.

most of you don't know me, and it probably wouldn't help you either.

i was active on gye around a year ago, and since then i only pop in here and there.

my self diagnoses was a mild! addiction to lust and more strong addiction to movies,

i have chatted to a few vip's from this site, who have opened my eyes about the true nature of addiction. nevertheless i am not your typical addict, and it may well be that my problem is only borderline addiction, and in any event , i don't claim to understand a lot of people here.

i am writing to express my own feelings on recovery, which i have b'h made some headway, i had a few months clean, and weeks here and there.

a small disclaimer; i realize what i am going to write will NOT resonate with a lot of people and is possibly against mainstream recovery.

the idea of serenity/stability/recovery, being the most important thing in the world, doesn't work for me. i need it to be a religious issue, or it doesn't matter so much to me. life is only as valueable as my connection with Hashem.

i do however realize the importance of removing undue pressure in recovery, but for me i find it helpful to realize that the more i remove myself from shmutz, the more i can connect to Hashem. which is the ultimate goal for me.

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Re: a religious recoverer

Posted by waydown - 17 Nov 2015 16:12

Moish where do I click on?

And how come th front page only has two locations?

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Re: a religious recoverer

Posted by waydown - 17 Nov 2015 16:14

Thanks Gevura I was able to open your doc. Now I see the huge list.

I still contend that its pretty clear that jewish nieghboorhoods drive a stronger demand. I don't think its just an hypothosis.

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Re: a religious recoverer

Posted by eslaasos - 17 Nov 2015 16:14

[waydown wrote:](#)

Oh and re guilt I'll simply refer you to the link below. But suffice it to say guilt is a good thing not a bad thing.

guardyoureyes.com/the-gye-program/the-30-principles/21-principles-for-the-struggle/item/principle-18?category_id=279

Thank you for the link, it is a good distinction between healthy and unhealthy guilt - which is not to say a blanket statement that guilt is a good thing is what the article says.

I was posting based on my own experience where I was defining myself by the feelings of guilt/shame/yiush which was unproductive.

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Re: a religious recoverer

Posted by Bigmoish - 17 Nov 2015 16:39

[waydown wrote:](#)

Thanks Gevura I was able to open your doc. Now I see the huge list.

I still contend that its pretty clear that jewish nieghboorhoods drive a stronger demand. I don't think its just an hypothosis.

This is ridiculous. It is not even a hypothesis. Facts have been produced. It is sheer nonsense.

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Re: a religious recoverer

Posted by waydown - 17 Nov 2015 16:49

Moish,

Well I am not sure the differnce in all these webpages but the front end of SA. org when clicking o meetings clealry has a strong emphasize on frum nieghboorhoods. Feel free to click on any state in the below link. Why are the front pages so predomiantlly stressing certain neighborhoods.

www.sa.org/top/United%20States%20of%20America/

At this point its heresay. But I think if one was intellectually honest they woud see that SA meetings are in higher demand in frum communties. Thats a good thing not a bad thing.

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Re: a religious recoverer

Posted by Bigmoish - 17 Nov 2015 16:51

Hearsay?

"You keep using that word. I do not think it means what you think it means."

-Inigo Montoya

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Re: a religious recoverer

Posted by waydown - 17 Nov 2015 18:16

Yes mosih hearsay is an I say you say thing with no defintive right or wrong. What I meant is, I can throw you one website and you can thowr me another one. And we are both correct with nothing defintive. Although I certainlyll feel the front page of a website is the ikkur.(In this case the front page has lots of focus on certain neighborhoods.) But again thats I say you say so who says my "feeling" is correct.

But as I say I don't think its an hypthosis to say more diapers are sold in Monroe verse Newburgh. I think its obvious. Does that mean pampers would go out of business without us yiddiliach? No. We are still a very small population compared to the overall population. I think the same is true for SA.

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Re: a religious recoverer

Posted by cordnoy - 17 Nov 2015 18:36

[waydown wrote:](#)

Yes mosih hearsay is an I say you say thing with no defintive right or wrong. What I meant is, I can throw you one website and you can thowr me another one. And we are both correct with nothing defintive. Although I certainlyll feel the front page of a website is the ikkur.(In this case the front page has lots of focus on certain neighborhoods.) But again thats I say you say so who says my "feeling" is correct.

"Hearsay" is information received from other people that one cannot adequately substantiate.

All I did was show the thirty cities or more in New Jersey that have SA meetin's.

that is not hearsay; that's a fact. (and regardin' why one page has two and the other has thirty, I have no idea, and frankly couldn't care less).

What you did was make a conjecture; initially from false information, and now you continue to justify that even when faced with accurate information.

Once again, whatever you were tryin' to prove I have no idea and is not my point at all. And perhaps, it is solid, integral stuff.

My suggestion: start all over again with the truth, and then spin your theory.

b'hatzlachah

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Re: a religious recoverer

Posted by lavi - 17 Nov 2015 19:56

thank you everyone for the above posts

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Re: a religious recoverer

Posted by lavi - 24 Nov 2015 13:58

struggle struggle struggle.

won a week lost a week won a day lost a day.

today is movie day. found a quiet secure place and am watching for 7 hours straight.

hoping to hit rock bottom, or better said, i want to feel disgusted by this absolute waste of LIFE and RESOURCE.

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Re: a religious recoverer

Posted by markz - 24 Nov 2015 14:11

[lavi wrote:](#)

struggle struggle struggle.

won a week lost a week won a day lost a day.

today is movie day. found a quiet secure place and am watching for 7 hours straight.

hoping to hit rock bottom, or better said, i **want to** feel disgusted by this absolute waste of LIFE and RESOURCE.

Hey why didn't you invite me - I just may give you a bad day, cos I **won't** feel disgusted by this absolute waste of LIFE...

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Re: a religious recoverer

Posted by cordnoy - 24 Nov 2015 14:29

[lavi wrote:](#)

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won a week lost a week won a day lost a day.

today is movie day. found a quiet secure place and am watching for 7 hours straight.

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Wow!

thanks for that share.

Did it work?

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Re: a religious recoverer

Posted by lavi - 25 Nov 2015 20:03

[cordnoy wrote:](#)

[lavi wrote:](#)

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Wow!

thanks for that share.

Did it work?

well today i didn't want to watch....only to finish the one i was in the middle of...

i guess , at least for now, the trick is not to download anything. so i don't have automatically an available full movie, [but i still have this one that i just have to finish..yikes..

once i have a good movie available...it is like being trapped in a quicksand..resistance is futile...HELP.

the good news is that i don't go for lust, or at least it is easier to keep away,

and i try to pick only action movies, and fast forward all the yucky parts.

BUT i *really*want*to be RID of wasting precious LIFE.

may i get there one day. amen.

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Re: a religious recoverer

Posted by markz - 25 Nov 2015 23:27

[quote="lavi" post=269657][cordnoy wrote](#):

[lavi wrote](#):

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BUT i **really*want**to be RID of wasting precious LIFE.

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