

Some Things That Help Me

Posted by Optimistic - 04 Jul 2014 12:39

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A couple of things that never fail to inject some meretz into me after a fall:

Waking up in the morning, It can only mean that G-d still needs me. He'll for sure help me get back on track so that I can fulfill my duty in this world!

Sometimes I'm depressed at the situation I've gotten into in the first place. I remind myself that if this is where I got, it's intimately from Hashem. he wants to see me get out of the mess and make a tikkun for all future generations!

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Re: Some Things That Help Me

Posted by Pidaini - 04 Jul 2014 15:17

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That's great!!

And you don't even have to wait for the morning....The fact that He still pumps your heart for you is plenty of a sign!! or that your brain is still sending all it's signals, or that eyes don't just stop seeing, or that you can still taste, smell (if you don't have a cold), hear, feel. There are so many wonderous things in our own little body that can be a sign that Hashem still cares about us, not to mention if we start looking at other parts of nature, plants, planets, weather, etc.

KOT!!!

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Re: Some Things That Help Me

Posted by dms1234 - 05 Jul 2014 02:38

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WHERE IS OUR

HAKARAS HATOV?

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