

Change in the Seasons

Posted by SIB101854 - 21 Mar 2014 22:23

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In the Northeast, we have had a really cold winter, which is very slowly leaving us. That means that one of the normal challenges-scantily clad females-will be asserting itself on any city street and in any office. I have been clean for almost 240 days and I would like to hear what works. For me, the straight ahead blank subway no eye contact look, and learning on the subway has helped, together with the amazing support from my Eshes Chayil, and the Chizuk that I find here on a daily basis. I think that I have finally realized that staying and remaining Tahor depends on me and strategies to avoid raising the triggers that would cause me to resort to masturbation and porn -as opposed to condemning non-observant and Gentile women dress.

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Re: Change in the Seasons

Posted by shivisi - 23 Mar 2014 08:33

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Great!

Keep up the good work!

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