**GYE - Guard Your Eyes** Generated: 13 September, 2025, 12:56 movies and YOU Posted by lavi - 08 Jul 2014 20:06 hello everbody, i like the name of this category" what works for me, because there is an opportunity to write about true experiences that already was, without the great unknown future being a factor. having said that i want to tell the oilam, what i have learnt and what i feel about movies ie. watching for entertainment any kind of show which involves acting. ( i mean to exclude nature and science shows- to some extent. absolute poison. clouds the mind. pumps the imaginations. wastes time. destroys true emotions. kindles lust (oh so gently), makes the fantasy real, makes real fantasy. makes you oiver a whole bunch of issurim, which does tend to push away siatta dishmaya which we need so desparately. how on earth are you suppose to concentrate on any good thing, let alone a tosafos or a shmona esrei, with "stuff" flying through your mind. i know we need outlets, but there gotta be things that are exactly that outlets, not inlets, healthy stuff, and the way to tell is by seeing if they disturb you when you are trying to focus on doing important things. i haven't seen youtube for a month and i feel a different person. can you relate? Re: movies and YOU Posted by cordnoy - 09 Aug 2015 14:52 From my conversations with Lavi (thru email), it seems that he reads these every once in a while. Any advice on movies or internet in general (from someone who is not addicted to porn, and that is why I cannot offer suggestions)?

**Thanks** 

Re: movies and YOU Posted by eslaasos - 13 Nov 2015 05:56
BUMP.
I relate strongly to this issue and would love to be movie-free. Just to clarify I have done stretches of almost a year with no movies a few times. In those times there were extended stretches when I was OK without movies and didn't have to fight too hard because I was enjoying life, but every once in a while when I'm a little stressed or feeling low, the desire returns. Sometimes I am successful in getting through then moment and once in a while I'm not kicking off a binge until the next time I pull myself together.
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Re: movies and YOU Posted by lavi - 15 Nov 2015 11:44
dear eslaasos,
t looks like i'm in the same boat as you.(hoping not to sink).
t seems that this struggle isn't just movies or not, rather a question of reshaping one's lifestyle totally.
t is so easy just to slide into the movie-watching mode, and so hard to get this destructive habit out of us.
Re: movies and YOU Posted by markz - 15 Nov 2015 13:59
the.guard wrote:
01 Jul 2011
click here for a prayer to recite before watching a movie).

## **GYE - Guard Your Eyes**

Generated: 13 September, 2025, 12:56

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Re: movies and YOU Posted by eslaasos - 15 Nov 2015 18:52
Mark,
That's protty intonce. For some reason when I'm in the rut it deepn't help me much which is ead
That's pretty intense. For some reason when I'm in the rut it doesn't help me much which is sad
I remembered the one item I think is the only thing that can get me out of this rut - using filters to make movies inaccessible.
make mevice indecessions.
Re: movies and YOU
Posted by lavi - 16 Nov 2015 16:24
can you specify which filter?
can you specify willon inter:
Re: movies and YOU
Posted by eslaasos - 16 Nov 2015 17:29

It doesn't matter that much to me which filter, so the more powerful the better. I have full access to unfiltered internet through work, so the filter is only a prop to make it slightly harder. By itself it wouldn't work, but when I'm stuck in a rut, I feel the midrash speaking to me of the YH being as thin as a hair to reshaim, and if everything else is in place, I just need the additional boost of making movies somewhat inaccessible.

For various reasons I have had completely unfiltered internet at home for the last 2 months, and just relied on my "willpower" to stay clean. BH everything else stayed in place so movies is the worst of it so far but I know it's only a matter of time until TSHTF, so the filters are going back up tonight bli neder.

If you want to get into details about filters, PM me.
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Re: movies and YOU Posted by eslaasos - 16 Nov 2015 17:33
eslaasos wrote:
Mark,
That's pretty intense. For some reason when I'm in the rut it doesn't help me much which is sad.
I remembered the one item I think is the only thing that can get me out of this rut - using filters to make movies inaccessible.
Mark,
I have to say that even though the Tefillah didn't stop me from watching, it did interfere because when a good looking female showed up on the screen, even fully dressed in non-alluring clothing, I felt uncomfortable and started looking awayuntil I didn't.
Thank you very much.

## Generated: 13 September, 2025, 12:56 Re: movies and YOU Posted by SIB101854 - 17 Nov 2015 23:27 The "cleanest" secular newspaper in the US is the Wall Street Journal. Yet, the WSJ also has a "fashion supplement' that is part of the WSJ that arrives on Shabbos morning. I have been throwing it out just based on the cover page, while keeping the rest of the paper, which has an editorial, op ed and cultural coverage that are second to none. Keeping the "fashion supplement" would be a definite trigger Re: movies and YOU Posted by Shlomo24 - 18 Nov 2015 00:29 I get the WSJ and while it may be cleaner than other papers, it is by no standard completely clean. I personally don't find it lustful for me so i read it but i wouldn't suggest it for others. ==== Re: movies and YOU Posted by lavi - 24 Nov 2015 14:00 struggle struggle struggle. won a week lost a week won a day lost a day. today is movie day. found a quiet secure place and am watching for 7 hours straight. hoping to hit rock bottom, or better said, i want to feel disgusted by this absolute waste of LIFE and RESOURCE. Re: movies and YOU

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Posted by SIB101854 - 25 Nov 2015 20:34

5/6

## **GYE - Guard Your Eyes**Generated: 13 September, 2025, 12:56

Actually, if you get the Yated, there is an excellent collection of articles every week in the back of the paper from superb columnists (Charles Krauthammer, Carolyn Glick, etc) and news stories from a variety of sources (NYT and WSJ).
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Re: movies and YOU Posted by SIB101854 - 25 Nov 2015 20:35
Compared to the NYT and the NYP, the WSJ is a far cleaner paper. It just has an awful sports page!
=======================================
Re: movies and YOU Posted by cordnoy - 25 Nov 2015 20:37
SIB101854 wrote:
Actually, if you get the Yated, there is an excellent collection of articles every week in the back of the paper from superb columnists (Charles Krauthammer, Carolyn Glick, etc) and news stories from a variety of sources (NYT and WSJ).
Pales in comparison to a good Chuck Norris film or John Wayne, or Clint Eastwood.
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