

Too cool for Playschool

Posted by 8th day - 25 Mar 2015 04:18

I can't believe I fell into this ridiculous habit for so many years...

My addiction to age play and being dominated is simply pathetic!

I am a really cool guy! Why was I so addicted to fantasizing myself being dominated and humiliated?

That's ridiculous! I can't believe it took me so long to realize just how pathetic

my addiction really is.

Thinking about it this way really put it into perspective for me and helped me overcome it.

Also, when I flex my muscles () it helps me overcome it on a physical level as well.

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Re: Too cool for Playschool

Posted by dd - 25 Mar 2015 19:14

Hi ?????? ????? I mean 8th day!!!

We are all in the same ridiculous situation. Its doesn't really matter in what shape or form. But on the other hand we are all here on this amazing site that can really help find our way to recovery be"h.

So keep on posting!!!

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Re: Too cool for Playschool

Posted by yiraishamaim - 26 Mar 2015 03:27

I can really relate, the more we are sober the clearer the reality that when acting out we are

flipping out and being pathetic filthy creatures.

Rabbi Noach Weinberg zt"l the late Rosh Yeshiva and founder of Aish Hatorah used to say that sin is "temporary insanity". I am afraid to know what he'd say of S___ addictive practices.

But how about dwelling on the bright side: How sweet do the days of sobriety and freedom feel?

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Re: Too cool for Playschool
Posted by cordnoy - 26 Mar 2015 13:20

It's a sign of a strong personality.

Use it for good things.

b'hatzlachah

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Re: Too cool for Playschool
Posted by yiraishamaim - 26 Mar 2015 16:02

Very kind of you

I also think that some have a more upbeat personality naturally. Or they had a supportive upbringing so they are more prone to both appreciate the goodness in the present status and

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Re: Too cool for Playschool
Posted by 8th day - 31 Mar 2015 03:26

wow! thanks for all your supportive comments! It really helps me appreciate sobriety so much

more when i see your responses.

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