

we all want to be good

Posted by laagvokeles - 15 Dec 2010 16:18

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hey i am new here bla bla bla.... and my english is not the best

bekitzer i ``officially`` seat and learn.....but in my free time i wach films and porn.....

Oh yes i allready cutted (geshniten, chotachi) the wires that provide internet, i took out the possibility of wlan of my laptop, NOTHING HELPS in the long run.....

I dont understand how dos a jewish frum person "relax"? i mean bederech heter.... how? by reading a book? by eatting steake? by waching a concert of lipa? come on!.....

I am not eaven talking about porn! waht about waching films....? thats also included in the "veloi sosuru"! there is also in normal films not tzniesdige woman....., but with what else can we relax?

I have more than 2 children and i am after my 30 years and i study.... i am ven very good at it... very deep... and i enjoy it very very much i can seat in koilel 13 and and sometimes 15 hours!!! true! i can also seat as a regular koilel yungerman 8 hours, nothing really makes a diffrence, after a month and a half sometimes less, i get a "lust atack and sometimes i can struggle for hours sometimes for a day BUT NOT MORE!!!

oH RIBOINOI SHEL OILOM WHAT ALLSE CAN I SAY

what allse there is here to say ill say at a diffrent ocasion

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Re: we all want to be good

Posted by laagvokeles - 05 Jun 2011 18:09

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i need funn..

i need porn cure...

i need entertainment.

get it?

torah here is not one of the things mencioned above.

i agree its hard to talk when there isnt what about...

what can i do?

because its hard not to talk, should i then speak hard things (things with no funn or porn cure)?

both are hard, ill go to the comfortable one...

maybe u are a genius, and can steel speak about porn cure....

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Re: we all want to be good

Posted by TheJester - 05 Jun 2011 18:13

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Ah. you want excitement.

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Re: we all want to be good

Posted by laagvokeles - 05 Jun 2011 18:16

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is it possible without willis or stalone?

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Re: we all want to be good

Posted by TheJester - 05 Jun 2011 18:18

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[laagvokeles wrote on 05 Jun 2011 18:16:](#)

is it possible without willis or stalone?

Yes! Shall I teach you?

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Re: we all want to be good

Posted by laagvokeles - 05 Jun 2011 18:27

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Re: we all want to be good

Posted by TheJester - 05 Jun 2011 18:31

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So, the cool thing about Stallone and Willis movies is the suspense and the sense of imminent danger. You can actually recreate this through pornography and masturbation.

Here is my gift to you. **Think the following, as you do these things:** To your right is a *Malach* with a sword on your neck. To your left is a *Malach* with a book, recording what you do, speak and think. Directly before you is Hashem. Say the following, as you do what you do: I will never be forgiven if I say *I will do Teshuva later* as I sin. Say it a few times.

**Trust me - you will get an amazing sense of danger and suspense**, especially when you  
sure Am I not the very epitome of *Chessed* for

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Re: we all want to be good

Posted by laagvokeles - 05 Jun 2011 18:52

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what can i say

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Re: we all want to be good

Posted by TheJester - 05 Jun 2011 19:35

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[laagvokeles wrote on 05 Jun 2011 18:52:](#)

what can i say

Admit it, I must be the first person who has given you advice about how you could enjoy your  
lust more, right?!

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Re: we all want to be good

Posted by ben durdayah - 05 Jun 2011 19:51

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[TheJester wrote on 05 Jun 2011 18:31:](#)

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Here is my gift to you. **Think the following, as you do these things:** To your right is a *Malach* with a sword on your neck. To your left is a *Malach* with a book, recording what you do, speak and think. Directly before you is Hashem. Say the following, as you do what you do: I will never be forgiven if I say *I will do Teshuva later* as I sin. Say it a few times.

**Trust me - you will get an amazing sense of danger and suspense**, especially when you  
Am I not the very epitome of *Chessed* for

That was masterful!

I prefer to think that I don't fall into the category of *echta v'ashuv*, but that was brilliant and I think that we all could have some *toeles* from being *mamchish* the true nature of *sha'as nisayoin* prior to the *nisayoin*!

===== realize you are just an actor with an audience =====

sharing this wonderful technique with you?

Re: we all want to be good

Posted by Eye.nonymous - 07 Jun 2011 07:43

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[laagvokeles wrote on 05 Jun 2011 18:09:](#)

i need funn..

i need porn cure...

i need entertainment.

That's basically how I've been feeling lately, too. I hear. Nearly acted out last night, and I'm not sure I'm going to make it through today, either. I wrote a bit about it lately on my thread; you can check it out there.

Good luck to both of us--all of us,

--Eye.

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Re: we all want to be good

Posted by ur-a-jew - 10 Jun 2011 18:23

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[laagvokeles wrote on 05 Jun 2011 18:09:](#)

i need funn..

**i need porn cure...**i need entertainment.

get it?

**torah here is not one of the things mencioned above.**

[laagvokeles wrote on 03 Jun 2011 01:01:](#)

question:

why does it help speaking? cause of the ideas? (i know 99.99%, dont u think? if u dont think i know all the ideas tell me one, to show me....)

or is it cause speaking is a releaf?

[dov wrote on 03 Jun 2011 04:19:](#)

2- it's not *speaking* that helps, but speaking *the truth* about ourselves. And to another person who we take seriously. R' Yochanan ben Zakai was dying and he blessed his talmidim (tanno'im, no?) to have yir'as Shomayim as strong as yir'as bosor vodom. They say "Huh? That's it?" He said - "Don't fool yourselves, tayereh chevra. A person - that means even *you* rabbi junior tanno'im - says to himself, "Nu. It's OK, as long as no person sees me!"

