**GYE - Guard Your Eyes** Generated: 13 September, 2025, 15:12 movies and YOU Posted by lavi - 08 Jul 2014 20:06 hello everbody, i like the name of this category" what works for me, because there is an opportunity to write about true experiences that already was, without the great unknown future being a factor. having said that i want to tell the oilam, what i have learnt and what i feel about movies ie. watching for entertainment any kind of show which involves acting. ( i mean to exclude nature and science shows- to some extent. absolute poison. clouds the mind. pumps the imaginations. wastes time. destroys true emotions. kindles lust (oh so gently), makes the fantasy real, makes real fantasy. makes you oiver a whole bunch of issurim, which does tend to push away siatta dishmaya which we need so desparately. how on earth are you suppose to concentrate on any good thing, let alone a tosafos or a shmona esrei, with "stuff" flying through your mind. i know we need outlets, but there gotta be things that are exactly that outlets, not inlets, healthy stuff, and the way to tell is by seeing if they disturb you when you are trying to focus on doing important things. i haven't seen youtube for a month and i feel a different person. can you relate? Re: movies and YOU Posted by lavi - 10 Aug 2014 23:47 thank-you everyone for sharing your experiences and views about movies. there seems to be a big connection between watching for entertainment and lust. though i don't know if every here sees a direct connection. what do you think

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Re: movies and YOU

Posted by R76 - 14 Aug 2014 06:46

**GYE - Guard Your Eyes** Generated: 13 September, 2025, 15:12 I just watch lots of documentaries -- mostly about military and wildlife. Re: movies and YOU Posted by lavi - 14 Aug 2014 15:15 i think that one has to be majorly disciplined to do just that. ==== Re: movies and YOU Posted by SIB101854 - 15 Aug 2014 01:19 Yeah-but even so channel surfing during commercials can be a trigger. ==== Re: movies and YOU Posted by ashbalt - 25 Oct 2014 21:24 You know what I do? If I want to watch a movie, I first check out the "Parent's Guide" on IMDB. It lists all the inappropriate content. I also like to watch movies but I like to check them out before even more.

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Re: movies and YOU

Posted by SIB101854 - 27 Oct 2014 00:15

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Look at it this way-the reviews are Lhavdil and Imoshul, like deciphering Phsat in Tosfos or in a comment of R Akiva Eiger-the ratings only mention the obvious, but you have to read between the lines and realize that what are called movies either by Hollywood, European directors and "independent cinema" really are quite inappropriate for any Shomer Torah UMitzvos today-the language, violence and pritzus just are not what, how, and where one should be spending one's spare time-Al acgas vKamah VKamah for mosy TV.

## **GYE - Guard Your Eyes**Generated: 13 September, 2025, 15:12

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Re: movies and YOU Posted by lavi - 27 Oct 2014 20:54	
thank you for your comment.	
unfortunately for me, it is the easiest way to nun afterwards	nb the pain, although i pay for it big time
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Re: movies and YOU Posted by ineedchizuk - 28 Oct 2014 03:20	
Missed you, Lavi.	
Welcome back!	
====	=======================================
Re: movies and YOU Posted by lavi - 28 Oct 2014 09:38	
ineedchizuk wrote:	
Missed you, Lavi.	
Welcome back!	

## GYE - Guard Your Eyes Generated: 13 September, 2025, 15:12 thanks buddy.

btw, i am going through a major ajustment in my life, and it really brings out all kinds of challenges. one thing that is really difficult for me to get over, is to break my movie habit, which i use, when i feel in the dumps, sometimes i think "i'm getting over this" and i don't watch for a long time, but when i get really down.... and so far i haven't fallen in lust, but i can hear my evil side planning for attacks the whole time. Re: movies and YOU Posted by newaction - 29 Oct 2014 01:21 movies!? they are great! i love watching them from beginning to end. But just the kind called Looneytunes remember bugs bunny? other than those B"H i dont watch anything else. ==== Re: movies and YOU Posted by lavi - 30 Oct 2014 09:24 newaction wrote: movies!? they are great! i love watching them from beginning to end. But just the kind called Looneytunes remember bugs bunny? other than those B"H i dont watch anything else. jealous of you. ==== Re: movies and YOU Posted by Metal King - 05 Nov 2014 02:06

**GYE - Guard Your Eyes**Generated: 13 September, 2025, 15:12

lavi wrote:
ineedchizuk wrote:
Missed you, Lavi.
Welcome back!
thanks buddy.
btw, i am going through a major ajustment in my life, and it really brings out all kinds of challenges. one thing that is really difficult for me to get over, is to break my movie habit, which i use , when i feel in the dumps. sometimes i think "i'm getting over this" and i don't watch for a long time, but when i get really down
and so far i haven't fallen in lust, but i can hear my evil side planning for attacks the whole time.
i feel for you.
when i was really depressed, upset with my marriage and heavy into my addiction, I used to see 4-5 movies a week. BH, I dont watch almost any now and the funny thing is, I dont really miss themEXCEPT when I'm watching TV and an ad for one comes out. Its amazing how ignorance is such bliss. When my wife drags me to one every so often, its amazing how i'll be interested in every preview. but a little while later, the interest fades, BH.
lust, porn, movies, alcohol, drugs, sports, etcto me, theyre all just distractions. some pleasurable, some not, but they all accomplish the same thing. To temporarily help me ignore whatever pain I'm feeling. More and more, I'm finding the only real way to deal with the pain is surrendering it to Hashem. Getting close to Him takes away the pain for real.

May you find comfort in His arms and He give you the strength and serenity to deal with the tzuris in your life.
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Re: movies and YOU Posted by dms1234 - 05 Nov 2014 07:39
I have to admit that i binged 3 movies on Saturday night. My tapsic on movies ended and i just went straight for the TV after shabbos. Movies are not good for us because not only can they be gateway to porn but they have untznieus girls and possibly even worse. They also waste sooo much time! Also, the concept and values in the movies completely conflict to Yiddishkeit.
To be honest, the real reason we watch movies is to see naked girls. We need to be honest with ourselves EVEN if we do end up watching. The worst thing is to dismiss the fact that we have a problem and we are doing something wrong.
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Re: movies and YOU Posted by lavi - 05 Nov 2014 11:33
dms. i appreciate your honesty. but for me action is also a major pull.
metal. i don't think think just surrendering is gonna do the trick.
i heard from (c.d.?) that pain is a sign that something is wrong, and think one has to get busy with sticky internal issues, in order to resolve his pain.
many times it has been mentioned that we have resentments deep inside and these give us a "license" to act up.
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