

the handbook

Posted by lo yichra - 11 Oct 2011 15:26

in my opinion is reading the GYE handbook the most important key for recovery in our addiction,

i'm looking of people what coming to this site and didn't read yet the handbook, that it's in a way a waste of time, (not meaning it).

what is your opinion?

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Re: the handbook

Posted by kidushashem - 17 Oct 2011 11:49

I read part of the handbook. I found to be very helpful.

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