How the heck are you going to get that if you cannot even suffer to tell some safe addict the dirty truth about you and your stupid fetishes and embarrassing habits. We are exactly as sick as our secrets. Telling them is not the end, but the beginning. It is the key - now you can open the door. That's all the rest of the work, be"H.

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Re: we all want to be good  
Posted by Dov - 10 Jun 2011 21:08

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This is for La'ag, who bemoaned that rabbis don't often help, and asked about surrender and what it means - not for the average person, OK? So Guard better not put the entire thing in the emails, for it'll make some people puke:

Hashem *is* better and always *was* better than any Rabbi. Chizzuk is not the main thing that we need. We need to see sobriety being *done* and thereby come to believe it is truly possible for Hashem to do for us what we cannot do for ourselves. And that He will.

For Him to teach me what to do, I had to hang around people who were not philosophers or ba'alei mussar - but were actually getting better with this and ***staying sober*** for very long periods of time - one day at a time. I learn from them what to do with my mind when silly thoughts come. What it means to give it up I learn from them and I always turn to the simplest addict - the drunk goy or Jew - for straight depending on G-d. I do not care whether they have a messed up idea of what "G-d" really is. The point is that *He is not them*. Frum, Jew, or lehavdil goy, our problem in this struggle always boils down to *NOT YIR'AS SHOMAYIM at all*, but to our deep, inner, simple apikorsus that we are gods and *should* be fighting this.

It is stupidity once we see that we are outclassed and overpowered to keep getting into the ring with a giant gorilla. It is assur - completely assur as any posek will tell you - for a person to go into the ring with Mike Tyson again, no matter how much you work out before. He ***will*** kill you! Such unbelievable gayvoh is rewarded only with a busted jaw or head injury. Same for an addict to insists to fight his addiction himself - as we all have done for a long time.

And just saying the words, "I am *of course* doing it with Hashem's help and asking Him to help me!" is rubbish. It makes the Rabbi smile, but it means nothing - worse than bobkess. It must be true, me'ever le'ever as the Kotzker said. A tiny hole, yes - but through and through. Bill wrote, "Half measures availed us nothing." Either we abandon ourselves to G-d even just a little



bit **and takes steps to make that real** - or we just have *sentiment*. Religious, nice sentiment, but useless all the same. The only proof I know that it is true is on this derech of opening to another drunk - a yid or even a goy, goy, goy - and staying honest with others in order to teach us how to be honest with ourselves and honest with Hashem, for a change. Oh, how much we love to lie. I say we love to, because we keep doing it. We depend on lying to keep the option of using porn and orgasm whenever we want. No integrity, period. Zero.

Because in the end, our big problem is not our jewishness, which you blame all the time for your problem and also for your inability to get help, but **only our gayvoh**. If our *jewishness* was our big motivator, then we would not look at porn, be medabeik to it and then have sex with ourselves using our bris kodesh. Right? We would not, period. And the disgust with using a rope because it is thrown by a goy is really not coming from Torah, at all - it is only personal gayvoh, gayvoh, gayvoh, period. The Ba'al Shem Tov's last words - al tvo'eini regel ga'avoh...

And it is our death - for an addict it is completely assur (isura) and poisonous (sakanta).

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Re: we all want to be good

Posted by laagvokeles - 11 Jun 2011 21:16

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dov u just made ne a hadaiche

write it over in 3 lines please, so i can understand, thanks.

dov please answer me short. answer me on a way even a little child should understand wich is

short

the point been asked only (not to by the way deal with other issues)

speack a low english

thanks

my question is why do u think we are eal? why do u think we are addicts? why do u think we have a ???? ?????? why dont u think its just we are huge baalei aveira?

please u must be able to put this in my head, thank you.

i understand that someone who smokes is a addict to a starnge suibstance he needs to put in his boddy nicotinne, or the alcohol guy needs the alcohol. But me? i just like the orgasm i just like the joy, im not putting in my body any strange suibstance, i just got to make him get used too feel the greatest joy on earth, so why am i a addict?. True i am very funnd of this sensation, and i keep on doing it, but not because im a addict, just because its a greate feeling, and i find very hard to give it up. is this addiction? this is just plain stupidity, plain baal aveira thats it.

a addict to extasis i understand, , if he stops taking it hes boddy starts to shake etc, but me? im just like a little child who knows that choclat is gonna lead him to the dentist and hes gonna suffer, but he still eats the choclat and candy, is he a addict? no! he is just a idiot! he is just not capable to control hes lust for the loly, because NOW hes having funn, ai tomorrow hes gonna suffer? who cares! he only cares for hes feeling now!

Now dov please i wanna be 100 % sure either i am addict or a baal aveiro, cause if i am a addict i need 12 steps etc, and if i am a baal aveira i need teshuva.

and right now im mixed up big time i am really not sure, and this kills me, because if i am not sure what i am , i am also not sure how to fix it (12 or teshuva).

so dov have mercy, speak clear and short to a child, and make me clear, because im dieeng here ??? ????? ?????? ????????

thank u dov.

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Re: we all want to be good

Posted by ur-a-jew - 12 Jun 2011 03:55

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If you're an addict you need to stop. If you're a baal aveira you need to stop (its the first step in teshuva). The 12 steps are a tool that can help you stop. So stop thinking so much and start doing.

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