

month to month

Posted by time2stop - 15 Jul 2013 00:05

I find that I am able to make a decision to not do something for a given amount of time very helpful. And of course posting it here even helps more. For example this Rosh Choddesh I continued a nedar to give \$250.00 for each time I use a phone or computer for viewing anything improper in one sitting til next RC. Point being that the interval for me is the trick or I couldnt do it at all.

I have this other thought ... to give my Rov a sealed envelope with the details of my nedar included within. And of course obtaining a copy for myself. That way I can't change the rules on my own or in my head because I know than I would then be being dishonest with a person. It adds another level of accoutability without someone even knowing about it.What do you think?

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Re: month to month

Posted by cordnoy - 15 Jul 2013 00:08

welcome

if its something that is beneficial for you, and it helps, run with it

keep it up

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Re: month to month

Posted by inastruggle - 15 Jul 2013 06:21

KUTGW!

I don't think i would have a problem changing it if it were in a sealed envelope, but if you think it would work for you then go for it.I can't really see how it can hurt.

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