

Mix Swimming

Posted by popcorn - 25 Jun 2015 16:40

Hi, I go to the gym most days a week for health reasons and the times I can go are the times when the swimming is mixed swimming anybody else dealing with such issues and I enjoy swimming more then other exercise?

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Re: Mix Swimming

Posted by cordnoy - 25 Jun 2015 17:03

[popcorn wrote:](#)

Hi, I go to the gym most days a week for health reasons and the times I can go are the times when the swimming is mixed swimming anybody else dealing with such issues and I enjoy swimming more then other exercise?

Can you wear dark tinted goggles?

Try stayin' in your designated lane.

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Re: Mix Swimming

Posted by SIB101854 - 25 Jun 2015 19:05

There is no gym or pool that offers separate swimming like a JCC?

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Re: Mix Swimming

Posted by gibbor120 - 25 Jun 2015 20:02

I'd sooner swim with sharks

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Re: Mix Swimming

Posted by cordnoy - 25 Jun 2015 22:37

[gibbor120 wrote:](#)

I'd sooner swim with sharks

I wouldn't.

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Re: Mix Swimming

Posted by TriggerMeNot88 - 26 Jun 2015 02:06

[popcorn wrote:](#)

Hi, I go to the gym most days a week for health reasons

What about your spiritual health?

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Re: Mix Swimming

Posted by gibbor120 - 26 Jun 2015 12:57

[cordnoy wrote:](#)

[gibbor120 wrote:](#)

I'd sooner swim with sharks

I wouldn't.

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Re: Mix Swimming

Posted by jack - 26 Jun 2015 13:04

the story is told (dont know if it's true or not -doesn't matter) that r' yisroel salanter was about to jump off a train when he found himself alone with a woman in the same car.we see he held it's like arayos and you have to give up your life.i don't know if we're at that level.

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I'll swim with the sharks myself then

Re: Mix Swimming

Posted by belmont4175 - 26 Jun 2015 14:26

Just heard this morning in a shiur, R' Michel Yuda Lefkowitz zt"l (just passed away a couple of years ago) was on the train to Vilna to learn in Yeshivah when some woman came into his carriage etc.... he jumped from the train and was several months in hospital for his injuries.

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Re: Mix Swimming

Posted by yiraishamaim - 26 Jun 2015 14:35

Kedusha and the creation of one's own neshama was very real to these gedolim.

That was more real to them then anything else. They would never jeopardize their *nitzchius* that they truly labored for. Unfortunately, few today are anywhere near that league.

But you know belmont4175, you and I and all the guys here are edging a bit closer everyday.

KOMT

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Re: Mix Swimming

Posted by serenity - 26 Jun 2015 16:29

If I jump off a train and break my legs I'll end up in the hospital and in rehab for months with pretty nurses and physical therapist taking care of me. It would defeat my whole purpose!

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Re: Mix Swimming

Posted by Bigmoish - 26 Jun 2015 16:30

[serenity wrote:](#)

If I jump off a train and break my legs I'll end up in the hospital and in rehab for months with pretty nurses and physical therapist taking care of me. It would defeat my whole purpose!

I thought we only focus on today...?

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Re: Mix Swimming

Posted by cordnoy - 26 Jun 2015 17:12

[belmont4175 wrote:](#)

Just heard this morning in a shiur, R' Michel Yuda Lefkowitz zt"l (just passed away a couple of years ago) was on the train to Vilna to learn in Yeshivah when some woman came into his carriage etc.... he jumped from the train and was several months in hospital for his injuries.

and therefore what?

even if it's true

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Re: Mix Swimming

Posted by SIB101854 - 26 Jun 2015 18:42

Take a look at a teshuvah in Igros Moshe where R Moshe Feinstein ZTL discussed riding in close proximity to inappropriately dressed women on subways.

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Re: Mix Swimming

Posted by yiraishamaim - 26 Jun 2015 19:51

Do you know where that Teshuva is!

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