we all want to be good Posted by laagvokeles - 15 Dec 2010 16:18

hey i am new here bla bla bla .... and my english is not the best

bekitzer i ``oficially`` seat and learn....but in my free time i wach films and porn.....

Oh yes i allready cutted (geshniten, chotachi) the wires that provide internet, i took out the posibility of wlan of my laptop, NOTHING HELPS in the long run....

I dont understand how dos a jewish frum person "relax"? i mean bederech heter.... how? by reading a book? by eatting steake? by waching a concert of lipa? come on!....

I am not eaven talking about porn! waht about waching films....? thats also included in the "veloi sosuru"! there is also in normal films not tzniesdige woman...., but with what alse can we relax?

I have more than 2 children and i am after my 30 years and i study.... i am ven very good at it... very deep... and i enjoy it very very much i can seat in koilel 13 and and sometimes 15 hours!!! true! i can also seat as a regular koilel yungerman 8 hours, nothing really makes a diffrence, after a month and a half sometimes less, i get a "lust atack and sometimes i can struggle for hours sometimes for a day BUT NOT MORE!!!

OH RIBOINOI SHEL OILOM WHAT ALLSE CAN I SAY

what allse there is here to say ill say at a diffrent ocasion

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Re: we all want to be good Posted by ur-a-jew - 28 Jun 2011 22:36

laagvokeles wrote on 28 Jun 2011 22:27:

lets first finish with this porn on the eazy way; still a chazer still a sheigetz but no porn.

by the way im not so sure dov agrees with u BD

Laag, I am sure that Dov definitely disagrees with you.

dov wrote on 31 May 2011 20:20:

All I am saying is that it works the same way with recovery. We do not get it by "not looking at porn". NOT doing something is just...not. It's still nothing. Not bad, true...but not *good*, either.

You may need more than that - hearing it from somebody else is not the way it works. You need to put on your glasses and look at the little letters, man. There is no free lunch, no free ride and all the kumzitses, d'veikus and wanting in the world, may not be enough to make a real change in you.

But I forgot. You do not *want* to change. That is why you are here. To learn a trick or an idea, so that you will be able to stay the same - *just without the porn*! You want to find a way to do everything the same, just minus the porn. Mazel Tov, and good luck.

Re: we all want to be good Posted by laagvokeles - 28 Jun 2011 22:41

ur-a-jew wrote on 28 Jun 2011 22:36:

You want to find a way to do everything the same, just minus the porn. Mazel Tov, and good luck.

but i do wanna change im doing 12 steps now!

Re: we all want to be good Posted by Mohammad - 29 Jun 2011 19:37

The 12 steps are not about religion -they are about spirituality.

One can scrupulously follow almost all of the tenets of their religion -and even of Orthodox Judaism -and live in a state of total and utter spiritual disconnection.

+1

When the heart and mind are not involved, the actions of the limbs become meaningless - incomplete *emunah*. And if the intentions and the actions are not equal in piety, then we're simply showing off.

BTW, Laag, from the few pages I read in this thread, it seems like you don't really want to give up The Habit. Is this a correct assumption?

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Re: we all want to be good Posted by laagvokeles - 29 Jun 2011 19:43

no

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Re: we all want to be good Posted by Mohammad - 29 Jun 2011 19:53

laagvokeles wrote on 29 Jun 2011 19:43:

no

So then are you somehow trying to strike a middle ground...? I just want to know so I can help better.

Re: we all want to be good Posted by ben durdayah - 29 Jun 2011 21:35

Hey! Am I the only one who has noticed that laag has become a "Hero Member" with 500 posts on the site?

gggggggg lol

:D

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Re: we all want to be good Posted by Echos of The Rebbe - 29 Jun 2011 21:39

## SHTICK VOODFORD GEVCLDIG

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Re: we all want to be good Posted by ur-a-jew - 29 Jun 2011 21:44

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ben durdayah wrote on 29 Jun 2011 21:35:

Hey! Am I the only one who has noticed that laag has become a "Hero Member"?

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gggggggg lol

:D

I think ROTFL is more like it.

