

Anyone out there?

Posted by return again - 03 Feb 2011 19:35

NEED HELP NOW..... I don't want to do this.....

=====

Re: Anyone out there?

Posted by Kedusha - 03 Feb 2011 21:57

=====

Re: Anyone out there?

Posted by bardichev - 03 Feb 2011 22:07

talk it out brother

i know keds says u not forced ta do nuffin

No one's forcing you to do anything!

but

sumptims

it feels like de devil is got ya

talk it out bro

weez here fo you

=====

=====

Re: Anyone out there?

Posted by Jooboy - 04 Feb 2011 02:59

Lots of us are here! Reach out to talk, PM or otherwise connect with someone.

=====

=====

Re: Anyone out there?

Posted by pinokio - 06 Feb 2011 16:41

im here too!

=====

=====

Re: Anyone out there?

Posted by 1daat - 06 Feb 2011 23:36

Me too. One idea is to go to the very beginning posts of guys who have a ton of posts or a ton of posts on their thread. You'll see that these guys who have been sober for a very long time started out exactly like you, and me and everybody else. Then maybe you could pm these guys, ask for a phone number, go to the "I'm about to fall" thread. Be desperate...reach out a lot, all over the place. We won't leave you hanging out there.

Hang in there. This is do-able. Start reading the handbooks right away if you can possibly focus. Busy yourself getting a filter put on.

I wish you hatzalah v'hatzlocho.

=====

=====

Re: Anyone out there?

Posted by אלפ - 09 Feb 2011 23:20

The reality of the 12 steps is that they are only **suggestions**

I am a 20 yrs alcoholic with 5 yrs sobriety

=====

Re: Anyone out there?

Posted by bringthemessiah - 16 Feb 2011 06:24

I'm not an expert of any sort on helping with the addiction itself, but I just wanted to tell you that i sincerely respect you for coming forward and trying to find help. Its very hard and very impressive to finally face it head on. You will be great, you already are for doing this much!
REally!

=====