

BELONGING is very powerfull

Posted by JackAbbey - 11 Aug 2011 22:37

i have to admit, i tried many times to keep clean but after long periods i failed, since i joined GYE i feel that because i have a sence of BELONGING to a clean group, and i dont want to spoil my dignity, it encourages me to keep strong, so its sometimes vital to reply to a post with the correct encouraging reply, it can make a LIFE diffrence, so KEEEEEEEEEEEEEEEP TRUCKKKKKKKKKKKKKKKKING!!!

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Re: BELONGING is very powerfull

Posted by bardichev - 12 Aug 2011 03:22

[JackInShteeble wrote on 11 Aug 2011 22:37:](#)

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ahhhhhhhhhhhhhhhhhhhhh

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Re: BELONGING is very powerfull

Posted by Holy Yid - 24 Aug 2011 02:11

True many of us felt very lonely especially with our Big Secret

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Re: BELONGING is very powerfull
Posted by JackAbbey - 24 Aug 2011 08:09

true!

for many years i felt that "i have nobody to talk to about my addiction problem"

i felt in a prison

i was screaming to hashem (quietly, & sometimes loudly, in the car) for help, but i wouldnt dare ask a human being for help

as my name will be put to shame

& here all of sudden there are real people all having similar challanges, all heading for the same direction

all sharing ideas & soloutions, i feel that the heavy burden is gone, out of the window

i can ask for help, advice

i can even have a lough here & there (oh! it helps)

so yes i am all the way with you & bard

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Re: BELONGING is very powerfull
Posted by longbeach - 29 Aug 2011 13:51

I agree. Just knowing I am not alone in my struggles gives me a certain strength to carry on...

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