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Re: we all want to be good Posted by Dov - 30 Jun 2011 03:16

*Ad mosai yihyeh zeh lanu lemokeish?* Shalach es ha'emess mipumaichi veyachogu laShem! Once we freely give out the truth about ourselves we have a chance to start getting free from the sivlos mitzrayim of our slavery! You know it is a slavery, no?

When are you sharing your story with someone already?

**Onoh eileich meiruchecho - v'onoh miponecha evrach**? We tried so hard to escape from You Tatty! We ran to sweet porn and hid with it from others and from You, while you watched us do it. We hid under the blankets and in the bathrooms and had sex with ourselves. We ran from You only because we did not know how to connect with You, and because we had no faith that You had anything that could ever compare with what we could do for ourselves using our fantasy and our *eiver*. We thought we had to take care of everything for ourselves, or else life would be garbage. We didn't know that You had everything taken care of!

We forgot that "li hakesef v'li hazohov" was not just talking about money!

**[i]To'isi k'seh oveid - bakesh avdecha ki mitzvosecha lo shochochti**[/i]! OK...so maybe we *did* forget. But we will remember them if you open our ears so we can *hear* again! Help us really say Sh'ma today, so we hear and remember again just for *hayom al levovecha* - only today. One day at a time.

Nu, when are you gonna share your story already? PM somebody about it. Stop 'dancing' and

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Re: we all want to be good Posted by laagvokeles - 30 Jun 2011 06:06

dov! u must be doing tonns of money and you are very busey! cause i sended u 3 pm saying that i want to make u deaf with my story ???? ??

please!

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Re: we all want to be good Posted by ur-a-jew - 01 Jul 2011 17:48

Laag when your two weeks of no movies are up:

'go' already!

guardureyes wrote on 01 Jul 2011 15:41:

<u>Click here</u> for an article about watching movies. (If after reading this article, you still insist that you can't give up movies, <u>click here</u> for a prayer to recite before watching a movie).

Have a wonderful Shabbos.

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Re: we all want to be good Posted by laagvokeles - 02 Jul 2011 23:33

Dov you are really special! Its interesting but you are a working man and I am a koilel guy, but believe me you live with hashem much more than many ppl who learn in koilel for years!

I learnt from you a lot, but I wanna talk to you about what I understood from between your words, and it disturbs me a lot wich is; this rehab of lust is not a monkey business it's a lot of work, and I am gonna have to do it.... In other words the right solution would just be castration... but we are trying to avoid it... but you got to reap your self apart to succeed in this.

I also understood from you that the all gye is only to 1 teach us who is our enemy, teach us a few tactics how to fight this war, but in the end of the day we gotta fight it, and its extremely hard.

I know there is a lot of ppl who succeed, and I wanna belong to them, but I am very frustrated because I didn't heat the bottom yet, I just know its very wrong, and I know that I am loosing a lot of quality in life in my marriage and with my kids because of this lust, but frankly I was really expecting for a solution less painful.

Hakitzer dov, tell me there is no magic? Because I also understood form you that the all sa meetings are not the real solution, they are just 1) to make sure we don't lie to our self, and with questions been asked there etc, they help you to know your self better 2) ppl sometimes don't believe its possible to change, so over there u see how ppl got out of worse situations. I think I am very honest in this issue and I think I know its possible to get heald.

I just am very lost dov, very very lost, its frightening! Because I get such weird ataks some

times! I just feel like the only way to calm down my body is by giving him masturbation.

But this is only (I REALLY HOPE SO) because I watch movies and they all trigger the hell out of me. But then to give up movies? I feel so stupid dov, I feel like I am upsetting you with my silly proclamations, but what should I do? I should suddenly just be bored and not have nothing what to do?

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Re: we all want to be good Posted by laagvokeles - 03 Jul 2011 20:17

dov where are you!!!?

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Re: we all want to be good Posted by ben durdayah - 03 Jul 2011 20:23

I don't know where dov is.

Or anyone else for that matter.

I guess all those Americans are busy with the 4th of July.

How are you laag?

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