

Growing from a child to an adult

Posted by charlie1 - 27 Jun 2014 12:10

What is amazing is how my actions and life had been so hypocritical - I preached and preached and was convinced that I knew the truth. now after 43 days in recovery - I am hearing the same torah I preached!! but NOW I hear it. One was the growth from child to adult from selfish to selfless and reactive to proactive and looking out to looking in - I had hear, learnt and thought internalised all these messages. But now they am "becoming part of me"

I recently attended a mitzva oinah shiur by Rabbi Yitzhak Silver - finally I am understanding the Mehalach of what it means to be a man in the relationship. I was so dependant - I would sulk around the house - yearning for my wife to give me pleasure, hoping praying begging that she would be more sexually exciting, I was like a druggy hanging around adrug pusher. And all she wanted was a man to "look up to" and support her - how could I support that which "I" was dependant on.???

Now I reasile "I am the man" ????? ?????

I DO NOT NEED SEX!!!!!!!!!!!!!!

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- This is such a liberating mantra -

I CAN CHOOSE SEX!!!!

I CAN CHOOSE SEX!!!!!!

I am now sensitive to my wife. He anger and sadness draws me towards instead of pushing me away..

Thank you GYE and thank you HASHEM

Charlie1

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Re: Growing from a child to an adult
Posted by unanumun - 27 Jun 2014 17:21

mazel tov on growing up and becoming bar mitzvah.

may you keep growing further

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Re: Growing from a child to an adult
Posted by shomer bro - 27 Jun 2014 18:03

For those of us single out here, I think your mantra can be changed to "I don't need to mb"

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Re: Growing from a child to an adult
Posted by cordnoy - 02 Jul 2014 17:22

You can choose sex?

And what happens if she chooses not to?

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Re: Growing from a child to an adult
Posted by Pidaini - 02 Jul 2014 20:38

I think that what he meant was that needing sex is a choice that he can make, and he doesn't need to make it.

Basically trying to say

SEX IS OPTIONAL!!

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Re: Growing from a child to an adult
Posted by charlie1 - 02 Jul 2014 22:40

Thanks Pidi

that is exactly what I meant - To add - 6 weeks agos my marriage was on the rocks, over te last 4 weeks I have taken my life into my own hands. I have stopped blaming my life away!!!

I caught my wife looking at me - she said "I have not felt like this towards you since our engagement period" that was 10 yrs ago!!!

I realised that for 25 yrs I had been fighting the wrong enemy, The sex addiction is only a symptoms - now I am repairing my soul!

Thank you for all your replies

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Re: Growing from a child to an adult
Posted by lavi - 03 Jul 2014 00:03

rabbi silver is awesome. he helped me also. i don't know if he has any public advice or shuirim available on the net.

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Re: Growing from a child to an adult

Posted by dms1234 - 03 Jul 2014 02:47

charlie1

I caught my wife looking at me - she said "I have not felt like this towards you since our engagement period" that was 10 yrs ago!!!
WOW! That is incredible. I am single so i can't relate BUT I can relate to the GROWTH!
Incredible work, even you're wife is noticing! Great Job!

KOL! Keep on Living!

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